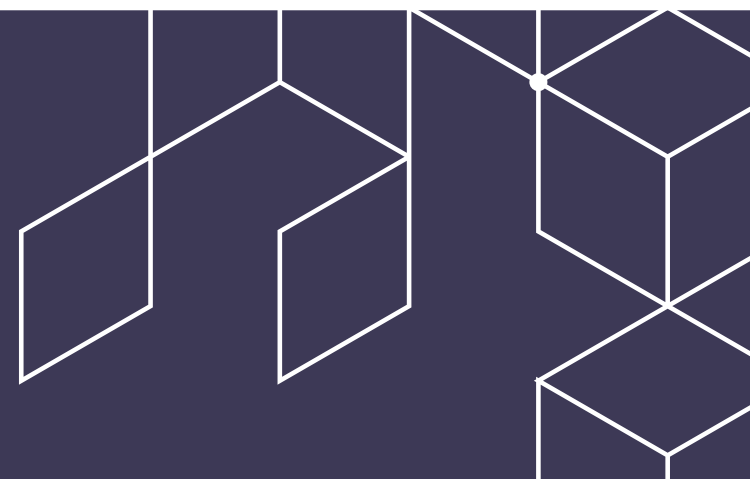




LADY
KEANE
COLLEGE

vision

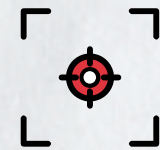
2022-2023





Vision

"To make excellence a habit and integrity a way of life is the endeavour of the College. We also pursue to equip our students with the necessary skills to deal effectively with any situation which they may later encounter in this ever changing and complex world with wisdom, courage and compassion."



Mission

"To do whatever necessary and legitimate for the spread of liberal education in all branches among women irrespective of religion, caste, creed or nationality."



Motto

"Excellence with Integrity"



LADY
KEANE
COLLEGE

vision

2022-2023

LADY
KEANE
COLLEGE

vision

2022-2023

EDITORIAL BOARD

ADVISOR

Dr D.K.B Mukhim, Principal

EDITOR

Mrs Ibadahunlang Kharkongor

MEMBERS:

Ms Sumarlin Kharkamni, Librarian

Mr Obadiah Lamshwa Lamare

Dr Stephanie Paula Basaiawmoit

Ms Hunhameshisha Mawroh

Dr Jean Simonne Dkhar

Dr Ruma Moni Baruah

Ms Parlinsha Pyngrope

Mr Saint Quill Sangma

Ms Pallavi Paul

ART & DESIGN

Blendink Creative Studio

+91 879 440 2118

www.blendink.in

Table of contents

1. From the Editor	06
2. Principal's Message	08
3. Vice Principal's Degree Section Message	10
4. Vice Principal's Higher Secondary Section Message	12
5. Members of the Governing Body of Lady Keane College	13
6. Farewell Message to Shri Rudyard K Myllemngap	14
7. Tribute to Teachers completing 25 Years of Service	15
8. Academic Results 2022	16
9. Position Holders 2022	17
10. Achievements	18
11. A Keanean at the 2023 G20 Summit	22
12. A Report on the Model United Nations Conference	24
13. A Keanean Lady / Emotive Existence / Love	26
14. Competitions organized by the IQAC	27
15. NSS Unit Lady Keane College	28
16. International Youth Day 2022	33
17. Study Tour to Nagaland – Department of Philosophy	34
18. NCC Wing Lady Keane College	36
19. Photo Gallery	39
20. Hang in there / She Knows	59

21.	Investiture Ceremony of Student's Council	60
22.	YRC Unit Lady Keane College	62
23.	Report on the National Trip to Rajasthan – Department of BTM	64
24.	Activities of the Women Cell 2022-2023	66
25.	A Skit on Population Explosion – Department of Education	68
26.	Students' Council Members Speak	71
27.	YUVA Tourism Club Lady Keane College	73
28.	Lakadong Turmeric- Meghalaya's Magic Spice	75
29.	The Rangers of Lady Keane College	77
30.	Essay Competition on “ Evidence of the Resurrection of Jesus Christ”	79
31.	Rich Love / Pure Joy / Search for Light	84
32.	A Quiet Moonlit Night / Green Fields / Horizon	85
33.	I Wish / Heartbreak	86
34.	Daffodils / Over thinking	87
35.	A Report on One Day Regional Talk by the Department of MIL	88
36.	There is an End to Bitterness	90
37.	Eudemonia Week	92
38.	Against the Odds – My Academic Journey	94
39.	Water & Air Monitoring in the College Campus	98
40.	Alumni Activities	102
41.	Photo Gallery	105
42.	The Theatrical Act: Rekindling of Old Folklore	116
43.	North East NSS Festival	118
44.	Model Making Competition	119

45.	Blood Donation Camp 2023	120
46.	Har Ghar Tiranga Program	121
47.	Bacteriological Analysis of Drinking Water	122
48.	Yoga for Health – Yoga Day Celebration 2022	125
49.	World Wildlife Week 2022	126
50.	Floriculture & Vermicomposting at a Glance	128
51.	Poshan Maah 2022	131
52.	World Earth Day 2023	132
53.	A skit on “ The Life of Rabindranath Tagore” Department of Education	134
54.	Sketches	135
55.	Cornucopia Fest 2023	138
56.	Study Trip Report – Department of MIL	140
57.	Issues & Problems Faced by Students with Reference to Online Learning during Covid 19	141
58.	NEP 2020 Committee Lady Keane College	142
59.	Snippets from Departmental Activities- Department of History	144
60.	Report on Value Education Program	146
61.	Placement Cell Lady Keane College Activities in Pictures	147
62.	Career Oriented Courses & Training Programmes	150
63.	Hindi Section	157
64.	Assamese Section	160
65.	Khasi Section	163
66.	Garo Section	167
67.	Photo Gallery	172

From the Editor



The Tradition of publishing magazines in schools and colleges is very old, but over the past few years printed magazines are on the decline with more people turning to the digital format. However, the printed magazine offers a traditional and tactile reading experience, where readers can take their time and enjoy the experience. One of the main reasons people prefer printed magazines over digital is that the information presented is a lot more memorable. Research shows that students were able to better comprehend information in print. This has a lot to do with the tangibility of paper products, as you physically hold them and turn the pages.

Lady Keane College's official magazine "**VISION**" carries class photographs of the respective batch and messages from the Principal and Vice Principals and hence it serves as a year book as well as a souvenir for the students. You have in your hand the current edition "**VISION 2022-2023**" which chronicles all the latest developments and initiatives taken during the academic year 2022-2023; it mirrors college life and captures the momentous moments of a Keanean's journey. It was another splendid year with our students bringing laurels in all possible spheres: academic, co-curricular and extracurricular. It contains poems, articles, artwork, reports on college

events, achievements of staff, students, alumni, elaborate photo galleries that provide a glimpse of the campus activities and timeless memories bounded within the pages of this edition which can be a wonderful keepsake for students and teachers.

The academic year also brought with it new challenges in the form of the new education policy, the **NEP 2020**, which replaces the 34 year old policy of 1986. It aims to pave way for transformational reforms in school and higher education systems in the country and to keep the current and future generations 'Future Ready' while focusing on the national values



and national goals. The policy lays down wide-ranging reforms that will impact every student- right from playschool to an ambitious post-graduation student considering a PhD programme. The North Eastern Hill University (NEHU) has directed all its affiliated colleges to start making preparations for the implementation of the recommendations of NEP 2020. All institutions will now have to upgrade themselves to be able to cope with the standards set by the NEP be it infrastructure, manpower, vocational training etc. New challenges lay ahead all of us – administrators, teachers, and students. It can be said that NEP is well

thought out; however, implementation is key as always. We are very optimistic that in spite of all the challenges and constraints, the College will be able to fulfill all the required norms set by the NEP. We will have to keep patience and see how things turn out.

I take this opportunity to express my gratitude to our Principal, Dr D. K. B Mukhim, for his faith in the Editorial Board. I also thank our Vice Principals for their messages. Isn't it rightly said "*A flower makes no garland*". Thus the magazine is not the effort put in by an individual but it is the immense effort put in by the Editorial Board. I would like to thank all my editorial

team members for helping me pull this through. Thank you for your hard work, cooperation and support.

I express my considerable appreciation to all the authors of the articles/ poems/ reports/ sketches in this magazine. These contributions have required a generous amount of time and effort. My gratitude also goes to Mr Stevenson Nongkynrih and Mr Ignatius Lamin, who had taken time to help the committee with the photographs.. I thank all the people who have contributed and extended a helping hand in successfully making the magazine.

Thank you all and happy reading

Principal's Message

Warm Greetings to our Students, Staff and all Readers!

2023 has brought a new lease of life in Meghalaya and our country as the devastating Covid-19 has considerably dwindled. Thanks to the vaccines, in particular, which have saved countless lives and the irresolute economy.

This also means that a lot of offline activities have taken place in our College for the last many months. Besides normal classes followed by smooth conduct of the even semester examinations, regular meetings at various levels have been happening that enable the management, staff and students to have better face-to-face interactions, consultations and closer cooperation. On the other hand, the

pandemic has also greatly improved our online skills!

New upgraded laboratories in both Tourism and Computer Science departments were recently inaugurated. Last year our College was one of the few recognized

**Intelligence is the
capacity to perceive the
essential, the what is;
to awaken this capacity,
in oneself and in others,
is education
— J Krishnamurti**

centers for the Common University Entrance Test (CUET) in the State. Our Computer Science department has since been further equipped for 40 CUET seats. However, the first semester undergraduate students have just been admitted for this session without any CUET score as a special concession from the central Ministry of Education because of “operational difficulties” in conducting the CUET in the North East. Possibly, this was the last concession!

Another important development this year revolves around the New Education Policy (NEP-2020). Our NEP Committee, since its inception in the College last November, had worked on the syllabi of skill-enhancing and vocational courses, organized in

April an open interactive session for College Teachers of Meghalaya on the Curriculum & Credit Framework for the 4-year undergraduate programs under the North-Eastern Hill University. It had also held in May an awareness session about NEP-2020 with Class XII-passed students of nearby institutions.

I congratulate the Teachers, Staff and Students for their positive commitment

and responsible actions that pave the way for the progressive transformation of our beloved institution. At Lady Keane College we have a vision – we make excellence a habit and integrity a way of life. Excellence in competing more with ourselves than others, and integrity that manifests the coherence of how we are, how we think, and how we act. We also pursue to equip our

students with the necessary skills to deal effectively with any situation which they may later encounter in this ever changing and complex world with wisdom, courage and compassion. Our proactive extension services include NSS, NCC, Rangers and Youth Red Cross.

I look forward to see more and more of our students blossom into good human beings and responsible citizens.

Prof Dran Khlur Baiaineh Mukhim, PhD

PRINCIPAL

Lady Keane College, Shillong



Vice Principal's Message

Degree Section

Warm greetings to each one of you,
As I am sitting in my bedroom late in the night, thinking about what message to write in a College Magazine, and knowing that I have just few months of service before my retirement, my mind goes back to the time I joined as a faculty member of Lady Keane College in the Department of Chemistry, which was way back in 1986, at the time when the College was celebrating its Golden Jubilee. As part of the Jubilee Celebrations, the College Souvenir was published in that year. When I opened the Souvenir to refresh my memory, interestingly, I found in its pages many remarkable facts, especially with regards to the College's history; and in my brief message here, I want to share with you these interesting and remarkable facts about our humble beginnings, lest we forget our history.

Before the establishment of our college, girls from the whole of North East India, seeking higher education, had to go to Calcutta, now called Kolkata. At that time, the shortest route to Calcutta was through Sylhet which

is now in Bangladesh. In order to pursue higher education, girls had to face much inconvenience and it also created a great deal of anxiety for their parents, especially with the mode of communication they had at that time. So many eligible girls were denied access to college education. Some prominent personalities and concerned parents, who felt the need to establish a girls' college in Shillong, met together and decided to start an Intermediate College for girls. When the idea was brought to the knowledge of the then Governor, Sir Michael Keane, it was told that he and his wife, Lady Joyce M. Keane, took keen interest in the matter. The Governor could convince the then Assam Provincial Government to acquire about 8 acres of land in the heart of the city from the Defence Ministry and the land was handed over to the Managing Committee of the College. The building project started and Lady Joyce M. Keane donated a sum of Rs 200/- towards the project with an appeal to all to donate generously. That is how the work started. Lady Joyce M. Keane laid the Foundation

Stone of the College building at the present site on the 25th July 1936 to mark the starting of the first Girls' College in North East India. The objective stated by the founders is very clear –“to do everything necessary and legitimate for the spread of liberal education in all branches among women irrespective of religion, caste, creed or nationality.” Since then, our College has undertaken a long journey of 87 years and has expanded in all dimensions, and till now we are still focussed on the stated objective, and I hope the College will not be distracted from it, even in the years ahead but will endeavour to accomplish the desired objective.

Today, on the verge of my retirement, I feel honoured and privileged to be part of this Institution. I place on record here my sincere thanks and appreciation for the developments undertaken under the leadership of all the Principals who had served the College at different time periods. The College under their leadership had grown from strength to strength and it is what it is today because of their vision, dedication, hard work and

sacrifice. However, we must also take note that drastic changes will be there in the whole education scenario with the implementation of the New Education Policy, the NEP-2020. New challenges confront all of us – administrators, teachers, and students. But I am confident that in spite of all the difficulties and constraints, the College will be able to reach greater heights in the service of the students' community and the society at large and in doing so, let us live up to our motto "Excellence with Integrity." May our College continue to shine as a bright star in the educational sky of our country.

As Vice Principal of the College, I take this opportunity to welcome all the newly admitted students. I am happy that you have made the decision to join us. The entire Lady Keane College family is there to support and encourage you. We will do all we can to ensure your success. One important thing you need to know is this – Lady Keane College is a lively, warm and diverse community of students from all parts of the country, belonging to different backgrounds and communities but having the same goal – to pursue

their ambition as students. So please learn how to respect and accept each other. In doing so, you will be able to make friends here who will be part of your life for a long time and with whom you will share memories of your Lady Keane College days for many years to come.

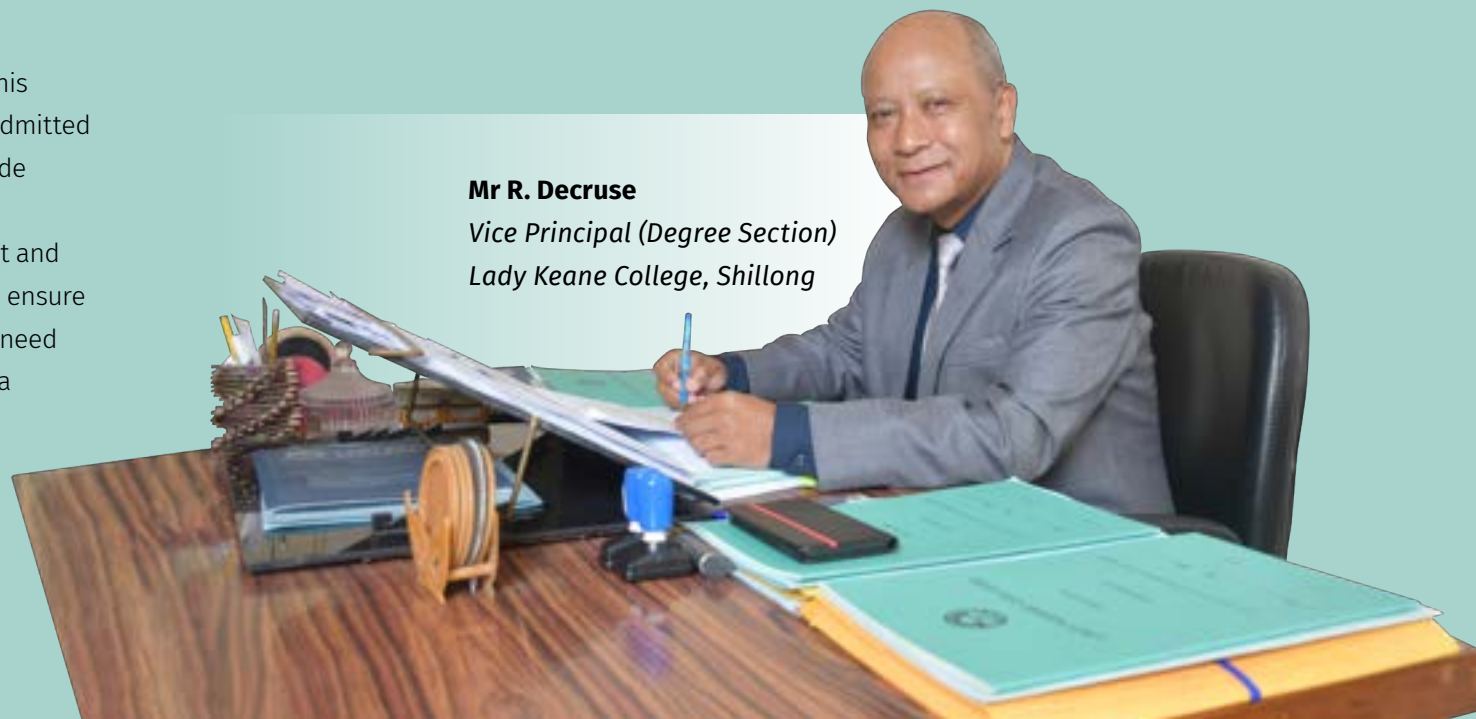
Lastly, I congratulate the entire team of the Magazine Committee under the leadership of the convenor Assistant Professor Ibadahunlang Kharkongor who worked very hard to publish the College's Magazine Vision 2022-2023, which

reflects the progress and activities of the College during the last year. This magazine would not have been a reality without their hard work. In fact, publishing a magazine is not an easy task. Students and even teachers have to be persuaded and encouraged to exhibit their writing skills.

Congratulations to all who have contributed to this magazine, students and teachers as well. Congratulations to all those who were instrumental in bringing out this magazine.

Long Live Lady Keane College!!

Mr R. Decruse
Vice Principal (Degree Section)
Lady Keane College, Shillong



Vice Principal's Message

Higher Secondary Section

First and foremost, I am really delighted and privileged to be able to take over as the Vice Principal of the Higher Secondary Section of the college. I am thankful to the Principal and staff of this section who always guide, inspire and co-operate with me in all aspects. I am happy to learn that our magazine "VISION" is on its way to be published again. The magazine exhibits fascinating profiles of the various activities of the college.

"Education is not about learning of facts but training young minds" – Albert Einstein

A definition of a leader must have a vision and passion and must not be afraid of any problem, instead he/she should know how to defeat it. Most importantly he/she must work hard with integrity.

"Each child has his/her own individuality, special skills and talents"

– Dr A.P.J. Abdul Kalam

These are sayings of well known scientists and leaders. Based on our college motto: "Excellence with Integrity", I totally agree with them.

In addition, everybody knows that education is the most powerful weapon which one can use to change the world. Teachers can open doors but it's for the students to enter and probe deeper.

I take this opportunity to congratulate the editorial board which is striving hard towards launching the new issue of "Vision: 2022-23". My best wishes to the magazine committee. Happy reading to all.

Dr (Ms) R. Sytem
Vice Principal (HSS)
Lady Keane College, Shillong



MEMBERS OF THE GOVERNING BODY



Members of the Governing Body of Lady Keane College

Shri W. Khyllap

Retd. IAS, President

Dr D.K. B Mukhim

Principal & Secretary

Mr R. Decruse

Vice Principal & Joint Secretary

DHTE Govt. of Meghalaya,

Govt. Nominee

Shri Vivan G. Kynta

*Senior Advocate, High Court,
Govt. of Meghalaya, Member*

Dr (Ms.) B.W. Nongbri

*Retd. Deputy Director, Higher & Technical
Education,
Govt. of Meghalaya, Member*

Ms D. Kharkongor

Member

Ms J. Begum

Donor's Representative, Member

Mr Toki Blah

Former IAS, Member

Prof Nirmalendu Saha

NEHU Representative, Member

Prof L. Kma

NEHU Representative, Member

Mr A. R. Myrthong

Teachers' Representative

Dr A. M. Shangpliang

Teachers' Representative

Mr J.Thangkhiew,Parents'/Guardians'
Representative

Mr J. Thangkhiew

Parents' / Guardians' Representative



FAREWELL TO

Shri Rudyard Kipling Myllemngap



Shri Rudyard Kipling Myllemngap
Head Clerk

Date of joining: 3rd April 1984

Date of retirement: 28th February 2023

Shri Rudyard Kipling Myllemngap was lovingly known to all staff as Bah Rudyard. Mr Myllemngap is a treasured Colleague and friend to all. He is a quiet person and a man of very few words, but he was sincerely dedicated in his work, many benefitted from his long 39 years service. He was the Head Clerk (UDA) from 2006 till his retirement in 2023. We pray for Mr Myllemngap to be safe and well, wherever he may turn, surrounded by his loved ones and living out the dreams he's earned.





Shri James Pyngrope,

HOD, Department of Education

Shri Bernard Marbaniang,

HOD, Department of Political Science

Shri Kevin Howard Mark Pala,

HOD, Department of Botany

Smti Eudora Khonglah,

Associate Professor, Department of English

Dr (Mrs) Merryville Jyrwa,

Associate Professor, Department of History

Dear esteemed teachers,

You have reached a remarkable milestone in your journey - 25 years of dedicated service to education in Lady Keane College. As we reflect on this significant achievement, we are filled with deep gratitude and admiration for your unwavering commitment to shaping young minds and fostering a love for learning.

Over the course of a quarter-century, you have guided countless Keaneans, inspiring them to reach their fullest potential and nurturing their thirst for knowledge. Your dedication has left an indelible mark on generations, empowering them with the tools to navigate the complexities of life and become active contributors to society.

In a world that constantly evolves, you have remained steadfast pillars of wisdom, adapting your teaching methods and embracing new technologies to ensure your students receive the best possible education. Your willingness to embrace change and continue your own growth as educators sets an example for all of us, reminding us of the importance of lifelong learning.

Your classroom has been a sanctuary, a space where dreams are nurtured, talents are discovered, and self-confidence is built. Through your patient guidance and unwavering support, you have instilled in your students a belief in their abilities and the courage to overcome challenges. Your impact extends far beyond the subjects you teach; you have

shaped characters, fostered empathy, and ignited a lifelong love for learning.

The impact of your dedication extends not only to your students but also to your colleagues. You have been mentors, collaborators, and sources of inspiration for fellow educators, sharing your wisdom, experience, and innovative ideas. Your commitment to teamwork and the pursuit of excellence has created an environment where everyone thrives and grows.

As you mark this incredible milestone, take a moment to reflect on the lives you have touched and the difference you have made. Countless students have walked through your doors, eager to learn and discover their passions, and have emerged as confident, compassionate individuals ready to embrace the world. Your legacy will live on in the hearts and minds of those whose lives you have forever changed.

