"Career Guidance" for VI Semester students, Sociology Department on 16th June 2022

Resource Person:

Iohun Dhar, Career Counsellor.

Target Group:

VI Semester students, Sociology Department

Objectives:

- 1. To help in the total development in students
- 2. To help in the proper choice of Courses/Careers
- 3. To develop readiness for changes to face challenges
- 4. To help the students establish proper identity

Reports from the College Counsellor:

Career Counselling sessions was conducted for the VI Semester students of Sociology Department of Lady Keane College. 17 students attended the programme. The Career guidance gave an insight on the various courses and specializations student can opt for, based on their passions, strengths and capabilities keeping in mind their ultimate career goals. The purpose was to equip our students with the necessary knowledge on options available to them so that they can make a better decision leading them to a more satisfying and successful career. The Career Guidance emphasize on the point that there are various opportunities that are now available for the students of different streams to pursue for their further studies and how to develop a service that significantly improves the academic life of students. The session held was very motivated and inspirational.

Other than academic progression, the counsellor also stressed on Employability, and how students can put themselves in a position whereby they gain initial employment; maintaining long term employment and obtaining new employment, if required. They highlighted on the set of skills they need to possess to get employed in different sectors, also briefed on what qualities employers look for in their new recruits in order to build relevant work experience and preparations for interviews. The idea behind this section of the presentation was to give the students an idea of what can be expected as they prepare to embark into the professional world and bring about new and positive prospects in their lives for a bright and successful future.

Outcomes:

Career development is an ongoing process of gaining knowledge and improving skills that will help a person to be successful in his/her life

Iohun Dhar, Career Counsellor Lady Keane College, Shillong