On behalf of all the students, parents, and colleagues whose lives you have touched, we express our deepest gratitude. Your dedication, passion, and unwavering commitment to education are an inspiration to us all. May you continue to shine your light, igniting the flame of knowledge and guiding future generations towards a brighter future.

Congratulations on 25 years of outstanding service, and may the next chapter of your journey be filled with joy, fulfillment, and continued growth.

ACADEMIC RESULTS 2022

BACHELOR OF ARTS 6th SEMESTER 2022

Appeared	342
Passed	336
First Division	233
Second Division	100
Simple Pass	03
N.C. L. E	01
Failed	05
College Percentage	98.25%
NEHU Percentage	87.92%

MERIT LIST

Name	Subject	University Ranking
Sushmita Paul	Bengali	1st Position
Lalrinsangi Ralte	Economics	7th Position
Priyanka N Nongkhlaw	English	9th Position
Tracy Tingngaihun	History	9th Position
Pooja Chakraborty	Philosophy	4th Position
Dolares Annette Mihsil Blah	Philosophy	8th Position
Amina Rani	Philosophy	9th Position

BACHELOR OF SCIENCE 6th SEMESTER 2022

Appeared	85
Passed	85
First Division	85
College Percentage	100%
NEHU Percentage	94.44%

MERIT LIST

Name	Subject	University Ranking
Jubansuk Hynniewta	Mathematics	1st Position
Kimpi Medhi	Mathematics	3rd Position
Dipali Jha	Zoology	1st Position

BACHELOR OF COMPUETR APPLICATIONS 6th SEMESTER 2022

Appeared	17
Passed	16
First Division	11
Second Division	05
N.C. L. E	01
College Percentage	94.11%
NEHU Percentage	97.06%

BACHELOR OF TOURISM & TRAVEL MANAGEMENT 8th SEMESTER 2022

Appeared	14
Passed	12
N.C. L. E	02
College Percentage	85%
NEHU Percentage	85%

Position Holders 2022



Sushmita Paul
*1st Class 1st Position,
Bengali Honours*



Lalrinsangi Ralte,
*1st Class 7th Position,
Economics Honours*



Priyanka N Nongkhlaw,
*1st Class 9th Position,
English Honours*



Tracy Tingngaihlan,
*1st Class 9th Position,
History Honours*



Pooja Chakraborty,
*1st Class 4th Position,
Philosophy Honours*



Dolares A. Mihsil Blah,
*1st Class 8th Position,
Philosophy Honours*



Amina Rani,
*1st Class 9th Position,
Philosophy Honours*



Jubansuk Hynniewta,
*1st Class 1st Position,
Mathematics Honours*



Kimpi Medhi,
*1st Class 3rd Position,
Mathematics Honours*



Dipali Jha,
*1st Class 1st Position,
Zoology Honours*

Achievements



Chemconcert -2023

A Two Day Program Chemconcert – 2023, celebrating National Science Day & World Earth Day 2023 on the theme “Chemistry for sustainable Future” was organized by Shillong Science Centre in association with Chemistry Club, Department of Chemistry, North Eastern Hill University, Shillong, on 20th & 21st April 2023. Sixth Semester Chemistry Honours students of the college participated in the program and bagged the following prizes:

1. Laphira Kshiar – 1st Prize in the Essay Writing Competition
2. Melasaindur Sutnga -2nd Prize in the Essay Writing Competition
3. Amica Bonanza Papang, Laiamonlang Nongsiej, Laphira Kshiar – 2nd Prize in the Science Exhibition



NSS Best Volunteer Award

Miss Kerdarilin Khongwir was awarded the Best Volunteer by the NSS NEHU Cell during the 53rd NSS Foundation Day Celebration on the 24th September 2022 for her outstanding performance, dedicated hard work and selfless services contributed to the NSS in particular and the community as a whole.

Debate Competitions

College Debate Team: Naki Larisa Nongkhlaw, Bidisha Gogoi, Bina Sharma, Gracie Maisnam

Competitions

1. Gracie Maisnam won the Second Best Speaker in the Inter College Debate Competition organised by the Ramakrishna Mission on 31st July 2022 during the 48th Annual Cultural Competition 2022
2. Bina Sharma won the Best Speaker and Lady Keane College was honored with the Second Best Team in the Inter College Debate Competition organized by Meghalaya Aids Control Society (MACS) on 11th August 2022 during the Red Ribbon Youth Festival
3. Naki Larisa Nongkhlaw was awarded the second best speaker in the Inter College Debate Competition organised by the AIESEC, Shillong in collaboration with Meghalaya Model United Nations on 19th October 2022 during the Literary and Cultural Fest of Impact Week 2022



Science Fest 2022

Lopon Yeaton and Hanashisha Marbaniang won the Third Prize in Inter College Science Quiz Competition on 21st October 2022, as part of the Science Fest 2022 organized by the Science Departments of Synod College (under the DBT Star College Scheme) in collaboration with Science Club and Environment Club.





Meghalayan Age Day Celebration

Liza Rani Basumatary secured First Place and Noor Bano secured the Second Place in the Handmade Poster Competition as part of the Meghalayan Age Day Celebration under the theme “ The Meghalayan Age: Our Unique Geodiversity, Biodiversity and Cultural Assets” organized by the Faculty of Arts and Culture, Martin Luther Christian University, Shillong on June 14, 2023



YRC Achievements

Ms Aidakamon Kharwanlang and Ms. Mitinam Ratan got the first prize and second prize in the Art Competition respectively. Mebarisha Khongwir and Anjali Thapa ties and both won the second prize in solo dance category. Programme officer of the Youth Redcross, Dr. K. Kharshiing took the first prize in the extempore speech competition among the programme Officers.



Inter College Arm Wrestling Competition

Miss Daphisajanai Nongsiej bagged the Second Place (60 Kg Category) in the Inter College Arm Wrestling Competition organized by Sankardev College on 20th July 2022 as part of the Diamond Jubilee Celebrations of the college

Lit - Fest 2023

Miss Naki Larisa Nongkhlaw secured the 1st Prize in the Inter College “Extempore” competition during the program Lit – Fest 2023 organized by the Literary and Dramatic Society, St Edmund’s College, Shillong on the 3rd of May 2023 as part of the centenary celebration of the college



YRC Achievements

Aidakamon Kharwanlang, YRC Volunteer of Lady Keane College bagged the Third Prize in the Painting Competition organised by the Meghalaya AIDS Control Society as part of the Red Ribbon Youth Carnival in the month of December 2022 at U So So Tham Auditorium



NICE 23

Tejaswini Vashistha stood Third in the North East Zone of National Inter-College Crossword Expedition 23 (NICE 23) - a contest involving solving of cryptic crossword clues held between March-August 2023 conducted through online mode.



A KEANEAN AT THE 2023 G20 SUMMIT



भारत 2023 INDIA

वसुधैव कुटुम्बकम्

ONE EARTH • ONE FAMILY • ONE FUTURE



The Group of Twenty (G20) is the premier forum for International Economic Cooperation. It plays an important role in shaping and strengthening global architecture and governance on all major international economic issues. The G20 countries together represent around ninety percent of global GDP, eighty percent of

global trade and two thirds of the world's population. Since 2011 when France chaired and hosted G20, the summits have been held only once a year. The presidency of G20 rotates among the member nations and India is the president of the G20 summit for the year 2022-23. India took the G20 presidency from Indonesia on December 1,

2022, and the presidency will remain with India until November 30, 2023. Arunachal Pradesh is one of the states which hosted the G20 summit on 25th & 26th March 2023. The theme of the G20 meeting in Itanagar was '**Research, innovation initiative, gathering**', and it was organized by the State Science & Technology Department.

Ms Rinu Doji, a Second Semester student of our college, from the Department of Political Science, was nominated to represent her state of Arunachal Pradesh in front of 118 delegates from all the G20 countries. Ms. Rinu Doji presented her model of the ***Solar Wheel Chair for the Differently Abled People at the event***, receiving wide recognition and applause.

About the Model - Solar Wheel Chair for Differently Abled People

The model presents a prototype of a low-cost electronic wheel chair for differently abled people of India. The main components are: The wheel chair structure, the DC motor, the controlling circuit, micro controller and joystick. The proposed prototype will be very useful for the differently abled people who suffer from dependence on others in moving from one place to other. The proposed wheelchair will be affordable to the low-income people of countries like India, making it cost effective and user

friendly. The proposed model is self-driven and it itself is an independent unit. For the proposed prototype the life cycle cost analysis was done and it was found that the wheel chair can also use solar power to run which will make it lower in cost. The electronic wheel chair will help the physically challenged people a great deal in their day-to-day movements. The proposed model will be very effective in the rural as well as in the urban areas.





A REPORT ON

The Model United Nations (SLCMUN) Conference

The SLCMUN (Shillong Law College Model United Nations) conference took place on 4th and 5th May, 2023. The event brought together enthusiastic participants from various countries to discuss pressing global issues. This report will provide details on the participants and their contributions during the conference.

Participants:

1. United Nations Environment Assembly (UNEA) Delegates Addressing Environment

and Social Justice for Indigenous Tribal Communities Indigenous Rights, Climate Change, and Sustainable Development through a Global Lens:

a. Devoleena Borah - Delegate of the United States of America (Special Recommendations Award)

b. Sharda Khoirom - Delegate of the Netherlands

2. United Nations Human Rights Commission (UNHRC) Delegate Discussing

Human Rights in Conflict and Post-Conflict Zones with Special Emphasis on Middle Eastern, Asian, and African Countries:

a. Bidisha Gogoi - Delegate of the People's Republic of China (High Recommendation)

3. International Press Corp (IPC) Delegate with Portfolio "The New York Times":

a. Anwesha Sarma - Delegate of the IPC (Best Delegate, New York Times)



Details of Participants' Contributions:

1. Devoleena Borah (Delegate of the United States of America, UNEA): Devoleena Borah, BA 4th Semester, Political Science Honours, actively participated in discussions related to environmental and social justice for indigenous tribal communities, indigenous rights, climate change, and sustainable development. Her insights and proposals received recognition, resulting in her receiving the Special Recommendations Award for her exceptional contributions.
2. Sharda Khoirom (Delegate of the Netherlands, UNEA): Sharda Khoirom, BA 6th Semester, Political Science Honours, represented the Netherlands in the

UNEA committee. She actively engaged in debates surrounding environmental issues and social justice for indigenous tribal communities. Sharda provided valuable input, contributing to the committee's discussions.

3. Bidisha Gogoi (Delegate of the People's Republic of China, UNHRC): Bidisha Gogoi, BA 4th Semester, English Honours, focused on human rights in conflict and post-conflict zones, particularly in the Middle East, Asia, and Africa as a participant in the UNHRC committee. Bidisha's dedication to the topic and thoughtful suggestions earned her the recognition of a High Recommendation.

4. Anwesha Sarma (Delegate of the IPC,

The New York Times): Anwesha Sarma, BSc 2nd Semester, Physics Honours, represented the IPC committee with a portfolio assigned to The New York Times. Her exceptional skills in journalism and diplomacy enabled her to stand out during the conference. Anwesha's outstanding performance led her to being awarded the title of Best Delegate, specifically for her work with The New York Times portfolio.

Overall, the participants of the SLCMUN conference demonstrated a deep commitment to the topics discussed. Their engagement, contributions, and achievements made the conference a successful platform for addressing global issues and fostering diplomatic dialogue.

A KEANEAN LADY

Pyngrope Phawa BTM 4th Semester

A new morning arrives,
A chance to live a new life;
A lady with dignity and pride,
Walking down the street with a smile,
Who cares if the wind blows her hair?
Her beauty cannot be measured.

She seeks knowledge and wisdom,
A brighter day will come;
When she will toss a hat to the sun,
The days of darkness will be gone.

To every Keanean lady:
"You are a sweet sister,
You are a special daughter
Of your father,
One day you will be a loving mother.
You are beautiful just the way you are,
Be excellent and be proud of who you are".



EMOTIVE EXISTENCE

Sneha Deb BA 2nd Semester, English Honours

Broken to tears, life in a pretty mess
Was dependent on faith
Tedious mind and leader sentiments
Initiated a vibrant connection in a perplexed state

My heart was impatient still amiable
In the bustling phas, looking for that simplistic connection
Tough was to trust and to know if one's equitive
Gradually An unfamiliar handled the unease with affection
Commencing to an eternal which certainly drifted in an ease
Tantrums comforting in a precised manner.
Retaining the aplomb and selfness individuality
Prosperous in life with the person me rely on love.

Life turned exquisite after all the big dipper rides
That unknown companion turned out to be the most valuable
and precious lover, I ever fantasize.



LOVE

Pyngrope Phawa BTM 4th Semester

Do you love the storm, or just the breeze?
Do you love the thunder, or just the rain?
Do you love the waves, or just the calm shore?
Do you love the dark clouds, or just the vivid sunset?
Do you love someone's scar, or just their beauty?
If you admire their beauty,
You have to cherish their scars too.
Everything is reciprocal.
If you admire just the alluring side
That is not love; it is lust.
You adore a rose; endure its thorns.
You relish a rainbow, tolerate the thunder.
You have to love unconditionally,
Love is not meant to be partially,
Loves the rise and the fall,
Love one, love all.





Competitions organized by the IQAC

As an initiative to provide an inclusive environment i.e. tolerance and harmony towards cultural, regional, linguistic, communal socio-economic and other diversities, the IQAC (Internal Quality Assurance Cell) in collaboration with the Students' Cell celebrated various religious or cultural festivals of India in the form of the following two competitions:

1. Painting Competition on the themes "*Green Holi*" and "*Unity in Diversity*" to celebrate Holi – The Festival of Colours on 4th March 2023

2. Essay Writing Competition on the theme "*Evidence of the Resurrection of Jesus Christ*" to observe Good Friday and Easter Sunday on 6th April 2023

Winners of Painting Competition

1. **First Prize** – Haphibajanai Majaw, BA 2nd Semester
2. **Second Prize** – Pooja Basumatari, BA 4th Semester
3. **Third Prize**– Anindita Sarkar, BA 2nd Semester

Winners of Essay Writing Competition

1. **First Prize** – Chinglunmawi, BA 4th Semester
2. **Second Prize** – Phibaniaibet Marngar, BSc 4th Semester
3. **Third Prize** – Simran Barbhuiya, BA 6th Semester

1st Prize – Rs 1500/- with certificate

2nd Prize – Rs 1000/- with certificate

3rd Prize – Rs 500/- with certificate



NSS UNIT, LADY KEANE COLLEGE, SHILLONG

Motto: 'Not me but you'

ANNUAL REPORT 2022-2023

Mr. K. Nongbri, Programme Officer, NSS Unit, Lady Keane College, Shillong.

The NSS Unit of Lady Keane College had organised and participated in various activities during the session 2022 - 2023. The Unit consists of the following members:

A. Volunteers: 500-550 volunteers

B. Programme Officers: Dr. A. Nongsteng, Ms. D. Mawiong, Mr. K. Nongbri (Convener) Dr. Ruma Moni Boruah, Mr. Saint Quill N Sangma

C. College members: Mrs. H. Mawroh, Dr. D. G.

Marbaniang, Mr. N. K. Swer, Mr. D. D. Wahlang

The various activities carried out this session included the Enrolment of new volunteers, Orientation, both in online and offline mode, Independence Day Celebration, Republic Day Celebration, Observation of World Environment Day, participation in various programmes, competitions and workshops. The details of the activities carried out during the academic year 2022-2023 are as follows:

Regular Activities:

1. Observation of World Environment Day 2022.

To observe the World Environment Day 2022, the unit organized a Tree Plantation Drive at Sohryngkham village in collaboration with The Ultimate Legend Biker's Association (TULBA) Sohryngkham & East Khasi Hills Unit on the 4th June 2022. On this day, 40 NSS student volunteers, 3 Programme Officers and members of the TULBA took part in this tree plantation



drive. At the beginning of the programme, Mr. BampherlangLyndem, working President TULBA, East Khasi Hills who is also a Field Staff of the Social Forestry Division, East Khasi Hills, Shillong, addressed the gathering on the importance of the environment and creating awareness to maintain and sustain the good environment, followed by the tree plantation. A total of 200 tree saplings were planted.

2. Participated in the program organised by the Blood Centre, NEIGRIHMS to celebrate World Blood Donor's Day 2022.

The unit celebrated the World Blood Donor's Day 2022 by attending the program organised by the Blood Centre, NEIGRIHMS on the theme "Donating blood is an act of solidarity. Join the

efforts and save lives", on 14th June 2022. The organisers presented a memento to all the blood donor institutions and organisations in which our NSS unit was one of them.

3. Adoption of villages

The term of the adopted village at Laitsohpliah-Subakalai had come to an end and since the number enrolment to the unit had increased; the Unit adopted four villages located at Sohryngkham (Mawdieja), Mawlyngad, Lamlyer and Pommura of East Khasi Hills District, Shillong.

4. Adoption of a Tourist Spot

With the end of the term of the adopted village at Laitsohpliah-Subakalai, the unit

felt the need of having a connection with the village as there is a potential for the village to improve and develop in the aspect of tourism. Therefore, in regard to this, the unit adopted a Tourist Spot located at this village which is a view point named as Tyngam Masi.

5. 75th Anniversary of the Independence Day

The Unit took part in the Independence Day Celebration organised by the College in the College Campus on the 15th August, 2023. On the same day the Unit organised Har Ghar Tiranga Campaign as part of Azadi ka Amrit Mahotsav at the Former Village Pingwait; where three Primary Schools from the village took part in the flag hoisting and various activities.



6. Goodwill visit at the former adopted village Pingwait:

The Unit made a good will visit to the former adopted village of Pingwait on 15th August, 2023 to know the situation and progression of the village after the NSS Unit had left the village as an adopted village. It was very delightful to see that all the assets that the NSS unit have built are in working condition till date. The unit appreciated the headman for the well maintenance of the assets.

7. Orientation Programme for the newly enrolled NSS volunteers

The Unit organised an Orientation Programme for the newly enrolled NSS Volunteers to enlighten them about the aim and objectives of NSS and explain on the rolls of Programme Officers and Volunteers in NSS and also to explain the various activity involved in the NSS. The State Nodal Officer Shri. F. Rumnong and officials from NSS NEHU were also present in the programme to motivate the volunteers.

8. Participation in the NSS North East Fest:

Naki Larisa Nongkhlaw and Daiarisa Manner, two volunteers of the unit, were selected to represent Meghalaya in the 1st NSS North East Fest organised by the Sikkim State NSS Cell, Government of Sikkim in collaboration with the Ministry of Youth Affairs & Sports, Government of India from 27th – 31st August 2022.

9. Participated in the Campus Cleaning Drive:

The unit took part in the campus cleaning drive organised by the college on the 17th September 2022.

10. Food Festival

The unit organised a food festival at the college campus on the 19th September 2022 as part of fund raising programme for asset creation and social outreach programme. Many food items were prepared by the student volunteers under the supervision of the Programme Officers; the programme was a successful one.

11. NSS Foundation Day:

On the 24th September, 2022, 11 volunteers and 2 programme officers participated in the programme organised by the NSS NEHU Cell to celebrate the NSS Foundation Day. Miss. Kerdarilin Khongwir was awarded as one the best Student Volunteers. Our volunteers also performed in the variety programme.

12. Awareness Programme:

The unit in collaboration with the Ek Bharat Shrestha Bharat team of the College organised awareness programme on the 14th October 2022 on the theme "Addressing changing human values and moral & communication: Post Lockdown Scenerio". There were 3 session in the programme, many volunteers participated in the programme which was a successful one.

13. Cleaning Drive:

The unit organised a Cleaning Drive as part of Clean India Campaign on the highway from Laitsohpliah to Tyngam Masi viewpoint on the 22nd October, 2022 and at Sohryngkham Village Locality (Mawdieja) on the 24th October, 2022 and a total weight of 95 kgs of plastic wastes were collected. The unit also donated 20 dustbins to the Dorbar shnong of the Sohryngkham Mawdieja.

14. Celebration of the National Unity Day:

The unit organised the Run for Unity Marathon on 31.10.2022 at Pomlakrai, for secondary schools as part of Fit India Freedom Run and also to make them aware about National Unity Day. On this day, the unit organised a walk in the various places in the campus, and assembled at the college sports complex. Around 60 volunteers and 3 Programme Officer took part in the Rashtiya Ekta Diwas Pledge led by our respected Principal to celebrate the National Unity Day.

15. Participation in the Walkathon:

One programme officer and 8 volunteers participated in the Walkathon on 09th November 2022 which was organised by the Chief Electoral Officer, Meghalaya as part Roll2Poll Mission Unite 2.0 to encourage the Youth to actively participate in the upcoming Assembly elections.

16. Awareness Programme at Sohryngkham Village:

The unit organised an awareness programme

on Menace of Substance Abuse at Sohryngkham Village in collaboration with the Jingiaseng Samla (Youth Fellowship) Sohryngkham District & Seng Samla Shnong Sohryngkham on 12th November 2022. On this day the NSS Volunteers presented a skit relating to the topic and many participants benefited from the awareness programme.

17. Participation in the Closing Ceremony of the 2nd North East Game:

One Programme Officer and 40 volunteers participated in the closing ceremony of the 2nd North East Olympic 2022 held on 16th November 2022, at SAI Sport Complex, NEHU.

18. Free Tutorial Class at Sohryngkham:

The unit in Collaboration with The Ultimate Legend Biker's Association (TULBA) organised a free tutorial class for 2 months from 07.12.2022 – 27.01.2023 at its adopted village of Sohryngkham for the Class X students of 3 secondary Schools who would be appearing for the SSLC examination. Around 50 students attended the Tutorial Class.

19. Special Camps:

The Unit organised two special camps at its two adopted Villages viz. Mawlyngad & Sohryngkham from 23rd -29th January, 2023 and in this one week camp many activities were organised by the unit that benefitted the volunteers and the villagers as



a whole. Amongst the various activities some of the main activities were Cleaning Drive, Free Health Camp, Awareness Programme and Community Service etc.

20. Awareness Programme on Ethical Voting:

The NSS unit organised a Voter awareness programme on the 22.02.2023 in the college campus. On this day a Skit was performed by the Volunteer, Signature Campaign and also pamphlets were distributed to promote ethical Voting.

21. Poll Volunteers:

Four Volunteers were selected from the unit and were assigned duties and responsibilities as Poll Volunteers to provide assistance to the PwDs (Persons with Disabilities) & Senior Citizen at 23-Mawkhar Polling Station on the 24.02.2023.

22. Adventure Tour Camp:

The Unit organised an adventure tour camp to Shnongpdeng on the 6th & 7th March, 2023 for 30 NSS volunteers from VI Semesters. This camp is organised as a token of appreciation for all the hard work & efforts made by the NSS Volunteers to serve the community and the society voluntarily.

23. Voluntary Blood Donation Camp:

The unit organised a Voluntary Blood Donation Camp in collaboration with the Blood Bank of North Eastern Indira Gandhi Regional Institute of Health & Medical Sciences (NEIGRIHMS), Shillong on 21st March 2023, at the College Campus. Around 30 NSS Volunteers & 2 Programme Officers came forward to donate the blood voluntarily.

RECOGNITION:

- World Blood Donor's Day – The unit on 14th June 2022 as part of the celebration on World Blood Donor's Day was recognised by the North Eastern Indira Gandhi Regional Institute of Health & Medical Sciences, Shillong (NEIGRIHMS) and the Unit was gifted with a memento in appreciation of the Unit's contribution to the cause of Voluntary Blood Donation.
- NSS Best Volunteer Award: One of the Volunteers of the unit, Miss. Kerdarilin Khongwir was awarded the Best Volunteer by the NSS NEHU Cell on the NSS Foundation Day held at NEHU for her outstanding performance and dedicated hard work and selfless service to the NSS in particular and the community as a whole.





INTERNATIONAL YOUTH DAY

D. P. Warbah Convener, Students' Cell

The United Nations has declared the 12th of August as International Youth Day. The theme for the year 2022 was *"Intergenerational Solidarity: Creating a World for All Ages"*.

The Students' Cell of Lady Keane College commemorated the International Youth Day on the 12th August 2022 by organizing a Students' Concert in the College Auditorium for the students of the College and for students from other participating Colleges. A Poster Competition on the theme *"Intergenerational Solidarity: Creating a World for All Ages"* was held for the students of the college. The Students' Concert witnessed the active participation of students of the college and from all the participating colleges.

The concert was hosted by Mr Mebanshan Langstieh, Assistant Professor, Department of Zoology. The introductory speech on the theme was delivered by Prof A.M.G.Mawlong, Associate Professor, Department of Sociology, Lady Keane College.

Prizes were awarded to the winners of the Poster competition.

First Prize: Ribanylla L Dhar, Class XI Arts

Second Prize: Attistha Pradhan, Class XII Arts

Third Prize: Ambika Kumari Sharma, Class XII Arts

Consolation Prizes: Felicia Kharpuria, Class XII Arts, Liza Rani Basumatry, Class XI Science

The students of St Mary's College presented a musical skit on Domestic violence which ended with a heartwarming message. The students of Lady Keane College presented many dances with messages on the theme. The students of St Anthony's College presented a very vibrant and entertaining Flash mob. The students of Sankardev College presented a melodious self- composed song. Finally the volunteers of Youth Red Cross, Lady Keane College Unit presented a flash mob. The day ended with a jam session for all the students.





STUDY TOUR TO NAGALAND

Department of Philosophy

Dr. Sabita Das Homroy, HoD, Department of Philosophy, Lady Keane College

The Department of Philosophy, Lady Keane College, Shillong organised a six-day study tour programme to Nagaland from 8th to 13th December 2022 for the 5th and 3rd Semester Honours students. The main aim of this study tour was to make the students aware of the culture and traditions of various tribal communities of Nagaland. It was a team of twenty four members, three teachers and twenty one students of

the department. On 8th December 2022 the team left for Nagaland at 8.30 a.m. from the college campus. On 9th and 10th December the team attended the Hornbill Festival at Naga Heritage Village, Kisama which is about 12 km from Kohima. The Hornbill festival is celebrated every year from 1st to 10th December. All the tribes of Nagaland take part in this festival. This festival is organized mainly to encourage inter – tribal

interaction and to promote the cultural heritage of Nagaland. The students received first hand knowledge of art and artisans and rich cultural traditions of various Naga tribes at this festival. The team also visited the Second World War Cemetery and Museum at Kohima.

On 11th December the students and teachers participated in a National Seminar organized by the North-East



Institute of Social Science and Research, Dimapur, Nagaland on the theme “Conflict Transformation and Peace Building: Contemporary Challenges in North – East India”. There were three speakers and all of them mentioned that conflict is something that cannot be avoided, that conflict is natural to man but that it can be resolved, and peace can be built – in by adopting various peace building methods and approaches. In the afternoon session there was a workshop especially organized for the students on the theme “Introducing Peer Mediation in Colleges and Universities”. The students of our college took active part in the workshop and each one of them was benefitted from the workshop.

On 12th December the teachers and students participated in another National Seminar organized by the MGM College, Dimapur, Nagaland on the theme “Religious Pluralism and Contemporary India with special reference to Tribal Religions of North East India”. There were six speakers and about hundred participants. The interactive session was quite lively and fruitful. I would like to mention here that both of these National Seminars were jointly organized with Mahatma Gandhi Center for Conflict Resolution and Peace Studies of our college.

On the 12th December the team reached at Kaziranga late in the evening and stayed

at Regal Guest House in order to visit Kaziranga National Park on the next day. On 13th December early in the morning we took a safari to visit the National Park. Students were able to observe the different varieties of animals and birds, especially, they were able to see the Rhinoceroses, the main attraction of Kaziranga. On the same day, the team reached Lady Keane College, Shillong.

The tour was highly beneficial. The students observed, explored and learned a lot from this visit which will be beneficial for their educational knowledge and purpose, as they have experienced something different from their day to day activities.



LADY KEANE COLLEGE, SHILLONG

NCC WING – A REPORT

CTO: Montimon Diengdoh (June 2022 –January 2023)

Dr. Dr Bioletty Lawrynniang (February 2023 -)

Motto: *Unity and Discipline*

Aim of NCC: To Develop

- Character
- Comradeship
- Discipline
- Leadership
- Secular Outlook
- Spirit of Adventure, and
- Ideals of Selfless Service amongst the Youth of the Country.

Students Enrollment

A total of 33 cadets were enrolled in 2023

Classes, camps and activities:

NCC Classes were conducted every Monday, Wednesday and Friday from 1500hrs to 1700hrs. Drills were conducted every Saturday. Apart from classes, NCC unit of Lady Keane College has been encouraging cadets to participate in camps, talks on personality development, national integrations, nation buildings, communication skills and other topics. National events organized by other NCC units or government organizations were attended by cadets like International

Yoga Day, Motor Cycle Rally, Swatchta Abhiyan, Wall painting, Agniveer Aspirants for instilling patriotism and national integration in cadets. In the year 2022-23. numerous platforms were presented to the cadets to participate and build their personality, self-confidence, knowledge and skills required for their future endeavors. Each of the activities is highlighted in this report.

1. International Yoga Day

The theme for International Day of Yoga 2022 is “Yoga for Humanity”. The NCC cadets of Lady Keane College also celebrated International Day of Yoga by organizing a Talk on the Health Benefits of Yoga in the College Auditorium. The talk was delivered by Ms. Annie Blah, Yoga Instructor, Yoga Cell, Lady Keane College. The NCC cadets also participated in the demonstration of yoga poses as the instructor was giving the lecture.

2. Combined Annual Training Camp

The Combined Annual Training Camp (CATC) was organized on June 28- July 8 2022 for 10



days at Assam Rifle Public School, Laitkor, by the 61 Meghalaya NCC Girls BN as a combined camp for the cadets to participate in different competitions and to attend different personality development and training classes. 15 cadets from Lady Keane College participated in the CATC 2022.

3. TSC and Pre TSC

The Thal Sainik Camp (TSC) was conducted from July 20- July 25 2022 and five cadets from Lady Keane College were selected. These cadets went for the Thal Sainik training and one cadet, Dayana Lymba got selected for Pre TSC at Jorhat.

4. Flag Off Ceremony, Motor Cycle Rally

To mark the 75th Anniversary of India's Independence, the BSF conducted a series of events and of them is the motorcycle rally that was flagged-off from BSF camp Mawpat on 1st September 2022. The rally started

from Shillong and ended at Delhi on 16th September. The NCC cadets of the unit were invited to volunteer during the programme. Five cadets represented the Lady Keane College Unit.

5. Campus Cleaning Drive

The College conducted cleaning drive on September 17, 2022 in the campus and the NCC cadets also participated in cleaning the classrooms and the Sport complex. Eight cadets participated and volunteered from NCC unit.

6. Traffic Management

As required by the SP office Shillong, the NCC cadets always volunteer for traffic management in the city. The 61 Meghalaya NCC Girls Bn had detailed 5 cadets from Lady Keane College for Traffic Management on October 3, 2022. Five cadets were detailed and certificates were also given to the cadets for this cause.



7. Trekking in West Bengal and Sikkim

The All-India Trekking Expedition 2022-23, west Bengal and Sikkim Trek was organized from November 5 to 12 2022. Two cadets were detailed from Lady Keane College, Wakainruki Nongtdu and Natsurthiang Nongbet.

8. Swatchta Abhiyan

The Swachta Abhiyan was conducted at the Directorate of NCC, Shillong on December 17, 2022. Four cadets from Lady Keane College were detailed and participated in the event.

9. Republic Day Parade

The cadets of Lady Keane College every year participated in the Republic Day Parade at Polo Ground. Two cadets were detailed from the college to participate in the Republic Day Parade at Polo ground and 15 cadets presented at the Flag Hoisting ceremony in the college campus.

10. Passing out parade of the Women Commandoes

The Passing out parade of the Women Commandoes at 1st Bn Mawiong was held on 14th January and cadets of Lady Keane College were also detailed for the programme. Seven cadets attended the programme along with cadets from other colleges.

11. Combined Annual Training Camp

The Combined Annual Training Camp (CATC)

was organized on January 27, 2023 at Auxilium school, Nongthymmai. Four cadets from Lady Keane College were detailed, Wakainruki Nongtdu, Lalmalsawmlawngliani, Natsurthiang Nongbet and Alvagina Laloo.

12. Wall Painting Competition

The unit organized wall painting competition on February 15, 2023 and CDT Ruksana Begum





participated from the college. She also received a certificate of appreciation from the Commanding Officer.

13. Pre RDC

Pre RDC was conducted in three phases, the first Republic Day Camp was held from November 2022 to January of 2023. The first and second phase of the camp was held at Jorhat NCC Academy, while the third and fourth phase was held in New Delhi from December 29 to January 31 of 2023. Two cadets were selected from the college, Wakainruki Nongtdo and Badapkyrhahi Nongkseih.

14. Agniveer Aspirant Session

The Unit 61 Meghalaya NCC girls Bn organized an awareness on Agniveer aspirant and training for cadets who were willing to

join the Indian Army on March 3, 2023. The programme included a lot of activities on training cadets for career in the Defence forces.

15. Women's Day Walkathon

As part of celebrating International Women's Day, the HQ 101 Area under the aegis of HQ Eastern Command organized walkathon for women to celebrate the spirit of womanhood and the resilience and leadership of women in all walk of life. Hundreds of women and young girls, including NCC girls cadets, participated in the event showcasing equality and access to opportunity, and their value to the growth of the nation.

16. 101 Area Jubilee Programme

The HQ 101 Area celebrated Diamond Jubilee on April 22, 2023. The Indian Army's HQ

101 Area is known as the first Indian Army contingent to reach Dacca during the 1971 War of liberation in Bangladesh. Paying tributes to martyrs and other ceremonies were also conducted where NCC cadets also participated.

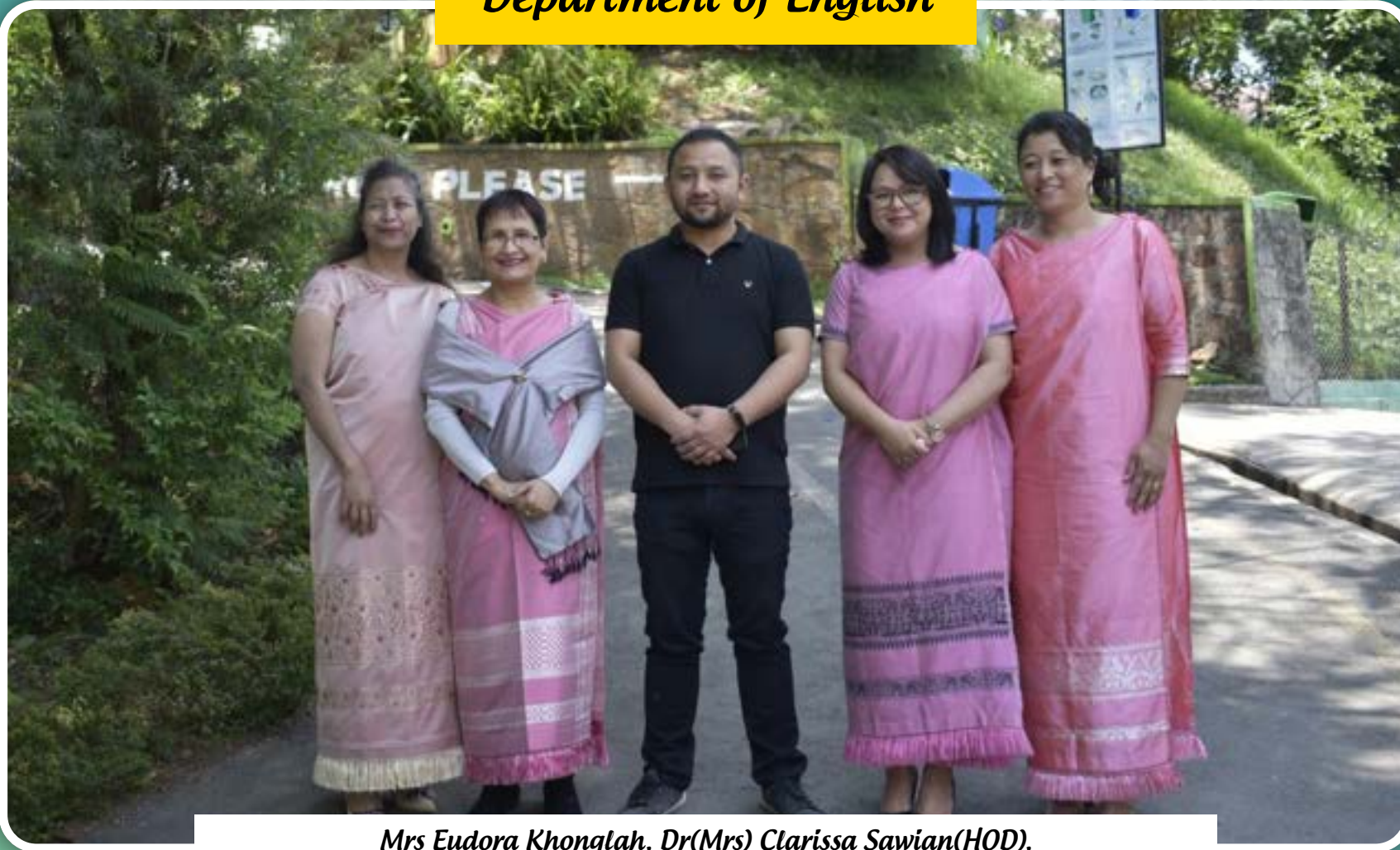
17. Airforce Station Programme

The first year cadets attended the Airforce Station Programme on March 17, 2023. Five cadets from the college attended and participated in the programme.

18. Independence Day

The cadets of Lady Keane College celebrated Independence Day at Polo Ground on 15th August 2023 and some of the cadets participated in the flag hoisting ceremony in the college campus.

Department of English



*Mrs Eudora Khonglah, Dr(Mrs) Clarissa Sawian(HOD),
Mr Nangsan Kupa Swer, Ms Sarah R Syngkon, Mrs Philakyntiew Nongkhlaw*

Department of Khasi



*Dr (Ms) Barrylia Mesha Wolflang, Mrs Releo Rapsang(HOD),
Mr. Arbortin Snaitang, Mrs Ibaiamontlin Warjri, Mrs Parlinsha Pyngrope*

Department of MIL



Mr Rikrak J. Sangma, Garo, Dr (Mrs.) Ruma Moni Boruah, Assamese, Ms Sangita Gareri, Hindi, Dr. Jean Simonne Dkhar Hindi (HOD), Mr. Saint Quill N. Sangma, Garo

Department of Bengali



Dr. (Ms.) Joyashree Misra(HOD), Ms Pallavi Paul

Department of Education



*Dr (Mrs.) Susan Wandaphisha Lyngdoh, Mr. James Pyngrope (HOD),
Mrs. Fenella Anette Wahlang, Mrs. Kerdalari Dkhar*

Department of Economics



*Mr Wesking Khyriem, Dr Bashemphang Rorine Syiem (HOD),
Mr Bashai Kupar Wanswett, Dr (Mrs) Apsaralin Nongsteng,*

Department of History



*Dr (Mrs) Anjalee M Shangpliang, Mr Alphonse R Myrthong,
Dr (Mrs) Merryvelle Jyrwa, Ms Judy Hedipati Buam(HOD)*

Department of Philosophy



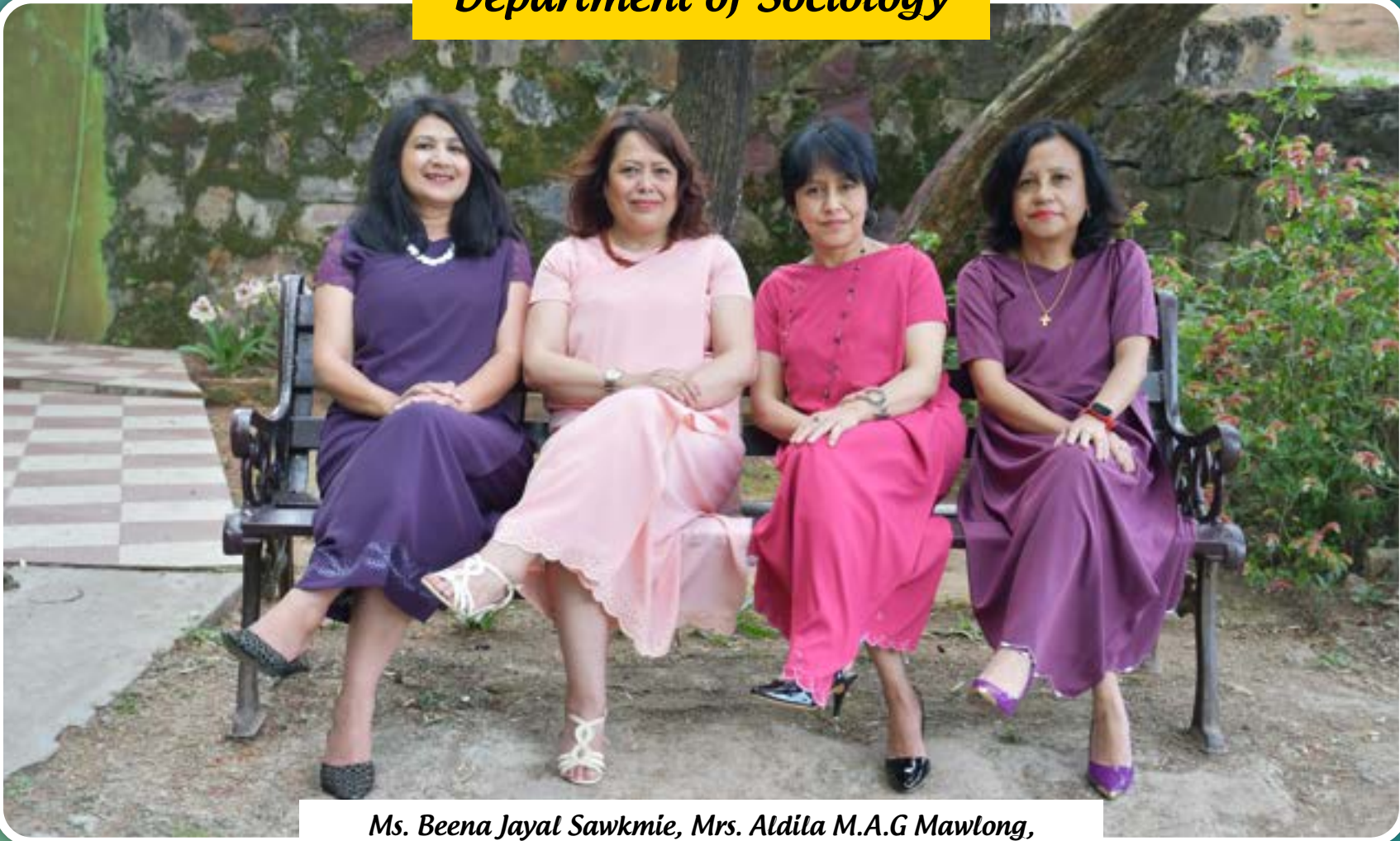
*Dr Saji Varghese, Mrs Jenika Kharlor,
Dr. (Smt.) Sabita Das Homroy (HOD), Mrs Savitri Nongsiej*

Department of Political Science



*Mr Obadiah Lamshwa Lamare, Mr Ngaraipam Mahongnao,
Mr Bernard Marbaniang(HOD), Mr Kitriphar Tongper*

Department of Sociology



*Ms. Beena Jayal Sawkmie, Mrs. Aldila M.A.G Mawlong,
Dr. (Ms.) Riolina J. Nongrum (HOD), Ms. Akilarisa Lyngdoh*

Department of Biochemistry



Dr. Daniel Nongbri, Mrs. Hunhameshisha Mawroh, Dr. (Mrs.) Stephanie Paula Basaiawmoit, Mrs. Manbha Challam, Dr. Gareth Gordon Syngai (HOD)

Department of Botany



*Mr. Kanhaiya Lal Chaudhury, Dr. Ksanbok Makdoh,
Dr Carefulness M Dirborne, Dr. (Mrs.) Shairi Nongbri, Dr Pynsakhlat Law*

Department of Chemistry



*Standing: Dr. Deswyn Gordon Marbaniang, Mr. Danny Ferrol Diengdoh, Dr. Teiborlang Mukhim
Sitting: Dr. (Mrs.) Saphidabha L. Nongbri, Mr. Eric Reuben Dkhar(HOD),
Mr. Remelbar Decruse, Dr(Mrs.) Carley Giffert L. Nongpiur, Ms Twincy Khongstia*

Department of Mathematics



*Dr. Shailanstar Khongsit (HOD), Mr. Honestar Nongdhar,
Mrs. Ibadahunlang Kharkongor, Mr. Khraw Kupa Pyngrope*

Department of Physics



*Mr. Donny D. Wahlang, Mr. Atwin Nongbri, Mr. Banshanborbah Kharkamni (HOD),
Mrs. Badarisuklin Dkhar, Dr. (Ms.) Bioletty M. Lawriniang, Mr. Kyrshanlang Nongbri*

Department of Zoology



Mr Joey Jonathan Sohtun, Dr (Ms) Errini Decruse Dhar, Dr (Mrs) Khamtilin Kharshiing, Mrs. Wandalin Lyngdoh (HOD), Mrs. Deisakee P. Warbah, Mr. Mebanshan Langstieh

Department of Tourism & Travel Management



*Standing: Mr Wanpynsuk Makri, Dr Londoner Murphy Sohtun, Mr Sushant B. Surong
Sitting: Ms Montimon Diengdoh(HOD), Dr(Mrs) Hakamelamphylla Mawroh.*

Department of Computer Science



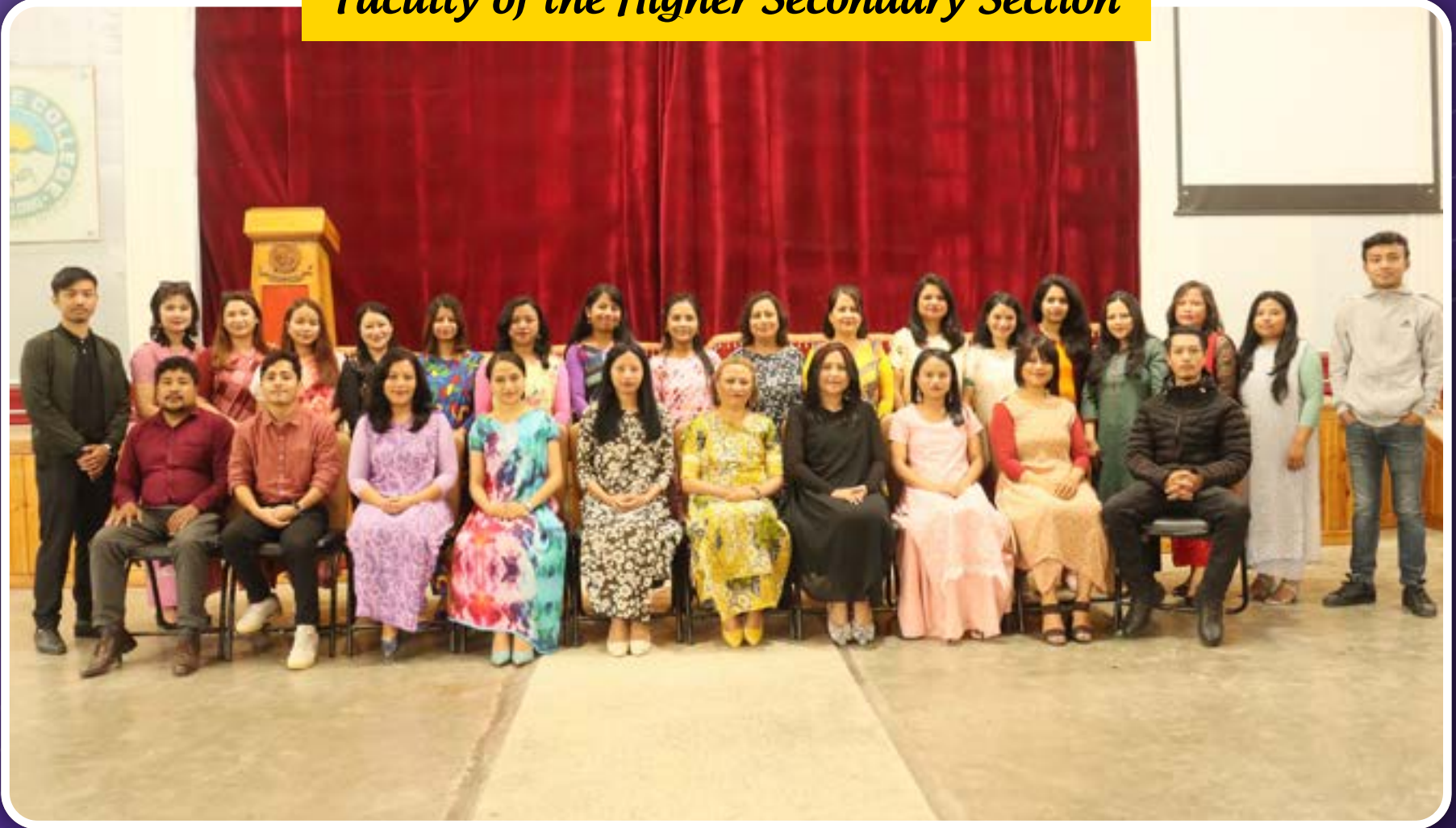
*Mr. Mainul Haque, Ms. Darihunlang Mawiong, Mrs. Lizia Sahkhar(HOD),
Mrs. Wanakaru Laloo, Dr(Ms) Juniorika Lyngdoh, Ms. Janailin Warjri, Mr. Raplang Nongsiej*

Faculty of Environmental Studies



Mrs. Sumarlin Swer, Mrs. Dariti Kharjana

Faculty of the Higher Secondary Section



HANG IN THERE

Eva Kuki BA Second Semester, English Honours

Staring at a smudged and deeply familiar scenery,
A breathing recording full of sighs of youthful days of might;
Reminiscing the past when I gaze towards the golden half – light
Fills my heart with the warmest of hues, comfort and sympathy.

Life is like a rally, running desperately,
A trip without a map; not knowing how it's going to end,
Haven't got the faintest idea how things going to bend,
Rotating with every second at the hands of the clock ticking endlessly.

The process of an adult is difficult and heavy,
Countless regrets that had me stay up till three;
If I have had a chance to go back to the time when I was happy –
Would I have become the better “me”?

Ill equipped for confronting the upcoming challenges,
Although living and breathing, yet I am dying inside,
Hanging on with a tired body and a tired mind – I sighed,
Yet still staying put, and facing all of my weaknesses.

I wasn't endowed with anything special
So constant efforts are my only weapon,
Whilst nothing more to lose, will fall ten times but stand eleven times,
I'll fall over and over again and success will come by if I continue on.

SHE KNOWS

Rabinita Aribam BA 6th Semester, English Honours

Been clepe hotheaded
Known not of her emotions
Can't deny, she triggers off
Pillow ken her whimpers lacerate kernel

Subdue for never intuit
Though unaltered being the same
No change still hotheaded
Falls in love with the beats

She stands out blemish as her tactile lines
Cause she's not the one who buried her 'self'
Indeed she was unique with her wit reverie
Though arraign yet plump for connate subtle
She knows that she is just 'one' and alone

Had a lot in this one treasure
Which no one could just find
She knows she was the rare one.





Investiture Ceremony of Students' Council

The Investiture Ceremony for the newly elected Students' Council members for the session 2022-23 was held on the 24th August 2022 at 11:30 am in the College Auditorium. The program was hosted by Mr S. Surong. The Program started with the Principal, Dr D K B Mukhim giving an inspiring and motivating speech which was highly appreciated by all the members. The outgoing members of the Students' Council for the session 2021-2022 were felicitated with a Certificate

for the service they have rendered to the institution. Ms Kerdarilin Khongwir, outgoing General Secretary shared about her experience as member of the Students' Council and gave words of advice to the new council members. The Host introduced the newly elected Students Council members, which was followed by the Induction of the new office bearers. The newly elected members were given their respective badges by Ms R. Rapsang, Ms J. Buam,

Dr S. Das, Ms F. A. Wahlang and Ms E. Khonglah. Dr D. G. Marbaniang gave a short speech on the importance of team work and Mrs D P Warbah, Convenor, Students' Cell highlighted to the new council members about their duties and responsibilities as students' representatives. This was followed by a speech from Ms Naki Larisa Nongkhlaw, the newly elected General Secretary. The Vote of thanks was presented by Mr S. Sangma.

STUDENTS' COUNCIL 2022

General Secretary	Naki Larisa Nongkhlaw	B A V Semester
Assistant General Secretary	Gracy Maisnam	B A III Semester
	Saphisha L Rngaid	B A III Semester
Social & Canteen Secretary	Dreamlee Das	B A V Semester
Assistant Social & Canteen Secretary	Shimti Mary Jana Nongbet	B SC III Semester
Discipline & Cleanliness Secretary	Erika Syiem	B A V Semester
	Shanti Sidasow	B A III Semester
	Banrisuklang Marngar	BTTM V Semester
Assistant Discipline & Cleanliness Secretary	Ibanrikordor Syiemlieh	B SC V Semester
Arts & Culture Secretary	Santana Gogoi	B A V Semester
Assistant Arts & Culture Secretary	Mebarisha Khongwir	B A III Semester
Sports Secretary	Belinda Laishram	B A V Semester
	Moitri Baruah	B A III Semester
Assistant Sports Secretary	Medaiakmen Marpna	BTTM III Semester
Quiz & Debate Secretary	Tejaswini Vashishtha	B SC V Semester
Assistant Quiz & Debate Secretary	Anastasia Lalhruaizeli	B A III Semester
Students' Cell Secretary	Simran Barbhuiya	B A V Semester
Assistant Students' Cell Secretary	Jyoti Gupta	B A III Semester
Equal Opportunity Centre Secretary	Yumnam Laegeeeya	B A V Semester
Assistant Equal Opportunity Centre Secretary	Balawanbiang Nongkynrih	B A III Semester
College Hospitality Secretary	Ebom Riba	B A V Semester
Assistant College Hospitality Secretary	Urgen Lhamu	B Sc III Semester
Literary Club Secretary	Gegul Tayeng	B A V Semester
Assistant Literary Club Secretary	Bidisha Gogoi	B A III Semester





YOUTH RED CROSS, LADY KEANE COLLEGE ACTIVITIES 2022-23

Dr (Mrs) K. Kharshiing Programme Officer, YRC Lady Keane College

1. In celebrating the 75th year of India's Independence

The Youth Red Cross, Lady Keane College organised an inter-class photography contest on the 15th of August 2022. The objective of organising this particular activity was to help stimulate the creativity and expression of the students. The theme of the competition was "Nation First, always First" which marked

the importance of patriotism in the hearts of Indians, to promote our country on a global platform. Three outstanding photographs were selected by two competent judges. The winner of the photography competition was Miss Affy Verity Lyngdoh, with Miss Sanghamitra Kashyap as the second prize winner and Miss Tanushree Chakroborty as the third prize winner. All the winners were awarded cash prizes and certificates.

2. Oath taking Ceremony

The Oath-taking ceremony for the academic year 2022 was conducted by the programme officers Dr (Mrs) K. Kharshiing and Mrs K. Dkhar on 22nd September 2022, where the new recruits pledged their voluntarily help for the welfare of citizens, who are in need, especially the youth. After taking the pledge, the new members were formally

presented with the Red Cross scarf by the Principal, Vice Principal of Higher Secondary Section and senior teachers of the college. A total of 34 students were inducted to become full-fledged members of the YRC Lady Keane College unit.

3. First-Aid and Disaster Management Training

A First-Aid and Disaster Management Training was conducted on 31st October & 1st of November 2022. The training was given by trainers from the Indian Red Cross Society, Meghalaya State branch. A total of 47 students, which included volunteers from the YRC, NCC, NSS and Rangers participated in the training programme. The objectives of organising the training was to get the youth to become aware on the knowledge of basic first aid, so as to increase the number of youth as ready bystanders, and cultivating a positive attitude towards helping people in need. Subsequently, a good number of youth need also to get first-hand knowledge on disaster preparedness and recovery efforts, which does not only increase youths' awareness of particular hazards, but can also enhance the chance that they openly discuss how to adequately protect their families and loved ones and to understand how to seek help should their community be affected.

4. Participation in the International Youth Day 2022

The Student's Cell of Lady Keane College on the 12th of August 2022, organised a day long programme to celebrate the International Youth Day, to sensitize students on the sustainable development of a country and society and to empower the youth to play an active role in their own future. In order to show support and express their solidarity towards this day and cause the YRC students took part by showcasing their dance skills along with placards through a flash mob, which has indeed been established that music has the power to bring people closer together.

5. Participation in the Red Ribbon Youth Carnival

Three YRC members participated in the Painting Competition organised by the Meghalaya AIDS Control Society as part of the Red Ribbon Youth Carnival in the month of December 2022 at U So So Tham Auditorium. Aidakamon Kharwanlang of Lady Keane College, a YRC volunteer bagged the 3rd Prize in the Painting Competition.

6. Participation in the annual Day Celebration 2022

The annual Day of Indian Red Cross Society, Meghalaya State Branch for the year 2022 was celebrated with various inter-institutions competitions viz., art, singing, dancing, ethnic wear, drama and extempore speech. Such activities enhance the overall personality and

confidence of the students. 10 YRC students and 2 programme officers took part in the various competitions. The YRC, Lady Keane College members bagged prizes in various events. Ms Aidakamon Kharwanlang and Ms. Mitinam Ratan got the first prize and second prize in the Art Competition respectively. Mebarisha Khongwir and Anjali Thapa ties and both won the second prize in solo dance category. Programme officer of the Youth Redcross, Dr. K. Kharshiing took the first prize in the extempore speech competition among the programme Officers.

7. Participation in the World Red Cross Day

Four student members and a programme officer of the YRC from the college participated at the annual celebration of the World Red Cross Day held on 8th May 2023 hosted by the Governor of Meghalaya at Raj Bhavan.

8. Participation in the Fund-Raising Event 2023

The Extension Services Cell of the college organised a fund-raising programme on 17th June 2023 in aid of an Orphanage/ Old Age Home located at Kynshi Village, West Khasi Hills District, Meghalaya. A dance-off competition was also organised during the event. The Aurora group representing the Youth Red Cross were the winners. The YRC dance crew received a running trophy along with cash prize.

Report on the National Trip to Rajasthan

Department of Tourism & Travel Management, Lady Keane College

As per the course curriculum of the BTM, the students of 4th semester have to undertake a field trip to famous tourist locations in the country based on certain themes like Natural Attractions, Cultural Tourism, Adventure Tourism, Heritage Tourism, Tourism Logistics, Sustainability and others. The National field trip is an important part of the curriculum structure of the course and it is mandatory that every student of the semester participate. The national trip is designed to be conducted at the end of the 3rd Semester, so that students get to prepare for the paper BTM 414: Field Trip Report which is evaluated at the end semester examination of 4th Semester.

This year, the Semester IV students (2023) of the Department of Tourism and Travel Management, had to undertake a national trip to famous places of tourism importance and the destination that was unanimously chosen was Rajasthan, and the purpose for the study trip was culture and heritage tourism. The students are to prepare the Field

Trip Report (BTM-414) that will be evaluated at the end of the Semester IV.

The students of the BTM 3rd Semester have prepared itineraries for the National Trip and the best itinerary was selected. Rajasthan being a famous destination for culture and heritage will be the best place for the students to gather knowledge on the cultural heritage of the state which dates back to nearly 5000 years. Students will also study on different aspects of culture like food and cuisines, rural tourism, environment and nature, historical sites and architectures, economics and its dynamics.

The aims and objectives which the 3rd Semester students of the Department of Tourism and Travel Management are required to achieve from this national cultural and heritage tour to Rajasthan were:

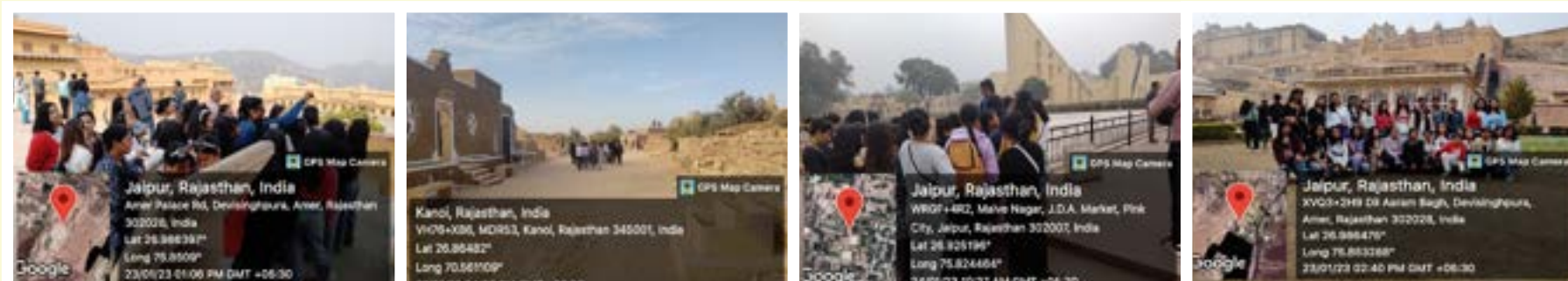
- i) To observe the pristine and natural surroundings of Rajasthan.
- ii) To study about cultural heritage and historical sites of Rajasthan.

- iii) To know about the employment opportunities in the different tourism related organisations in Rajasthan.
- iv) To study the employment generation of tourism in Rajasthan.
- v) To find out the impact of tourism activities on the different culture-heritage tourism destinations in Rajasthan.
- vi) To prepare the Field trip report for Semester IV.

OVERVIEW OF THE TRIP

The National Trip to Rajasthan was a 10 days event, and started on 20th January





2023 and the group returned on 30th January 2023. The trip involved a lot of travelling since the group traveled by train, but coverage on tourism important places were also done. The group visited the famous Amer Fort, Albert Hall Museum, Cottage and pottery industries, Jantar Mantar, lake palace and others in Jaipur. Trips to Jaisalmer and Ajmer were also taken where students experience Desert safaris and desert camping. The most notable experience that was gathered during the trip on Culture and Heritage was the one at Chokhi Dhani which is a complete representation of the culture and heritage of Rajasthan.

Chokhi Dhani is a place that one can explore and experience the nuances of the heritage of Royal Rajasthan with hut shaped infrastructures, mud wall, lamps, lanterns, live music, dances, puppetry folklore, magic shows, games and Rajasthani delicacies.

Students explored all the important aspects

of tourism in the state, covering heritage and monuments, culture that include dances, puppetry, cuisines and others and other activities related to the trip.

LEARNING OUTCOME

Based on the proposed aims and objectives of the culture and heritage tour to Rajasthan, the following are the expected outcomes from the students who undertook this trip:

- i) The students learned about the geographical knowledge of natural areas in Rajasthan.
- ii) The students received a detailed explanation on how the environment and the heritage sites are conserved in the different tourism destinations in Rajasthan
- iii) The students were able to interact with local authorities of the tourism destinations in Rajasthan and acquired knowledge from the interaction.

- iv) The students were able to learn about the employment opportunities given to the local people in the different tourism destinations in Rajasthan.
- v) The students got exposure to the different cultural attributes of Rajasthan
- vi) The students learned about the impact of tourism activities on the different tourism destinations in Rajasthan (both positive and negative).
- vii) The students have taken examples of positive and responsible tourism regulations and activities on the different tourism destinations in Rajasthan and are in the capacity to apply the same for developing tourism practices in their home states.
- viii) The students provided suggestions for removing the negative impacts of tourism activities on the different tourism destinations in Rajasthan.

Activities of **THE WOMEN CELL** (2022-2023)

Dr A M Shangpliang, Coordinator, Women Cell

The Women Cell of Lady Keane College (LKC) has been working for the well being of the students and staff of the college through various programs and activities keeping in mind the needs and requirements of the hour from time to time at par with academic and health issues as well as concerns about their careers and profession. On behalf of the Women Cell, I must mention our gratitude to the management of the college for supporting the Cell in all its activities, both moral support and financial assistance, which has allowed the Women cell to complete all its proposed programmes with success in the academic year 2022-2023.

The Women Cell started the year 2022 with a new ray of hope after having evolved from the Covid-pandemic situation of Lockdown and Online classes. By March 2022 things were gradually getting back to normal with Blended mode of Teaching (both online and offline classes) having started, yet the students attendance was low. It was under such circumstances that the Women Cell as customary



decided to celebrate **International Women's day on 8th March 2022** by organising a Webinar for the students. The programme was made Online to cater to all students including those who were yet to join regular classes in the college. **The Webinar was through the platform of Cisco Webex on the theme, "WOW - Women of Worth"**. This was designed to help students to understand one's own value and worth as a person. The resource person was Mrs Evarihun Warjri, Director of Hundredfold Academy with a work experience on Counselling for 14 years. The virtual counselling programme had a good response and interaction.

A very unique and interesting vocational skill development program was organised for students of 6th Semester students, both Arts and Science on **26th April 2022 through a session on Tea Tasting Appreciation**. The programme was organised to instil encouragement and inspiration on new career options in unconventional jobs. The resource person was **Ms. Suzana Syiem**, an ex-student of Lady Keane

College of 2005 batch and now a **Tea Connoisseur currently working as a Tata Consultant in Tata Consultancy Service (TCS), Bangalore**. There was a live demonstration of brewing of different types of tea from Puerh Tea, Oolong tea to Blue and white tea etc. Each had a distinct flavour and taste. More significant in the lecture was the know-how on Health benefits of Tea drinking. There were interesting queries from among the faculty members and students showed keen interest and interaction on the possibilities of Tea Tasting as a career options and how to go about it.

On **5th September 2022 as part of the commemoration of Teacher's Day** and the birth anniversary of Dr. S. Radhakrishna, Second President of India and a popular educationist, the Women Cell, LKC in collaboration with Lions Club Shillong Divas organised a One-day workshop for Lady Teachers of the college of both Degree and Higher Secondary section. The theme was **"Women Teachers Leading Changes- Re-imagining the future"**. The resource

persons were **Dr Beryl Buam, President, MCTA** and **Mrs Evarihun Warjri, Director, Hundredfold Academy**. The workshop started at 10am and went on till 3pm in the college auditorium. Certificates were distributed to all participants numbering fifty, both Degree and Higher Secondary Teachers.

This year the celebration of **International Women's Day 2023** was celebrated on 10th March 2023 on the theme, **"Embrace Equity"**. There were three collaborators on this, shared by the Women Cell, LKC, the Lions Club Shillong Divas and the Literary Club. There were a varied range of programs held on this day such as the **Literary fest** involving Book cover competition, open mike, sale of work displaying artistic crafts and sale of products, food etc. There was also a talk on **Sensitisation of Women's health and hygiene** which involved



distribution of free sanitary pads to students. The attraction of the programme was the **"Walk of Confidence"** which showcased fashion show by the Fashion Design Certificate Course Class. Another highlight of this day was welcoming the new Medical Doctor of the Medical Care Unit of LKC as a member of the Women Cell, Dr Joy Lyngwa. She spoke at length about different challenges faced by youth which could pose hazardous to mental and physical health. She invited students to approach her and her team for assistance on any issues.

The Women Cell has a number of programmes up its sleeves for the current academic year which are all student oriented. One of the first goal in reaching out to students and assist them in their health issues is the **Free Eye Screening Camp** slated for the month of July-August 2023. The Women Cell believes that many students have developed eye problem due to long duration of screen time on their phones or computers either for study, gaming or social media. Therefore such medical camps will enable students to get free eye care service in the campus in screening and check their eye sights with professional medical assistance. The Cell is also looking into equipping students in vocational skills as part time jobs and thus make them self-sufficient, self-reliant and independent. To sensitise students on legal rights in case of indecent/sexual abuse, the Women Cell is planning to organise **Legal Counselling on Molestation & Sexual violence**

during the month of November for students. This will go a long way in knowing their legal rights and how to address such cases.

We sincerely hope that our small initiatives and endeavours will be beneficial to our students in the long run. We vision that our students will emerge as confident and knowledgeable young women who can take the world under any circumstances. We pray and wish that all our programmes will be met





A Skit on Population Explosion

Margret L. Khongsai, Larisuk, Alva, Agreesha, Princy, Iba-Phindalin, Papori, Anjali, Nasim, Mahima, Mayborine, BA Semester V, Education Honours

First of all, greetings to everyone, our respected Ma'am (K.D), and to all our friends who are present here. We thank everyone who took the time to be present here with us for the skit which will be presented by our Fifth Semester, Education Department.

The skit we will be presenting is about '*Population Explosion*'; or in other words, '*Overpopulation*', and here we will be depicting how human lives have been affected by overpopulation and also what are the causes of overpopulation and its remedial. So once again, I would like to ask for everyone's attention for our short skit. Without further ado, let us begin.

Narrator (Anjali): Over the years, the population of India has grown a lot, which leads to population explosion. Population education is the latest arrival in the educational scenario of the world. The study of population is more urgent and important than any other matter because population explosion has become almost a global problem. It is a situation where the economy is not capable of coping with the increasing demands of its population.

Many problems have emerged in the economic and social aspects due to the growth of population. Population explosion has adversely affected the quality of life and gives birth to a lot of other problems.

Now, let us see and learn about some of the effects of Population Explosion.

Scarcity of Water/Shortage of Water

Narrator: As we all know, water is the basic necessity of every human beings. But, water scarcity is a major issue that is rising very rapidly in modern-day India. The problem has become so severe that in many states the ground-water has dried up and many people have to depend on water supply from other sources. In addition, water is one the most misused resource that we still waste. In the past, people understood the value of water and



planned their lives around it. Moreover, many civilizations bloomed and were lost on account of water. Water scarcity is the cause of mismanagement and excess population growth.



(A scene is acted out showing problems surrounding the scarcity of water; played by Alva, Margret, Larisuk, Agreesha, Iba-Phindalin, Papori, Nasim, Mahima, Mayborine, Princy.)

Scarcity of Food / Shortage of Food

Narrator: Food is also a huge part of our life. Agriculture is the most important sector for many developing countries, such as India. The people can somehow provide themselves because of India's population are farmers. However, an increase in population leads to dismal harvests in a country and hence leads to unbalanced food distribution. Our country India, in fact, also suffers from shortage of food. Since the people do not have enough food to eat, they



become malnourished and are affected by several diseases. As a result, many of them tend to leave their home-towns. The problem caused by population is gradually increasing affecting the agricultural sector of the country and thereby affecting the National Economy.



(A scene is acted out showing problems surrounding the scarcity of food; played by Margret, Larisuk, Alva, Agreesha, Iba-Phindalin, Papori, Nasim, Mahima, Mayborine, Princy.)

Deforestation:

Narrator: When we use the term 'overpopulation', we specifically mean a situation in which the earth cannot regenerate the resources used by the world's population each year. It is only logical that an increase in the world's population will cause an additional strain on resources. An increase in population means an increase in demand for food, water, housing, energy, healthcare, transportation and many more. An increase in population will inevitably create pressures leading to deforestation, decrease in biodiversity, spikes in pollution and emission which will exacerbate climate change. Ultimately, until and unless we take actions to help minimize further population growth, many scientists believe that additional stress on the planet will lead to ecological disruption that will threaten the viability of life on earth.



(A scene is acted out showing problems surrounding deforestation; played by Margret, Larisuk, Alva, Agreesha, Iba-Phindalin, Papori, Nasim, Mahima,. Mayborine, Princy.)

Lack of Literacy / Education:

Narrator: Literacy enriches an individual's life and it creates opportunities for people to develop skills that will help them provide for themselves and their families. But, due to overpopulation, when people undergo economic hardships education becomes secondary. Illiteracy has been the major drive of overpopulation in India. Poor families tend to overlook education as a key to improve the living standards and instead they believe that the larger the members of the family, the greater are their chances to earn a livelihood.

We find that poor people, because of their beliefs and poor economic conditions cannot send their children to schools or institutions for education. All these factors lead to an increase in unemployment in India.



[A scene is acted out showing problems surrounding illiteracy; Here, a survey group (played by Iba-Phindalin and Agreesha) visits a family of 8 members in a small village (Mother and Father played by Nasim and Mayborine; children played by Margret, Larisuk, Alva, Papori, Mahima,. and Princy.) They ask several questions like- How many members are there in the family?, How many Children are there?, How many of them are going to school?. What are the parents' occupations and how much is the family income?, They also made them aware about how family planning is important.]

Conclusion:

Narrator: Through this act we find that family planning is very important for the people, especially the people living in the rural areas as they are unaware of the effects caused by overpopulation. It is important for them to know about family planning to have a small family instead of a large one. They should take into account their family's economic condition so that they can send each and every children to schools for education.

Because of all these, survey is very important as it helps the people who are unaware of the importance of family planning, which will help us control population explosion.

With this, we have come to the end of our short skit.

Thank You.

Students' Council Members Speak



Naki Larisa Nongkhlaw,
General Secretary

A year ago, a teacher came up to me and said “I hope you’ll be the next GS”. At that very moment I decided to pray for it and work for it till I get it. And when I got it, I worked harder and better. And now looking back, it fills me with so much joy to see the work that I have done. I knew what I did, I know I did best and I am proud of everything I have done. And if I am given a chance, I’d do it all over again.

The Students’ Council - Been a member for two sessions, Assistant Arts & Culture Secretary (2021-22) and General Secretary (2022-23). It was the most wonderful part of my journey in the College. It was the phase that I got a chance to shape my communication skills. I definitely developed my social skills as well and

for the most part, it was a phase where I learned how to keep up with my responsibilities, to continue to be humble despite the position and to stay calm in the chaos. I cannot say it was easy but it was the obstacles, the tasks, that I believe were the greatest tools that helped shaped my personality. I also cherish the art of teamwork that we as members got to learn, not just with each other but with our respected teachers and authorities as well. The amazing time that we spent when working to organize various events also helped us learn a lot about each other’s strength and weaknesses. I believe being part of the Students’ Council has shaped us in many incredible ways and it will surely help us in the future. Couldn’t be more grateful to all that came along the way while being part of the Council.



Tejaswini Vashistha
Quiz & Debate Secretary

Being a part of the Students’ Council as the Quiz & Debate Secretary was an incredible journey that I will always cherish. It was an honour to represent the students’ body and make a difference in our college community. The position came with many perks, such as the opportunity to organize exciting events, meet new people and build important relationships within the college. However, it was the responsibilities that came with the role that truly shaped me as a person. I learned the importance of being organized, efficient and proactive in my

work. I developed leadership skills that have been invaluable in both my personal and professional life. Being a part of the Students’ Council taught me the value of collaboration, communication, teamwork and it gave me a sense of purpose that I will carry with me for the rest of my life. I am grateful for the opportunity to have been a part of the Students’ Council and I will always look back on my time as the Quiz & Debate Secretary with fondness and gratitude.



Erika Syiem

Discipline & Cleanliness Secretary

As a student of Lady Keane College, I would like to recall my experience in the college. Lady Keane is a great facilitator in the academic field, where I learned so many things that helped me grow and be confident. Being part of the Students' Council, right from the third semester to the sixth semester, was indeed an up and down journey, but I really learned and experienced a lot of things, such as dealing with

people, with patience, in different ways, handling things maturely and so on. The teachers had really been our guardians and we also have been cooperative enough to work together without chaos. In ending my brief experience, I would like to conclude that Lady Keane is always going to be my second home and I would like to state that the council members whom I worked with are amazing people.



Simran Barbhuiya

Students' Cell Secretary

Being a part of the Students' Council was a truly wonderful journey for me. As the Students' Cell Secretary, I was responsible for representing the needs of the students and ensuring that their voices were heard. The position came with its perks, such as being able to organize events and interacting with important individuals within the college. However, it

was more than just the perks that made this experience so valuable to me. It was the responsibility that came with the position that truly shaped me into a more responsible person as a whole. Overall, my time in the Students' Council was an incredibly rewarding experience that I will always cherish.



YUVA Tourism Club Lady Keane College

Wanpynsuk Makri, Department of Tourism & Travel Management



In view of the demographic dividend that India has, it is essential to educate and elevate the young minds towards India's natural and cultural heritage through tourism. The large youth population offers both a workforce as well as market. These young people are driving a culture of innovation, entrepreneurship and diversity. Therefore, the Ministry of Tourism intends to celebrate the year 2022 at India@75 by launching a campaign focused towards "YUVA Tourism". In this respect, one of the initiatives would be to develop Tourism Clubs. These Clubs would target different categories from schools, colleges and working age groups.

The major objectives of the propose tourism club mission are:

- To educate youth about diverse cultures and geographies of the country

- To appreciate the importance of travel and tourism in education
- To create awareness about tourism opportunities at an early stage
- To teach and propagate responsible tourism practices
- To train students as skilled tourist guides and volunteers in the hospitality sector
- To facilitate better coordination for study tours and student exchange programmes

Following are the proposed activities by Tourism Club of the College in line with the 'Yuva Tourism Clubs', Government of India: -

- To organize Competitions: Essay writing, Logo Designing, My Shot, Quiz, Painting, Poster Designing
- Inclusion of Travel and Tourism in Curriculum
- Organize sustainable and responsible

tours in line with the SDG Agenda:

Minimum impact to natural areas that conserves environment, travelers gets a chance to interact with local people and to understand their culture and tradition

- Travel to locations in off-peak period which would help boost local tourism economy
- Various tournaments can be combined with tourism wherein Students can engage in tourism activities at locations
- Discovery of lesser-known destinations with information on possible travel itineraries, nearby destinations, tourism potential
- Feedback on social Media platforms thereby marketing the Indian Destinations

The YUVA Tourism Club of Lady Keane College was Inaugurated on 28th May, 2022, in the

presence of the Dr. D K B Mukhim, Principal of the College, Mr. Wanpynsuk Makri, Faculty Coordinator, Miss. Montimon Diengdoh, Head of the Department of Tourism and Travel Management, Mr. Londoner Murphy Sohtun (Assistant Professor) Department of Tourism and Travel Management, and Miss. Hakamelamphylla Mawroh (Assistant Professor) Department of Tourism and Travel Management.

The Inauguration programme was compeered by a student member Miss. Debjani Roy from the Department of History, 2nd Semester followed by speeches from Student Coordinator-Yuva Tourism Club, Miss. Philawanbet Rymbai from the Department of Tourism and Travel Management, 4th Semester and Assistant Student Coordinator-Yuva Tourism Club, Miss. Diya Narzari, from the Department of Sociology, 4th Semester.



Activities:

Inaugural Programme:

Quiz Competition: A Quiz Competition was organised by India tourism, Shillong, Ministry of Tourism Government of India in association with YUVA Tourism Club, Lady Keane College, Shillong at college Auditorium, on 5th August, 2022.



Heritage Walk: An Heritage Walk was organised by India tourism, Shillong, Ministry of Tourism Government of India in association with YUVA Tourism Club, Lady Keane College, Shillong at All Saints Cathedral Church, Shillong on 30th September 2022

The Heritage walk was guided by Ms. Parijat Baruah Tourist Information officer, India tourism, Shillong, in the presence of Rev. Himanshu Christian of the Church, Faculty coordinator Mr. Wanpynsuk Makri along with 23 students member of the Yuva Tourism Club Lady Keane College.



Lakadong Turmeric

Meghalaya's magic spice

Tejaswini Vashistha 6th Semester, Botany Honours (2023 Batch)



Extraction and Separation of Turmeric by 6th Semester

Botany Honours students: Daroilin Nongkynrih, Batlariti Kurbah, Ibanrikordor Syiemlieh, Tejaswini Vashistha, Mgrigakshi, Sonowal, and Fabyleen Nongpiur

Turmeric, a vibrant golden spice, has been celebrated for centuries not only for its culinary uses but also for its potential health benefits. Turmeric is commonly called “haldi,” in North India, a word derived from the Sanskrit word *haridra*, and in the south it is called “manjal,” a word that is frequently used in ancient Tamil literature. Turmeric is a plant that has a very long history of medicinal use, dating back nearly 4000 years. In Southeast Asia, turmeric is used not only as a principal spice but also as a component in religious ceremonies. Because of its brilliant yellow color, turmeric is also known as “Indian saffron.” Modern medicine has begun to recognize its importance, as indicated by the over 3000 publications dealing with turmeric that came out within the last 25 years. India produces nearly all of the world’s turmeric crop and consumes 80% of it. With its inherent qualities and high content of the important bioactive compound curcumin, Indian turmeric is considered to be the best

in the world. Erode, a city in the South Indian state of Tamil Nadu, is the world’s largest producer and the most important trading center for turmeric. It is also known as “Yellow City” or “Turmeric City,”

At the heart of this miraculous spice lies curcumin, a bioactive compound found in the roots of *Curcuma longa* L. The numerous reported health benefits of Curcumin, also known as diferuloylmethane, which is a highly pleiotropic molecule, exhibit antibacterial, antifungal, anti inflammatory, antioxidant, wound

healing, anti microbial activities, hyperlipidemia (cholesterol in blood) and also used as a contraceptive drug. In addition, research studies have shown some possible benefits of turmeric for Inflammation, Degenerative eye condition, Arthritis, muscle sore after exercise and kidney health (John Hopkins medicine). The skin enhancing properties of turmeric is well documented. Traditionally, turmeric paste is applied to the skin of the bride



and groom before marriage in some parts of India, Bangladesh, and Pakistan, where it is believed to make the skin glow and keep harmful bacteria away from the body.

Recent research papers have corroborated its traditional importance; it helps to manage several skin issues like signs of aging¹, pigmentation, acne², lightening of the skin³ and hyperpigmentation, reduces black circles and puffiness⁴. Besides its medicinal uses, turmeric is also used as a flavouring agent, dye, and a food colouring agent. However, despite proven efficacy against numerous experimental models, poor bioavailability due to poor absorption, rapid metabolism, and rapid systemic elimination have been shown to limit the therapeutic efficacy of curcumin. In recent years, the extraction of curcumin from turmeric has gained significant attention due to its numerous applications in pharmaceutical, food and cosmetic industries. Among the different varieties of turmeric, Lakadong variety (*Curcuma longa* L.) is found to have the highest curcumin content, 3 times more than other varieties grown worldwide. Lakadong variety of turmeric is reportedly found only in Lakadong village,



Figure 1: Powdered turmeric

Steps of the Extraction and Separation process:

1. Extraction of Curcumin:



Figure 2: Extraction of Curcumin using the Soxhlet apparatus

2. Concentration of the sample



Figure 3: Concentration of Curcumin



Figure 4: Extracted pure curcumin



Figure 5: The team (Daroilin Nongkynrih, Batlariti Kurbah, Ibanrikordor Syiemlieh, Tejaswini Vashistha, Mgrigakshi, Sonowal, and Fabyleen Nongpiur) with the Prize

3. Separation:



Figure 6: Preparing TLC plates



Figure 7: Separation of the three curcuminoids by TLC (Thin layer Chromatography); namely Curcumin, Demethoxycurcumin(DMC) and Bidemethoxycurcumin (BDMC)

Acknowledgement

We would like to express our heartfelt gratitude to The Principal of our College, Dr D.K.B Mukhim; for having funded this project (Separation and Extraction of Curcumin) thus enabling us to work on this magnificent herb, to Dr G.Syngai (Head of Biochemistry Department), Dr D. Nongbri (Biochemistry Department) for sparing his precious time in teaching us the separation technique (TLC) and to Sir, K.H.M.Pala who had guided us through the successful completion of this project.

References:

1. <https://pubmed.ncbi.nlm.nih.gov/20388102/>
2. <https://www.semanticscholar.org/paper/Anti-Acne-inducing-Bacteris-and-Free-Radical-of-Nurficahyanti-Charoenwiwattanakij/e187f292675991f76ad34b1aa18f2e2323e78341#paper-header>
3. <https://pubmed.ncbi.nlm.nih.gov/28190468>
4. <https://pubmed.ncbi.nlm.nih.gov/pmc/articles/PMC5816303/>
5. <https://www.hopkinsmedicine.org/health/wellness-and-prevention/turmeric-benefits>
6. <https://www.ncbi.nlm.nih.gov/books/NBK92752/>

THE RANGERS OF LADY KEANE COLLEGE 2023

Mrs P. Nongkhlaw Ranger Leader

At the Investiture Ceremony of the Rangers (a senior section of girl guiding) on the 30th April, 2023, a number of thirty four upbeat and jubilant aspirants, made the Guide Promise in front of the rest of the troop comprising the Principal of the College Dr D. K. B. Mukhim who is also the Official Captain of the Rangers Team. Besides him, were the State Secretary of Meghalaya Bharat Scouts & Guides, Mr W. Lyngdoh, Ranger Leaders of the College and other dignitaries of the Bharat Scouts & Guides Headquarters, Meghalaya.

The Promise is a very difficult one to keep, but no girl is a Ranger unless she does her best to line up to this Promise. It is noteworthy to mention that immediately after the Ceremony; the new Rangers took two of the Guide Laws:

The Guide Promise
"On my honour, I promise
that I will do my best
To do my duty to God and
my country
To help other people and
To obey the Guide law"

"A Guide is a friend to animals and loves nature" and "A guide is thrifty" to heart. They reused and rehashed the water used for the Investiture Ceremony by watering the plants in the college campus without anyone asking them to do so.

The purpose of the Rangers family in the college is to contribute to the development of the young people, achieving their full physical, intellectual, social and spiritual potentials as individuals, as responsible citizens and as members of the local,

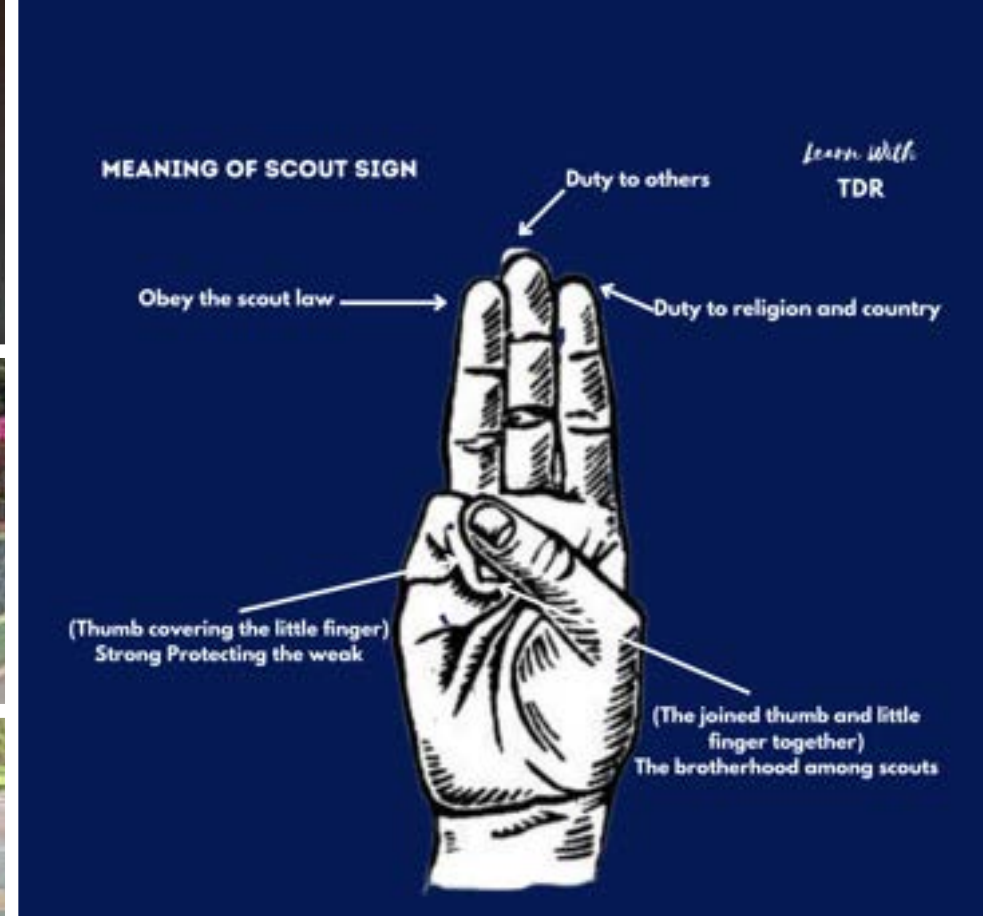
national and international committees. With this in mind, the Rangers took their motto "Service" to a whole new height when they participated in the Fund Raising Programme in aid of "Dream Home", an orphanage/old age home at Kynshi, West Khasi Hills.



This activity helped develop a Ranger strong in character, a sound body and mind with an attitude not only of helping others but loving and accepting each other, within the Ranger family.

There is also a need to mention that the Rangers gave their service to Meghalaya State Olympic Association to assist them in the 4th Edition, Shillong 10K Run 2023. The Rangers not only gave their “Services” willingly to the college, whenever needed, but two of the Rangers Nafisabet Nongkhlaw and Tamsir Kropi also won laurels when they participated in the Drawing Competition on “Solution to Plastic Pollution” which commemorated World Environment Day Celebration.

Thus working and participating in various programs together has brought the Rangers closer and united. I believe that each one will add value to the team and work diligently together towards a common vision, always.





Essay Competition on the theme “Evidence of the Resurrection of Jesus Christ”

organized by the IQAC in collaboration with Students' Cell, Lady Keane College on 6th April 2023

First Prize: Chinglunmawi, BA Fourth Semester

The Christian belief would be futile if the resurrection was not true. It is said that “the church didn’t create the resurrection, but the resurrection created the church”. Though in the past, especially in the 70’s, people who talked about the resurrection among skeptics and scholars were asked to keep it to themselves, that it was unreliable and that it should be preached among the confines of the church.

Things have changed since then; people now cannot deny the fact that Jesus has risen, whether skeptics or agnostics. There has been an argument and criteria where people who were asked to prove the reality of the resurrection were not allowed to take events from the Bible. But there are New Testament (NT) scholars, Christians, as well

as atheists alike, who stand upon found facts and history, making the historicity of Jesus’ resurrection undeniable.

Paul, who was a convert, had before persecuted the church and Christians. His conversion happened because he had encountered Jesus on his way to Damascus, with the aim of persecuting the Christians there. Paul, a renowned scholar among the Jews, is also the author of the New Testament chapters like Romans. New Testament (NT) scholars have said that his writings can be proved to be of a scholarly work. The Pauline letters could be termed as first grade scholarly work.

There have been many arguments against the resurrection of Christ; theories like the swoon fallacy and many others. It fails to give an unprejudiced view on the history of Christ. Some have made arguments that the people

to whom Jesus appeared as is accounted in the Bible, among 500 men, is now stated by some that people had experienced a mass hallucination. This cannot be true, as many people have claimed of seeing him, touching him. He had appeared to several at several different times.

In the Bible, it is written that Jesus had



appeared to the women first. During those days there was a rule in Jewish tradition that women were not to be believed because of their sex. So if the Bible and the events were fabricated, why did the writers not mention and kept men as first witnesses. It would have made the story a lot easier to be believed in.

The empty tomb is also an important factor that adds to the factual evidence of the resurrection of Christ. The news that the tomb was empty was not only confined to a few people



who were diligent of Christ, but to the masses and people of Jerusalem. People would have surely checked the tomb to prove if whether or not the tomb was empty. A scholar has said that the “empty tomb” would have not survived a day or an hour if the “empty tomb” was false. Jewish scholars of the time, who did not, who were not Christians, had written accounts of the death of Jesus, one of such was Josephus. Historians like Tacitus had written accounts on the events that followed Jesus’ death.

The evidence of the resurrection of Christ is where the Christian’s hope lies. It is the place where we stand, where we are, no matter the changing culture and perspectives around us. It has been proved in deep scholarly works, who have put their mind and concentration to come to the truth. There is one scholar, whose name I do not remember, had begun writing a book to prove that the tomb was not empty and that Jesus had not risen. But he came out in the end to prove and make a case for the truth of the resurrection of Christ.

The tomb where Jesus was laid was indeed empty; whether the argument is that the witnesses were not to be believed because they were women, which have already been talked about earlier or that claims like the

body of Jesus was hidden by the apostles, which has no evidence as such. But the fact of the empty tomb is in fact true. That the tomb really was empty, there has just been different explanations of how the tomb was empty but never deviated if whether or not the tomb was really empty.

It is an accepted fact by scholars of today, of the historicity of the resurrection of Jesus, whether they are Christian or not.

Second Prize: Phibaniaibet Marngar, BSc Fourth Semester

There are many people who do not believe that Jesus Christ died and rose back from the dead on the third day. Many people says that Jesus never actually died, or if he did his body was never buried, or his disciples lied about seeing him after he had been executed. However, there were many historical sources besides the Bible that proved his resurrection.

The Bible is the word of God, a handbook for Christians. Christians believe that the stories in the Bible happened in real life. For years it has been debated whether the Bible is a historical document or just a fairytale, but historians have proven that the Bible is in fact a proven historical document. Archaeologists discovered over 25,100 copies of the New Testament, way more copies than

any other religious document. These copies were proven to be authentic and reliable. All these copies were proven to be written around the same time in different languages indicating the Bible to be a credible source of information.

Taking the facts from the Bible itself, it says that Jesus died and resurrected back from the dead, but there were many speculations that Jesus never actually died. Many said that Jesus drifted off into a coma from the pain and woke up in a tomb later on. However, there were many testimonies of witnesses, not only from his followers but also among his enemies, the Romans and the Jews, that he was in fact actually dead. Before he was taken down from the cross, the Roman soldiers stuck a spear to his side and once the skin was pierced, a mixture of blood and water came out. Such a mixture indicates heart failure and that proves that Jesus was dead – completely apart from the fact of him being impaled. The Roman soldiers were trained killers and if they failed in their duties to execute someone, they would be held liable, most likely at the cost of their lives. This gave them incentive to complete the execution with precision.

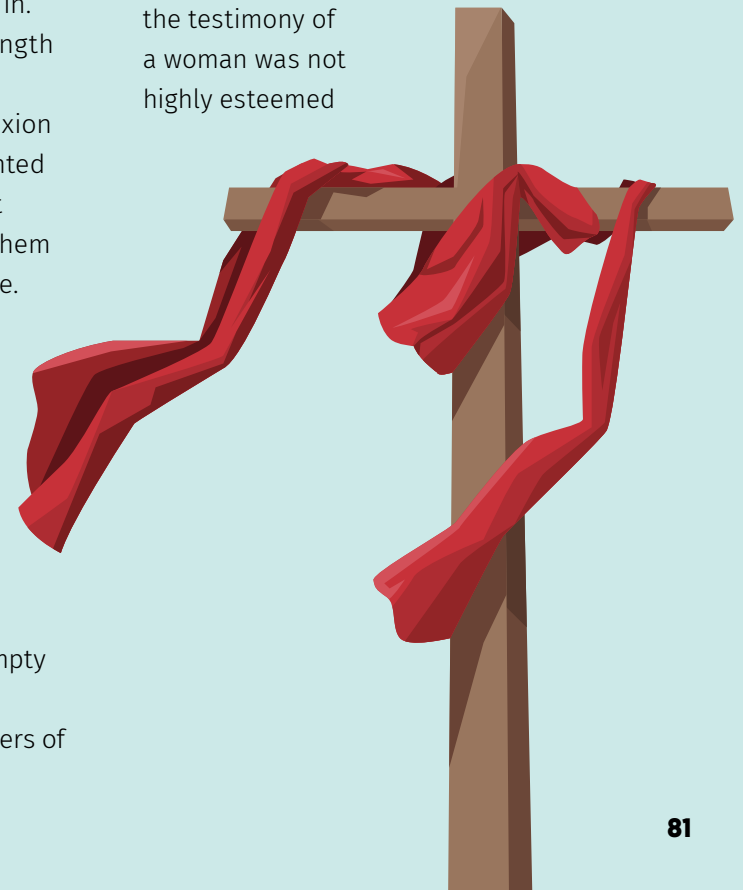
The empty tomb is one of the most puzzling parts to many and it raises questions, “Was Jesus’ body even buried in the tomb at all?” All accounts of Jesus’ burial were true. The

men who buried his body in the tomb, which was guarded by a group of Roman soldiers, were his followers and his own followers would not have buried him if they did not also believe beyond a shadow of doubt that he was dead. The tomb that Jesus was buried in was owned by a prominent Jewish leader. His burial plot was not secret or obscure. Had the disciples or his followers wanted to make up about an empty tomb, they would have chosen a more obscure location. After seven weeks of Jesus’ death, the disciples started preaching about his resurrection in Jerusalem, the very city he was crucified in. Had he been lying in the tomb for this length of time, would his features such as hair, teeth, stature or wounds from the crucifixion still be identifiable? Any skeptic who wanted to refute the claim of the apostles about Jesus’ resurrection could have silenced them by taking a short stroll to the burial place. Anyone in Jerusalem could have visited the tomb and verified about the empty tomb. Yet there were no claims from that time that the disciples were lying about the empty tomb. The Roman soldiers would also not have been bothered to guard a tomb that was not occupied.

A more convincing argument about the empty tomb was that the Romans and the high ranking Jewish officials accused his followers of

stealing the body. This accusation proved that they were in agreement about the fact that at some point the body occupied the tomb and later was not. If Jesus’ body never reached the tomb, they could have just pointed it out or if the body never left the tomb, they could have just stated the fact that the tomb they were guarding was left undisturbed, rather than dispute with the empty tomb, they accused others of stealing the body.

The Bible stated that the first people to witness Jesus’ resurrection were women. In Jewish culture, the testimony of a woman was not highly esteemed

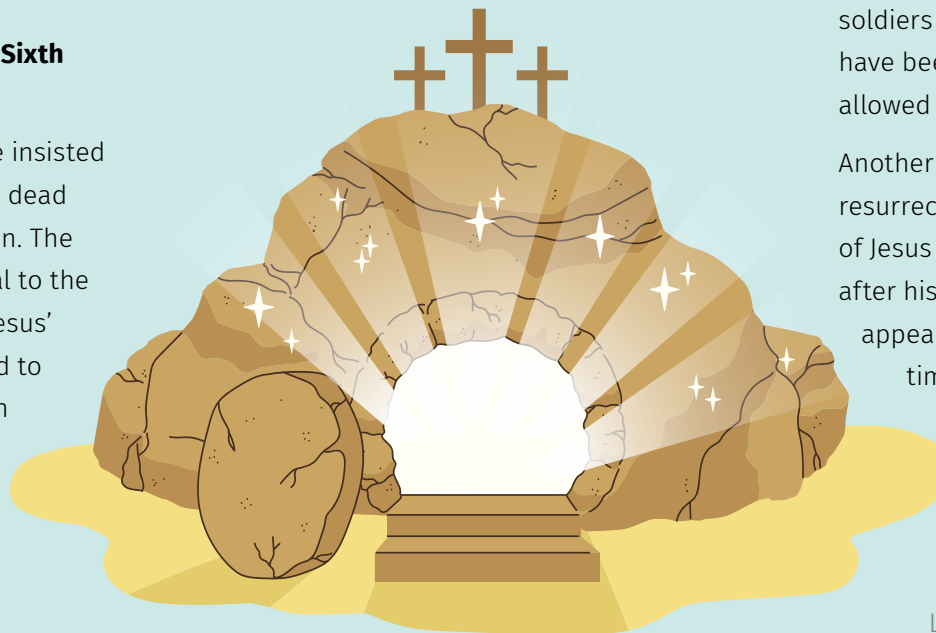


given the low status of women during the first century. If the disciples wanted to present a believable and more convincing argument, they would have claimed that a man, more likely a prominent man was the first to witness Jesus' resurrection. However, those claiming Jesus rising from the dead appeal to a witness that are unlikely to be believed, was because they were actually the witnesses. After Jesus appeared before the women, he also appeared to many of his followers. His followers claimed that they did not see him only once or for a short time but he appeared to them for a repeated several weeks. They claimed to not only had visions of him but they touched him, talked to him and ate with him. The Bible said that his appearance was not limited to one or two individuals but a group of people of about five hundred at one time.

Third Prize: Simran Barbhuiya, BA Sixth Semester

For 2000 years, the Christians have insisted that Jesus rose physically from the dead on the third day after his crucifixion. The historicity of resurrection is central to the Christian theology because both Jesus' death and the resurrection are tied to our salvation. Other religions teach that we are saved on the basis of what good things we do, but Christianity teaches that we

are saved on the basis of what Jesus did for us. The Bible insists that as we were far away from God, ignoring him, forgetting him and rebelling against him, God drew near to us, to bear our sins, to take our punishment and to die for us on the cross. The resurrection of Jesus is the proof that Jesus is who he claimed to be and also God gives his assurance to the people that their sins have been forgiven. However, the resurrection of Jesus Christ is the subject of much debate and skepticism, as some of the skeptics are claiming that it is a myth or a legend. But there is ample amount of evidences from both Bible and historical sources which supports the reality of the resurrection.



One of the strongest pieces of evidence for the resurrection of Jesus Christ is his empty tomb. The gospel accounts describe that after the crucifixion, Jesus' body was placed in a tomb and the tomb was sealed with a large stone and also the tomb was guarded by Roman soldiers (Matthew 27:57-66). But on the third day after his crucifixion Jesus rose up from the dead. The tomb was empty and the big stone was rolled away (Matthew 28:1-10).

The empty tomb is a significant evidence as it suggests that the body of Jesus Christ was not moved or stolen by his disciples as some skeptics have suggested, because if the disciples would have stolen Jesus' body, the Roman authorities could disprove the claims of Jesus' resurrection. In addition, the soldiers who were guarding the tomb would have been severely punished if they had allowed the body to be stolen.

Another piece of evidence for the resurrection of Jesus Christ is the appearance of Jesus to his disciples and other witnesses after his death. According to the Bible, Jesus appeared before his disciples multiple times. He also appeared before others like Mary Magdalene (John 20: 11-20), and before the two disciples on their way to Emmaus (Luke 24: 13- 26), and before more than five

hundred people at one time (I Corinthians 15:6). The appearances of Jesus before all these people were not mere hallucination as some of the skeptics have suggested. Rather, the fact that Jesus appeared even before skeptics like Thomas (Luke 24: 44-46) proves that the resurrection of Jesus was a real event.

Furthermore, the transformation in the disciples after the resurrection of Jesus Christ also shows and supports the reality of the event. Before the resurrection, the disciples were afraid and scattered when Jesus got arrested (Matthew 26:56). But after the resurrection of Jesus Christ, the disciples proclaimed the gospel messages even at the face of persecution and martyrdom (Acts 4:10-22). The fact that these men were willing to die to save their belief in the resurrection shows that they were convinced of its reality, that Jesus was resurrected from the dead.

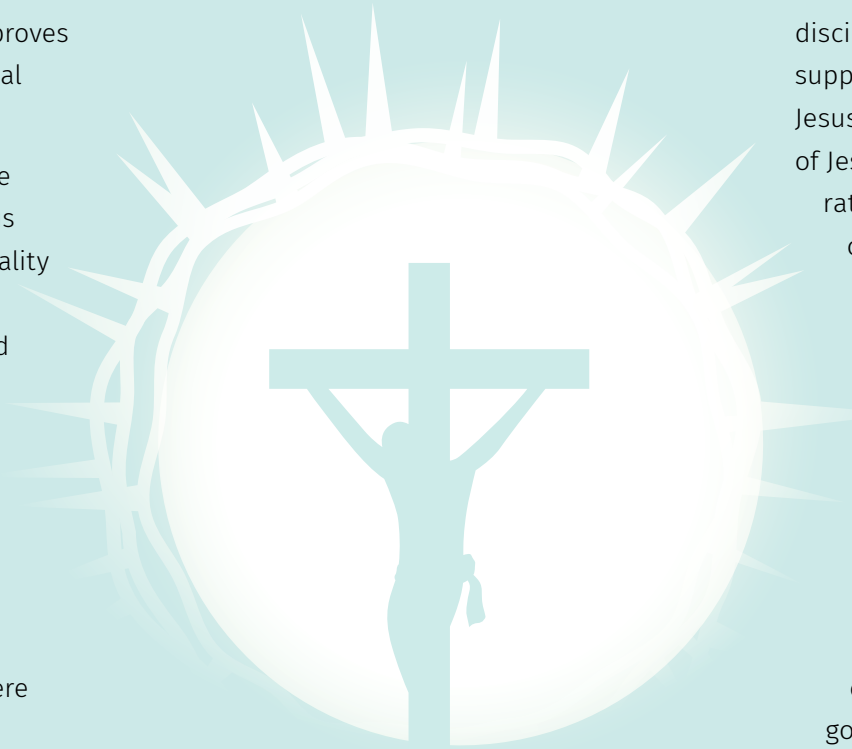
Finally, there are some evidences from the non-Christian sources which claims that Jesus Christ was resurrected from the dead. For example, the Jewish historian Josephus mentioned Jesus in his “Anthologies of the Jews” and he acknowledges Jesus as a wise teacher who performs miracles and who

was crucified by the Roman authorities. He also reports that the disciples of Jesus have claimed that Jesus appeared before them after his death. Similarly, the Roman historian

Tacitus mentions Jesus in his “Annals” and he notes that Jesus Christ was executed by Pontius Pilate. He also notes that the disciples of Jesus believe that Jesus was resurrected.

In conclusion, the evidences of the resurrection of Jesus Christ are quite compelling. The empty tomb, the appearance of Jesus before his disciples and other witnesses, the transformation of the disciples and all the non- Christian sources support the fact that the resurrection of Jesus Christ is a real event. The resurrection of Jesus is not merely a myth or a legend rather it is a historical truth that has changed the whole course of human history. It proves He was who he claimed to be, the Son of God and the savior of the whole world. He that believes in him will always have hope and understanding that death is not the end rather it is a transition to eternal life.

As Christians, we are called to live in the reality of the resurrection. We are called to follow Jesus and to share the good news of his resurrection to others. Therefore, let us all live in the reality of the resurrection, having faith in him that he has conquered life and death and through him we will have eternal life. Let us proclaim the good news to others who are willing to listen to God’s living word, so that they can also experience the love and hope that comes with knowing Jesus Christ.



RICH LOVE

Daiakyntiew Syiem Class XII Science

Why are you strong?
Why don't you rest if you are tired?
Why don't you complain?
Why are you giving so much?
Why don't you get angry or mad?
Why are you so patient?

My love for you child, is stronger
Than the word "love" itself.
My feelings for you cannot be easily shaken.
My dedication, my hard work is all just for
you child.
Why would I complain?



PURE JOY

Daiakyntiew Syiem Class XII Science

Beautiful young child,
Born in this world.
Growing up innocently,
Mind full of curiosity.

Learning how to walk,
Learning how to talk,
Face full of smile,
Smiles filled with joy

Pure innocent eyes,
Sparkling like stars.
Silly faces he makes,
Innocent in every way.

His cheerful laughter makes everyone happy,
His hungry cries make everyone panic,
His sleepy and drowsy eyes make everyone go quiet,
His simple life makes everyone envious.



SEARCH FOR LIGHT

Daiakyntiew Syiem Class XII Science

Finding my way in deep forest,
Thick trees surrounding me,
Following along a dark path,
Searching for way out.

The sun has set, the night is here,
Coldness creeps inside my bones.
Shivering like an abandoned dog,
Shaking while walking, in search for a way out.

Along the way I heard a river flow,
Following the sound near I came.

The river seem to have light,
Reflected from the moon so bright.

Standing beside the river, I feel calm,
As though someone is chasing the fear away.

The water reflect my bruised skin
But still the smile of hope ignites

Following the river,
I found my light, my way out.



A QUIET MOONLIT NIGHT.

*Nangsan K Swer, Assistant Professor,
Department of English*

I wonder,
How lonely it must be
To rise while the world sleeps
To seldom see the earth
As the sun does
Labouring on your quotidian toil
Longing, perhaps, for the footsteps
Of another dozen men
To keep you company
Maybe a woman this time,
To feel the other step
The other leap for mankind
And I wonder if you know,
That of all the fires
Burning in the night sky
Its your cratered light
That has my eye.



GREEN FIELDS

*Nangsan K Swer, Assistant
Professor, Department of English*

Green fields of gold
Laden with beauty
I watched as you swayed
Beneath the warm autumnal rays
Rooted
Yet wavering while I,
A blighted crop
Dying, sprouting,
Living



THE HORIZON

*Nangsan K Swer, Assistant Professor,
Department of English*

The horizon splits
Heaven and earth like wildfire
Scorching between the lines
Like the aches
Burning within
Stretching these blistered hands
Towards heaven



I WISH

Pinkymafy Lyngkhoi BA 2nd Semester, English Honours

I wish I could hug you "near you"	I wish I would never dream of you:
But I don't.	But it's always the same.
I wish I could weep in front "of you"	I wish I could sleep like nothing's on my mind and heart:
But I don't.	But it keeps haunting me.
I wish I could tell the whole story,	I wish every day, every night, every twenty four hours to be
But I've kept.	just better;
I wish I could never have acted "that stupid human being:	But it's useless.
But it's finished.	I wish every memory could be gone:
I wish I could be that person "that you were thinking"	But they won't.
But I've never been able to promise.	I wish you could say something:
I wish I would never have met,	But I know you wouldn't.
But it's too late.	I wish everything was just fine as before;
I wish you could never come back,	But it's not.
But that doesn't mean anything.	I wish I could not love you anymore,
I wish you would never have a "hard time"	But I'm struggling with everything about you.
But I knew you would.	I wish the best for me:
I wish I could have behaved,	But I don't know when it's gonna end.
But it's repeating.	I wish you were here:
I wish you would come back,	But you are no longer with me.
But I knew nothing.	I just wished I no longer felt this grief:
I wish I never meant to break;	Because I cannot bear no longer.
But it's a whole drama of mine:	

HEARTBREAK

*Pinkymafy Lyngkhoi
BA 2nd Semester, English Honours*

Felt like I'm down
Everything in me just torn apart.
Never really felt this grief upon me,
Like I'm always melancholy.
Maybe I'm not narrow minded:
Always taciturn.
Nobody can imagine how I'm feeling
This pain, this grieve, I'm going through;
Can't really be conscious.
My mind and me just empty
I knew nothing in my life
Just a large space in my soul;
That feels like a kind of heartbreak.



DAFFODILS

Eva Kuki BA Second Semester, English Honours

The incessant rain on that gloomy noon,
There you be standing – it was the month of June;
So clear and vivid, unearth the tranquility of my mind
Those colours that remind me of you everytime.

Finding oneself hardly breathing,
Uncertainty and confusion acted as my feelings,
Your presence in itself overwhelming, my senses shaken
I doubted the whole situation.

My solitude is my intoxication.
How similarly alike, as my own reflection
Wherefore, I believed this feeling would be gone
Who knew it just grew on.

When you walk by, I can't help but be anxious,
My heart overflowing with songs for you with delusional
assumptions,
Feels like you're mine but doesn't feel like I'm yours,
How I long – you would let me in your heart;
Through those armoured steel doors.

Reckoning as someone who's not fluent with words,
Thus this poem is for you,
Couldn't these – as on my dreams, be wishes come true!



OVERTHINKING

Pinkymafy Lyngkhai
BA 2nd Semester, English Honours

It seems hard
It's worthless I know,
Imagination in my mind.
Abandoned thoughts arise;
Seems very confused.
Absolutely lost in my own world;
Ascertain I want
Maybe it can clear and release,
To stop overthinking.

Maybe one day I will be cozy;
Suggest to suffice,
But skeptical I was.
I think and I think that;
It would casually stop at one time,
But it won't fade.
Only one thing I know,
I can never overcome
To stop overthinking.





A Report on One-day Regional Talk by the Department of M.I.L

Dr. Jean S. Dkhar HOD, Department of M.I.L.

The Department of M.I.L. had organized a **One- day Regional Talk** on the topic *“Importance of Language and Creative Writings”* on the 21st of March, 2023. Prof. Shailendra Kumar Singh, Head of the Department of Linguistics, North-Eastern Hill University, Shillong and Prof. Streamlet Dkhar of the Department of Khasi, North-Eastern Hill University, Shillong were the two resources persons invited. Teachers and students from various colleges

of Shillong were also invited to the programme.

The programme began with the registration of participants at 9.30 a.m. – 10.00 a.m.

The Inaugural function started at 10.10 a.m. by a Welcome Song sung by the students of the department of M.I.L. Thereafter, the Principal of our college Dr. D. K. B. Mukhim addressed the audience with a Welcome Speech. To felicitate the invited guests,

the Principal presented them with college mementos.

Since the event was also a **“World Poetry Day”**, Miss Sangita Gareri, a faculty member of the department of Hindi also took the opportunity to present her self-composed poem entitled *“Karo Apni Bhasha Par Pyar”* in Hindi and was met with a lot of praise.

Mr. Saint Quill N. Sangma, Assistant Professor, from the department of Garo

also gave his Keynote Address with a short introduction on the theme.

The Inaugural function ended with a Vote of Thanks by Dr. Ruma Moni Boruah, Assistant Professor, of the Department of Assamese.

The Technical session started at 10.45 a.m. The first speaker was Prof. Shailendra Kumar Singh who delivered his lecture on *“Language for Young Generation: Aspiration and Inspiration”* his delivery was incredibly informative. He shared his views on the importance of language and enlightened the listeners with the various facts about the origin and development of language. He highlighted on how to love one's own mother tongue by citing the best examples of Mahatma Gandhi and also

expressed about conserving our indigenous languages.

The next speaker Prof. Streamlet Dkhar delivered a lecture on the topic *“Creative Writings for Amateur Writers”* by a power point presentation. Her delivery was strongly informative and thought provoking. She shared her views on how to become a creative writer by using our imagination and various skills to pen down our thoughts through poetry, stories, novels, drama etc. on the process of writing, it was learned that emotion plays an important role in the entire process. Writings should create life and have a positive impact on the readers. She elaborately explained about the various forms of literature and

their respective techniques.

After this thought provoking presentation, the house was invited for an open discussion whereby teachers and students took active part by asking questions to which the speakers enlightened them and cleared their doubts.

Thereafter, the resource persons were requested to give away the certificate of participation to all the teachers and students in attendance.

The programme ended with Refreshments for the participants and lunch for the Resource persons.

All in all, the programme proved to be fruitful and successful too.





THERE IS AN END TO BITTERNESS

Obadiah Lamshwa Lamare, Assistant Professor, Department of Political Science

When bitter tears are no strangers and when sleepless nights haunt you till dawn, you tend to find your senses more awakened and alert to the sound of your heart; discovering it has cracks, that your heart lies shattered and broken. The ache and the loneliness that you now bear is unbearable and you remember days less hurtful and cruel. You lie there on the bed, most probably on a pillow soaked with tears, and you realise there is nothing left to do, and you lie there left all tired and torn.

The gentle rays of the morning that enter through the window screen seem grey, and while the world bursts with the sounds of birds singing morning praises, the world around you is marked with an alien silence and overbearing gloom. The sun is shining
Reproach hath broken my heart; and I am full of heaviness: and I looked for some to take pity, but there was none; and for comforters, but I found none.

Psalms 69:20

undisturbed by the grey masses of clouds, moving slowly across the blue expanse of the sunlit sky, but all the motions and lights around you seem dark, you are bereaved of light, and you find yourself only in darkness. It is in such moments that you find that your heart has the arcane ability to be secluded from all the bustling of life around; adamant to keep on beating even in its broken state, and much to your disappointment: such is the condition of your heart.

In such circumstances, no matter how

**Come unto me, all ye that
labour and are heavy laden,
and I will give you rest.**

Matthew 11:28

deep the valley you find yourself in, believe me you, there will always be an echoing whisper. Mind you, we're not talking about



a roaring thunder or a booming sound from above, we're talking about a soft whisper, that may not overshadow the noise inside of you, but that will stay its course, persistently trying to reach you in moments when hope seems gone. This echoing whisper may bring to memory a word of hope you've heard before but ignored, maybe because you found too many faults with the speaker; this echoing

whisper may bring to memory a Bible verse you may have read and heard, but may have been too offended by; regardless, the still small voice will keep echoing in midst of the heavy and dark commotion you find yourself in. (*1 Kings 19:12-13*)

The whisper echoes the truth, and this is the truth: the LORD Jesus Christ is willing and able to heal the broken heart you are left with and to mend what has been torn.

**The LORD is nigh unto them that are of
a broken heart; and saveth such as be
of a contrite spirit.**

Psalms 34:18

This is the truth that brings healing; this is the truth that delivers; this is the truth we all so desperately need, but at the same time this is the truth that is most rejected and deemed offensive, for the simple reason that the solution bears the name of the Saviour exclusively. (*Isaiah 43:11*)

Regardless of what the world feels and thinks, at such moments of darkness that you find yourself in, it is only beneficial for you to know about all that concerns you and your state, and keeping this in mind, the truth is to be shared with you, my friend and fellow traveller. The truth is that the LORD Jesus Christ counts your tears (*Psalms 56:8*); He is able to silence and douse all your fears (*II Timothy 1:7*); He waits for you and lovingly says, "Come!" JESUS can restore; He will make you whole; He waits for you and lovingly says, "Come!". Will you to Him come??



Eudemonia Week

'Eudemonia Week: Bring back the Energy', Lady Keane's College Week 2022, was organized after a two-year break due to the imposition of Lockdown during the Covid-19 pandemic. With the online sessions that went on for over a year, the offline classes were a drag to all the students.

The theme of the College Week was set in concern with the students' lack of interest in extracurricular activities. **The term 'Eudemonia'; 'happiness resulting from an active life',** was chosen to evoke the spirit of participation in every student.

Various types of activities and competitions, both indoor and outdoor, were organised to attract the interests of students. Over

the week that the activities were held, we witnessed a lively spirit in the college. The beautiful smiles that brightened every corner, the roar of laughter that lighted the campus and the enthusiasm that reflected, not only from the students but the teachers as well, were all like flowers springing and spreading positive energy all around. Every day, the colours of the various dress codes we had were as vibrant as the colours of a rainbow. The undiscovered talents of students, some of them overcoming their fears, while some enhancing them, brought more shine to the wonderful week.

The team work of the ones who worked to

make the week a success reflected in all the joyous eyes and the beautiful faces of every single individual present on campus. The efforts put in by each one cannot be contemplated enough, right from the preparation, participation, execution and evaluation; all these were structurally organized for the smooth flow of activities. The hectic schedule and excessive planning were all worth it when at the end of the week, all the incomplete sleep sessions, the tiresome days, the running and wavering, were weighed down by the lovely smiles and looks of joy seen on every individual's face. IT WAS TRULY AN AMAZING WEEK.



AGAINST THE ODDS

MY ACADEMIC JOURNEY

Khlur Mukhim, Ph.D

Someone had said: *Hardships often prepare ordinary people for an extraordinary destiny.* This is somewhat true in my case. I have gone through various academic hardships in life as briefly recounted here.

I was born and brought up in a remote village of Kharang that touches the river Umngot between East Khasi Hills and West Jaintia Hills, from where wild fishes were caught, brought to the village and roasted; wherefrom the village got its name, **kha-rang** meaning “fish roasted with traditional firewood”. At that time, Kharang had neither electricity nor road connectivity. My village was a three-hour trek to the nearest bus station and market.

The first three years of my academic journey began in a free private school, established and taught by a Gandhian disciple, late Annie Margaret Barr, MA (Cantab). Her School commenced early in the morning, before sunrise, and ended by 8am to enable the young village boys to get out of school to tend to their cattle/sheep in the open field or take care of their siblings at home. Our needs were minimal: we had erasable slates, no uniform, no shoes. Always barefooted, we attended school in our home clothes. Successively, I attended two more schools before appearing for the Middle English School Scholarship exam in Shillong. I cleared it, but success was accompanied by more hurdles and hardships to

overcome. I was a mere child when I left home to pursue further studies, since our village had only up to a Middle English School. Cooking my own meals since my high school days, initially a burdensome task but soon an integral part of my daily routine, has developed in me a great level of self-reliance and independence. After clearing the 1980 Matriculation exam from another village High School away from home, Pre-University and B.Sc (Pass) exams, from a city College as an ordinary student, came a formidable hurdle in my formal studies when I discernibly realized it was too difficult for our parents to support my higher education as three younger siblings were also studying in lower classes. Sadly, I had no option



but to leave College for hard daily labor, doing menial jobs in the city to earn my own livelihood. I recall certain holidays I spent walking for three hours to the weekly Smit market, carrying a heavy-laden bamboo **khoh** (cone basket) containing the family's agricultural produce. After the produce was sold I would then retrace the strenuous journey with another load of groceries to take home. Reliance on universal karma, mindful acceptance of inevitable circumstances, and painstaking patience have been some of the hidden props to sustain my bumpy ride in life.

Later an opportunity opened up as I was chosen to go for training in apiculture in the Central Bee Research Institute, Pune. I had never visited Guwahati nor seen a train before I took a solo trip by train to Pune on my own. From day one I had been very frugal in utilizing the meager monthly government stipend of two hundred and twenty-five rupees and I did not ask for financial help from home to feed myself and buy other essentials including stationery. Being financially constrained, I had to write notes (which are still my precious

reference collections) in very small handwriting to greatly reduce paper consumption. I topped the national class of qualified Apiculturists and soon became the Beekeeping Supervisor of the Meghalaya Khadi & Village Industries Board. After office hours, I diligently attended evening classes in the Shillong Law College. I also started taking private tuition for secondary school students during my free time. Propelled by the blazing desire for higher education, as soon as I got enough money to support my shabby kitchen and pay for my college fees I took a calculated risk to resign from the Industries Board and left the Law course to complete my one-year crucial B.Sc Honors in the Zoology Department of St Edmund's College. A colony of live honeybees and natural honeycombs (in a miniature see-through hive with glass walls that I personally

designed) were part of my successful Honors practical exam almost ten years since I first joined "Class XI" in St Edmund's College where Brother Shannon was the towering Principal who gracefully allowed me to re-join the College after a gap of several years. Furthermore, I continued earning from self employment, attended 99% of the University classes and strove hard for another two years to earn my M.Sc degree. In those days well over 100 students applied for the



limited 20 seats (12 general seats and 8 reserved for tribal students) in the Zoology Department of North-Eastern Hill University (NEHU). I was fortunate to have cleared both written test and interview to top the whole list of 20 students selected for that competitive M.Sc class of 1990. My favorite teacher Ma'am Prema Michael used to remind me that it's easier to be number one than to stay number one!

While searching for a vacancy appropriate for my qualifications, I attended – as a registered unemployed youth – the Entrepreneurship Development Program of the Meghalaya Industrial Development Corporation Ltd where I learnt how to prepare a feasibility report for my business project. My report was accepted by the government and a loan was sanctioned for my Reprography Center in the NEHU Permanent Campus which was inaugurated in 1994 by the then Vice Chancellor, late Prof B. Pakem. The Center has been running well for nearly three decades (with inevitable hiccups caused by the pandemic), gave me another part-time employment, and has later provided employment

to some deserving poor rural youths after I had justifiably moved from entrepreneurship to academia.

After the successful M.Sc result I applied for a Lecturer's post at Government College, Jowai, but when the Meghalaya Public Services Commission results came out I was shocked to see my posting at the Government College, Tura. Pressed by circumstances, I taught at Tura for a while and applied again, through proper channel, for the same vacancy at Lady Keane College, Shillong. Following the appointment received from Lady Keane College I resigned from Tura, as I also had to take care of my younger sisters who were, then, studying in Shillong, while our parents were still in the village. Besides teaching I also persistently continued doing my part-time research for over two decades in various zoological fields, and later took the UGC-sponsored study leave, and earned my Ph.D – more than 26 years

after my M.Sc. Moreover, I am still actively involved in research projects, till date. The sudden demise of my Ph.D supervisor, Prof Umesh C. Goswami, in June 2015 (when about 60% of my research work had been done under his guidance) was a brutal blow to my Ph.D dream. As fate would have it, that was quickly followed in July by my accidental fall inside a deep cave during one of my caving expeditions related to my thesis. On that fateful rainy day my helmet-protected head banged onto a huge rock underneath the entrance shaft of the cave. After regaining my consciousness and receiving



first aid from my personal friend and local guide to control the bleeding, I drove back to Shillong to receive some stitches near my left eye. Subsequently, my body responded well to more serious medical treatment that ensued. Time flew fast and I could not believe that within three months our College Principal and I attended the International Zoological Congress in Bucharest (Romania) – both sponsored by the Grigore Antipa Museum of Natural History, where some of my research co-workers were employed. Surely, my inclination towards well-organized institutions of learning has also taken me to some highly acclaimed museums of the world including the legendary Smithsonian Museums in Washington, DC.

Armed with a gold medal in M.Sc from NEHU, an inspiring Ph.D from Gauhati University, many research papers describing over 20 (twenty) new animal species of Meghalaya that were published in renowned international science journals, and over two decades of teaching experience, I got through the selection committee in the fullness of time to become the sixth full-time

Principal of Lady Keane College, the first and prestigious women's college in North East India established in 1935 during the British colonial era.

My journey has been long, arduous and almost impossible to carry on but in retrospection, it was worth it! I have written this brief account of my personal academic struggle to inspire the fledgling minds, especially those who have been living in their treacherous comfort zone for too long. It's high time to wake up, think and take appropriate action! My earnest desire is to make them realize that there is so much life, joy and proficiency by consciously accepting challenges outside one's comfort zone. A life that compels us to face the hurdles, challenges and hardships thrown our way, is always the better path to

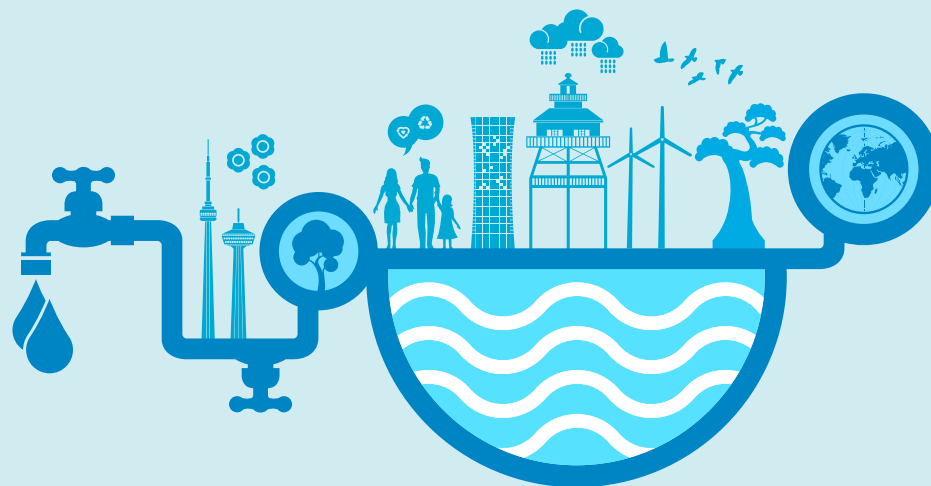
progress and accomplishment. The journey may be long but the fruits of success at the end of it will always be the sweetest reward.

I believe I still possess enough zest within me to achieve some more – to contribute through my research work and social projects, and be an inspiration to some struggling students somewhere. Yes, I have "miles to go before I sleep!"



WATER & AIR MONITORING

IN THE COLLEGE CAMPUS



Conducted by: Swachhta Team, LKC

WATER MONITORING:

Water analysis is the study of the chemical, physical and biological properties of water. Water analysis was carried out to identify and quantify the chemical components and properties of water samples in the campus of Lady Keane College, Shillong.

The College's science departments are conducting routine practical experiments on a daily basis, which leads to excessive use of water and

excessive discharge of waste. The discharge waste is contaminated with acids, bases, heavy metal, organic compounds, culture media, etc. which when released have the potential to cause environmental problems.

Monitoring the quality of water and testing it regularly is very important to maintain reliable and safe water source and eliminate the potential health risk related to water contamination. Thus, the Swachhta Team of the College is

engaged in analysing the water before and after the treatment process for environmental and biological protection.

The waste water generated from the science laboratories is channelised into a water tank in which water sample is regularly monitored. The water samples are tested for different parameters and the observed reading are recorded in the table below for different period.



TABLE 1: READING RECORDED DURING MID DECEMBER WHEN THERE WERE NO PRACTICAL EXPERIMENTS.

SL.NO	PARAMETER	METHOD	AVERAGE READING	BIS REFERENCE
1.	Turbidity	Visual Comparison	20-80 NTU	<10NTU
2.	pH	pH meter	5.12	6.5-8.5
3.	Conductivity	Conductivity meter	0.62 mS	400 μ S/cm
4.	Temperature	Thermometer	17.5 $^{\circ}$ C	
5.	Alkalinity	Titrimetric	36 mg/l	200mg/L
6.	Chloride	Argentometric Titration	114.9mg/l	250mg/L
7.	Total Hardness	EDTA Titrimetric	184.8 mg/l	200mg/L
8.	Nitrite	Sulphanilimide Spectrophotometric	0.02	1.0mg/L
9.	Boron	Curcumin Spectrophotometric	1.66	1.0mg/L
10.	Iron	Phenanthroline Spectrophotometric	0.88	0.3mg/L
11.	Sulphate	Spectrophotometric	0.88	200mg/L

From the above Table-1, it is seen that the water is highly turbid. The average pH value is just below the standard

reference, which implies that the water is slightly acidic, the average boron and iron concentration has exceeded the prescribed

reference value. With respect to the other parameters tested, the average values are within the standard reference.

TABLE 2: READING RECORDED DURING APRIL WHEN THERE WERE PRACTICAL EXPERIMENT GOING ON.

SL.NO	PARAMETER	METHOD	AVERAGE READING	BIS REFERENCE
1.	Turbidity	Visual Comparison	20-80 NTU	<10NTU
2.	pH	pH meter	2.54	6.5-8.5
3.	Conductivity	Conductivity meter	0.94 mS	400 μ S/cm
4.	Temperature	Thermometer	20 °C	
5.	Alkalinity	Titrimetric	8 mg/l	200mg/L
6.	Chloride	Argentometric Titration	154.9 mg/l	250mg/L
7.	Total Hardness	EDTA Titrimetric	193.6 mg/l	200mg/L
8.	Nitrite	Sulphanilimide Spectrophotometric	0.02	1.0mg/L
9.	Boron	Curcumin Spectrophotometric	0.73	1.0mg/L
10.	Iron	Phenanthroline Spectrophotometric	1.19	0.3mg/L
11.	Sulphate	Spectrophotometric	0.35	200mg/L

From the above Table-2, it is seen that the water is highly turbid. The average pH is very low that is the water is highly acidic and the average concentration of iron has exceeded the prescribed reference value. With respect to the other parameters tested, the average values are within the standard reference.

Treatment: The College has taken the initiative to install a Water Treatment Plant for the treatment of water from the science lab, canteen kitchen and paper recycling unit to ensure that whatever liquid effluent is released into the environment is safe and meet the safety guidelines.

The waste water is treated with lime to neutralize the pH before allowing it to enter into the Treatment Plant. During neutralization, some of the metals like Aluminum, Iron, Chromium, etc are precipitated as hydroxides resulting in the reduction of their concentration in the solution. After treatment, the water is tested and then released into the environment.



By treating the waste water we are ensuring that the water is fit for release into the environment so that it does not cause any contamination.

AIR MONITORING:

Ambient air pollution is a broader term used to describe air pollution in outdoor environments. Poor ambient air quality occurs when pollutants reach high enough concentrations to affect human health and the environment.

Ambient air monitoring is the systematic, long-term assessment of pollutant levels by measuring the quantity and types of certain

pollutants in the surrounding outdoor air. It also gives trends and patterns about air quality whether it is improving or degrading.

The College has sought the help of the Meghalaya State Pollution Control Board to monitor the ambient air quality in the college. The samples were collected on the 15th and 16th of September 2022 and the report is as follows:



Parameters	Test Method	Permissible Limit	Sampling Station Code/Name
			A/60/22 Near Garage
Particulate Matter (PM 10) ($\mu\text{g}/\text{m}^3$)(24 hrs avg)	1S:5182 (Pt-23)	100	36.6
Particulate Matter (PM 2.5) ($\mu\text{g}/\text{m}^3$)(24 hrs avg)	EPA CFR-40 (Pt-50)	60	13.8
Sulphur dioxide (SO ₂) ($\mu\text{g}/\text{m}^3$)(24 hrs avg)	1S:5182 (Pt-2)	80	3.3
Nitrogen dioxide (NO ₂) ($\mu\text{g}/\text{m}^3$)(24 hrs avg)	1S:5182 (Pt-6)	80	11.8

The report shows that ambient air quality in the campus of Lady Keane College is high even though the College

is located in the heart of the city. This can be attributed to the greenery that exist in the college campus which

acts as a protective shield from the incoming particulate matter and as an absorber of toxic gas.



Alumni Activities

1. AGM 2022 –cum – Felicitation Function

The Lady Keane College Alumni Association is very proud to have one of its members, Mrs. Rebecca Vanessa Suchiang, Senior IAS officer, who took charge as the new chief secretary of Meghalaya on the 30th September 2021, becoming the first Khasi woman to be appointed to the post. The association felt sincere happiness to felicitate the esteemed member who brings pride to our college and making huge contribution to the state as a whole. But, due to Covid-19 pandemic situation, the Association could not arrange the programme shortly after Mrs. Rebecca Vanessa Suchiang IAS, took charge as Chief Secretary to the Government of Meghalaya. Due to the same reason, the Annual General Meeting which was supposed to be held during the year 2021 had to be postponed. Finally, in the year 2022, when the covid restrictions were relaxed, the programme was held

on the 29th June 2022, at 11:00AM in the college seminar hall. The first part of the Programme was the Felicitation of Mrs. Rebecca V Suchiang, IAS, and Adviser of the LKC Alumni Association by Dr. D.K.B Mukhim, Principal of the College and the programme was hosted by Ms. Evalarie Lyngkhoi. The programme started with wonderful drum beats by students of the Khasi Traditional Music. The



second part was the Annual General Meeting and Election of new office bearers



*Felicitation of Mrs. Rebecca V Suchiang, IAS,
Adviser LKC Alumni Association*



*Felicitation of Dr. D.K.B. Mukhim, Principal,
Lady Keane College*



Mrs. Rebecca V Suchiang, IAS, Adviser LKC Alumni Association presenting a motivated speech



Members of LKC Alumni Association with Mrs Rebecca V. Suchiang & Principal



Annual General Meeting 2022



2. Alumni Awards - 2022

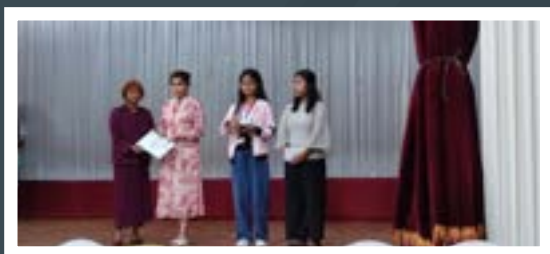
As an encouragement to students, the Lady Keane College Alumni association used to identify and award meritorious students based on their final semester results. The awards consist of cash prizes and certificates. This time, the awards were presented on the 25th July,

2022 (College Foundation Day) by Ms Jahanara Begum, Vice President and Ms Minimon Laloo, General Secretary LKC Alumni Association. There are four types of awards and the recipients were as follows:

- I. Best Graduate in Science – Cash Award of Rs 2500/- & Certificate
Recipient - Ms Jubansuk Hynniewta who secured the First Position in Mathematics Honours in the BSc Final Examination 2022 with a percentage of 92.6 %
- II. Best Graduate in Arts – Cash Award of Rs 2500/- & Certificate
Recipient - Ms Pooja Chakraborty who secured the Fourth Position in Philosophy Honours in the BA Final Examination 2022 with a percentage of 79.5 %
- III. Mandira Choudhary Award (Highest marks in Mathematics Honours) - Cash Award of Rs 500/-
Recipient - Ms Jubansuk Hynniewta
- IV. Ira Choudhary Award – (Highest marks in Physics Honours) - Cash Award of Rs 500/-
Recipient - Ms Larisuk Rynthiang



Presentation of Awards



Presentation of Awards

3. Awareness Programme on CUET (PG)

In order to help students become familiar with CUET examinations, the Lady Keane College Alumni Association organized an awareness programme on CUET (PG) on the 18th of April, 2023 for Sixth Semester students of the college at 9:15 am in the College Auditorium. The programme was hosted by Ms Deisakee Warbah, and the welcome address was delivered by Dr.D.K. B Mukhim, Principal, Lady Keane College, with Ms. M. Laloo, General Secretary, LKC Alumni Association, giving a short speech. There were 137 students who attended the programme. Dr. (Mrs) Quendarisa Kharbuli, Associate Professor, UGC- HRDC, North Eastern Hill University, Shillong, Resource Person for the programme gave a detailed and wonderful

presentation on CUET examinations. This had greatly helped the students who were planning to appear for the examination for their further studies, as per the information gathered from their feedback reports. The programme ended with a vote of thanks from Ms J. Begum, Vice President, LKC Alumni Association.



Dr. (Mrs) Quendarisa Kharbuli presenting on CUET



Members of LKC Alumni Association with Dr. (Mrs) Quendarisa Kharbuli & Principal

4. Interactive Programme on Mental Health Issues

Lady Keane College Alumni Association is concerned about different kinds of stresses that students are facing in today's life. Hence, it was felt that an interactive programme on mental health issues is of utmost importance to students. On this basis, the association

had organised such a programme on the 10th of May, 2023 for the Fourth Semester students at 1:00 PM in the College Seminar Room. The programme was hosted by Dr. Carefulness Dirborne who invited Dr. D.K. B Mukhim, Principal, Lady Keane College for the welcome address and Ms. M. Laloo, General Secretary, LKC Alumni Association for the introductory speech. Resource person, Shri Truman E Basaiawmoit - Psychologist, District Mental Health Programme, East Khasi Hills District, Shillong; successfully presented and interacted with students who raised a lot of questions and sought his suggestions. This meaningful programme ended with a vote of thanks from Ms J. Begum, Vice President, LKC Alumni Association.



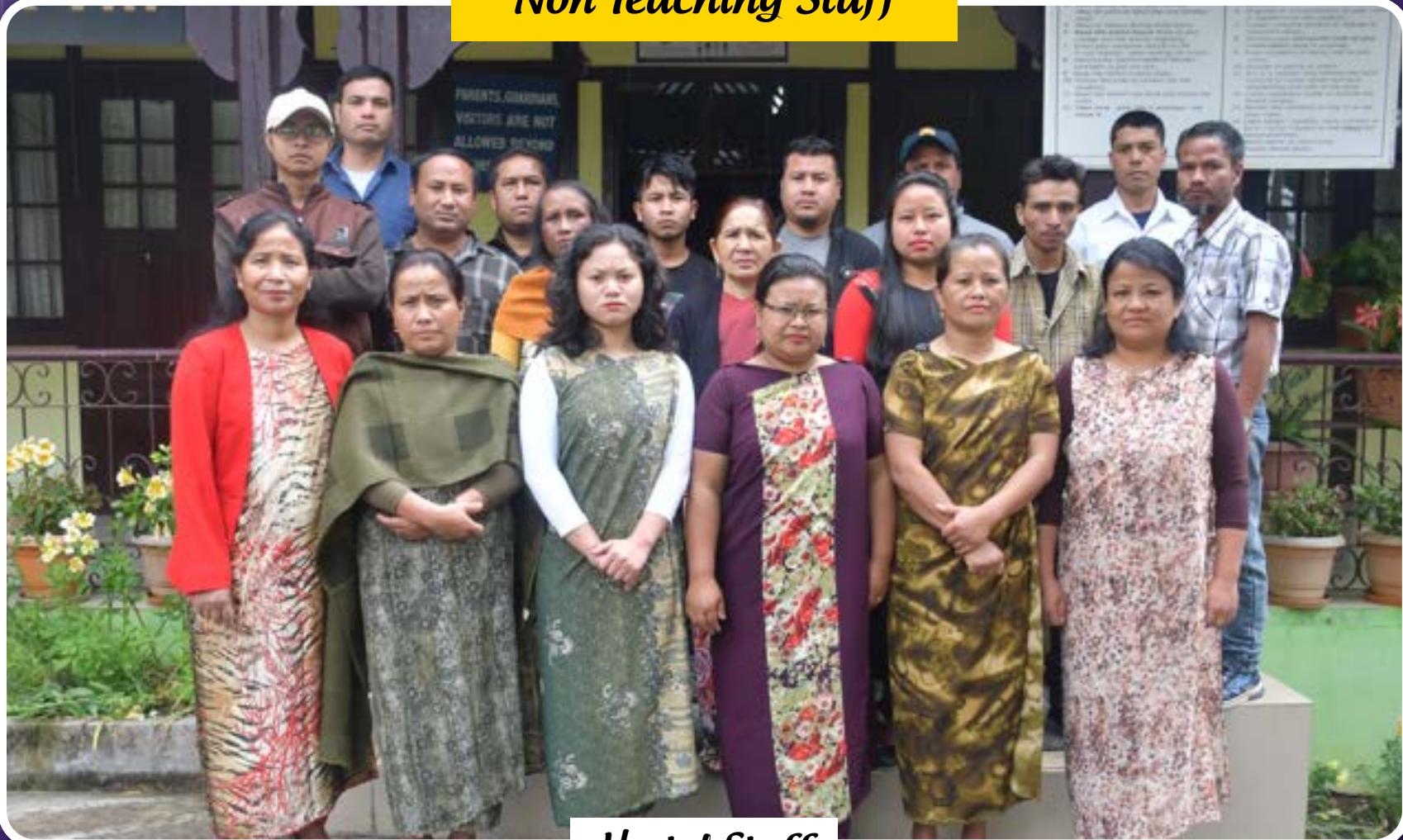
Shri Truman E Basaiawmoit presenting on mental health issues

Non Teaching Staff



Non-Teaching Staff

Non Teaching Staff



Hostel Staff

Non Teaching Staff



Laboratory Assistants

Non Teaching Staff



Library Staff

Non Teaching Staff



Medical Care Unit Staff

Non Teaching Staff

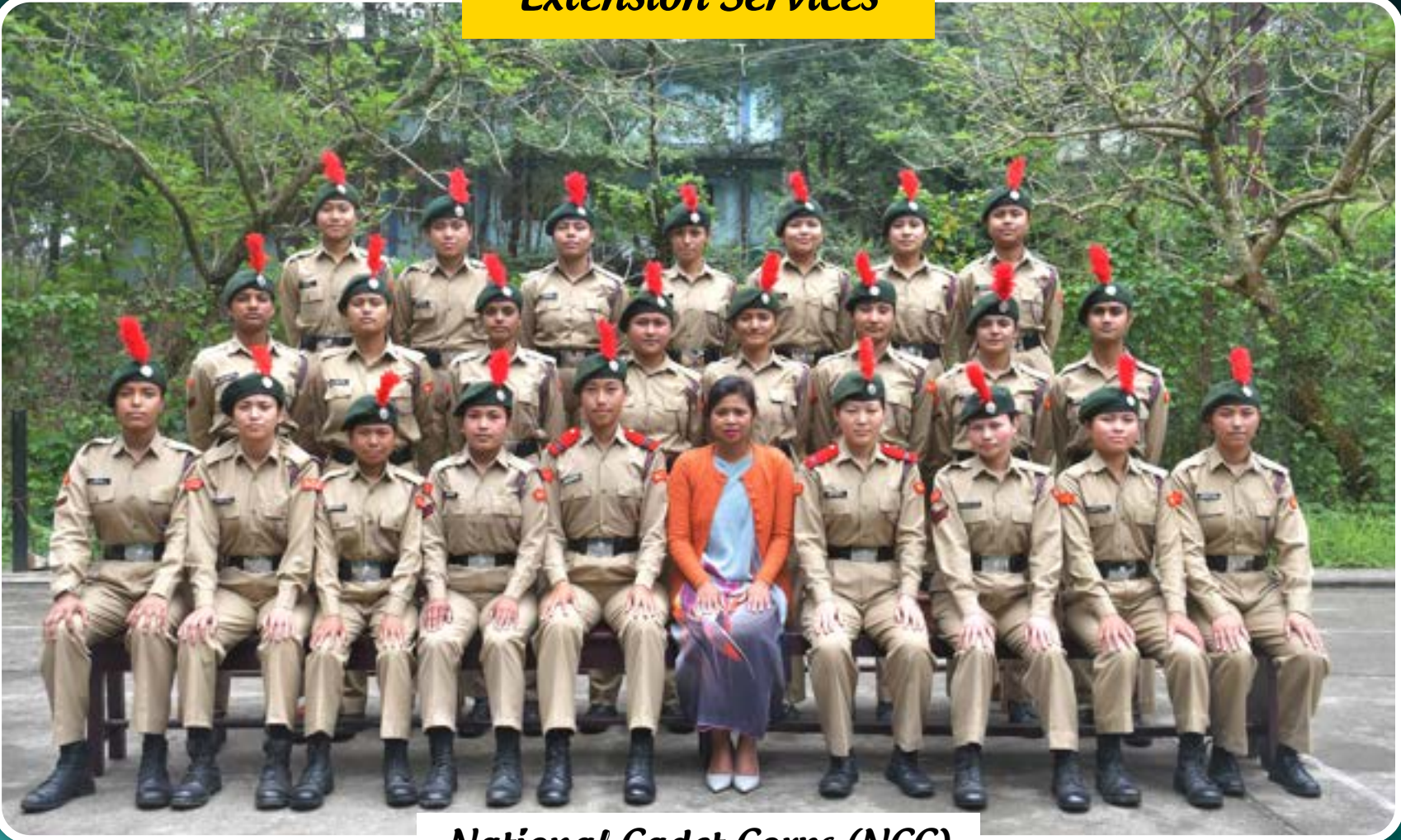


College Counsellor



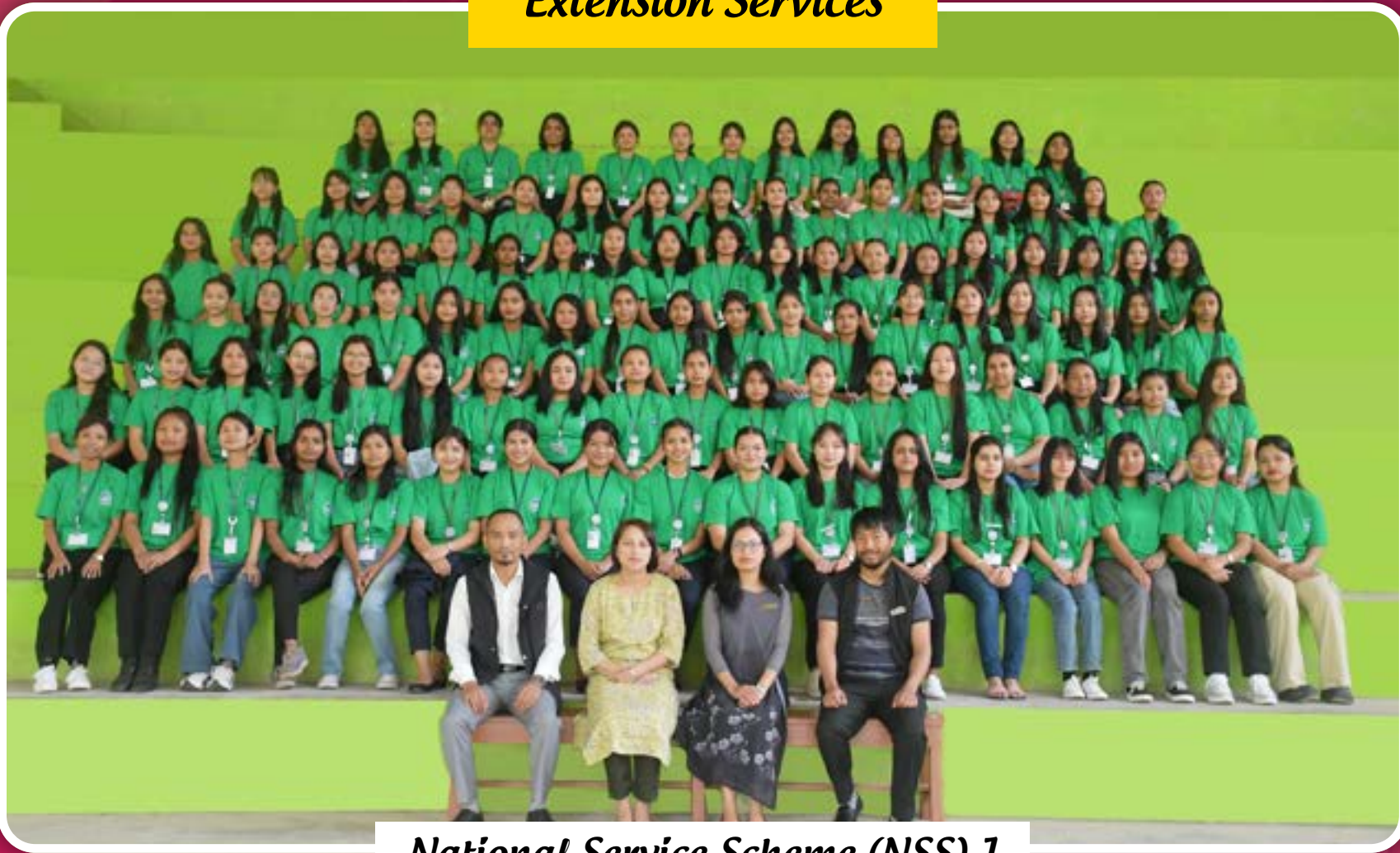
Physical Trainer

Extension Services



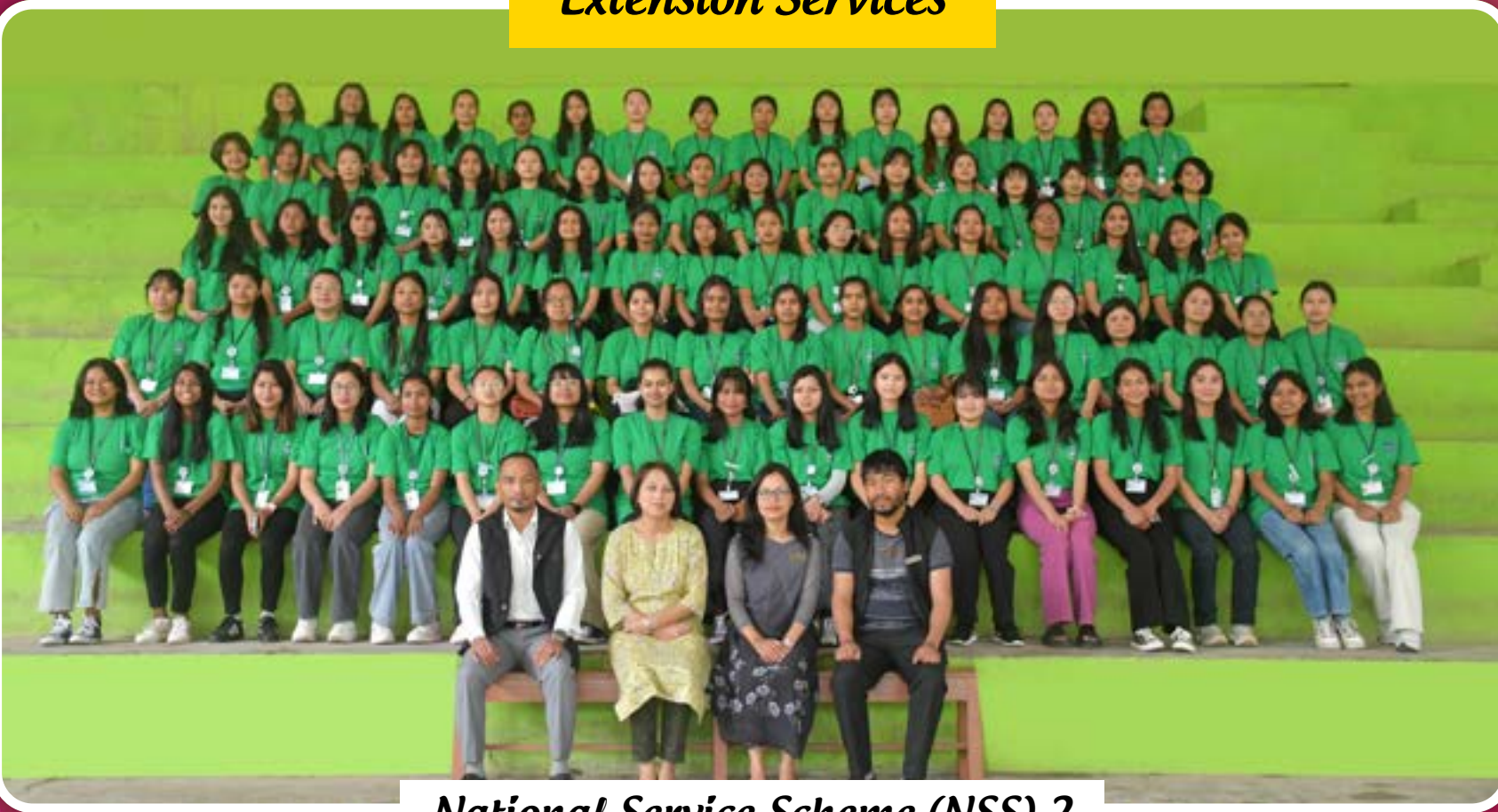
National Cadet Corps (NCC)

Extension Services



National Service Scheme (NSS) 1

Extension Services



National Service Scheme (NSS) 2

Extension Services



Rangers

Extension Services



Youth Red Cross (YRC)



The Theatrical Act: Rekindling of Old Folklore

Pyngrope Phawa and Wansaka Tariang BTM 4th Semester



The BTM department organised its first ever 'theatrical act' on 13th April 2023, held in the college auditorium. The programme was initiated by the student of the department. The programme was conducted as part of experiential learning with a purposed of re-enacting old folklore. In this programme the students took part in various activities and performances based on the Khasi culture and tradition. The main activity of this programme was the play performed by the student.

The objectives of the programme were as follow:-

- 🕒 Rekindling the old folklore.
- 🕒 Presenting a glimpse of the Khasis culture on stage.
- 🕒 Help the students build their confidence and communication skill.

Activities: the activities performed by the students were: -

- 🕒 Singing – the students performed a Khasi song named 'Niangkynjah', this song is

about a connection between man and nature.

- 🕒 Dance – the students performed traditional dances. One of the dance is called 'Chad Sukra' which is a traditional dance of the Jaintia (sub-tribe of the Khasis) usually danced before sowing crops. The other dance was performed in Khasi attire (Jainsem: a traditional dress worn by Khasi women).



🕒 Acts – The acts were the main activity of the programme. There were two acts based on two folklores namely: ‘Death in a hut’ and ‘The animal fair’ which were taken from a book ‘Around the hearth: Khasi legends’ wrote by Kynpham Singh Nongkynrih a prominent Khasi writer. Both the folklores are important amongst the Khasis. The ‘Death in a hut’ is a folklore that narrates about the important customs of giving betelnut, betel leaf with lime and tobacco to guests, friends and relatives; who visits their homes and even during celebrations. This practice is very common amongst the Khasi community. The second play is the ‘Animal

fair’ in Khasi known as ‘Ka iew luri lura’. This folklore on the other hand narrates about how a dog came to live with a man according to the beliefs of the Khasis.

Learning outcomes:

- 🕒 The students learned about the folklore and the rich Khasi culture.
- 🕒 The students had a spirit of working together as a team.
- 🕒 The students got to explore and showcase their talent.
- 🕒 The students gain confidence in performing live in front of the audience.

The programme was a successful one and the audience had a great time due to hard work of the students. The students did a great job in all the activities

enthusiastically. Both the students and the audience learned a lot from the act. Folklore are indeed very important part of any culture which gives knowledge and wisdom, and everyone must learn about them. Moreover, the programme had enlightened the students and the audience about the culture of the Khasis.





North East NSS Festival 2023

Shimti Mary Jana Nongbet NSS volunteer, Lady Keane College

The NSS Cell, Gauhati University, Assam hosted the North East NSS Festival 2023 which started from March 31st till April 5th 2023 which was organised by the Regional Directorate of NSS, Guwahati and the Ministry of Youth Affairs and Sports of the Government of India. Around 300 NSS participants from different states of the Northeast participated in the festival.

In total, 8 participants and 1 Programme Officer from the NSS Unit of the College and 18 participants and 1 programme Officer from NSS Units of two colleges from Shillong took part to represent the State of Meghalaya. In this festival, various technical sessions were held such as session on G20 and Y20, Waste Management

and Global Key Framework to minimize waste, to cultivate Self-awareness, Effective communication, Personality development, which also included sessions on National agenda, and Life skills training. Other sessions were on Yoga, Self-defence training and Shramdan in the campus. A speech competition was also conducted on the theme 'The role of Youth in Maintaining Peace in the North East.' Cultural programmes were organised every evening and students presented their respective cultural dances, skits, and songs. The organiser had also arranged for a field trip where we visited the Assam State Museum and Tirupati Balaji temple. Last but not least, on the last day, a rally was

held showcasing traditional dresses.

Through this festival, we got to meet participants from all over the North East and it was an opportunity to make friends with our sisters and brothers from other North Eastern States, to share information and have a meaningful discussion where we exchanged our valuable experiences, learning and team work. This festival has taught us the value of success, unity, hard work, communication, and many more. We enjoyed and learned a lot. Finally, we dispersed, with a sincere hope that such an event would be organised again, giving us the NSS volunteers to seize the opportunity experience of a lifetime.

Model Making Competition

Conducted by: Swachhta Team, LKC

The Swachhta Team of the College on 15th October 2022 organized a model making competition on the theme “*Innovative ways to curb Water, Air, Soil and Noise Pollution*”. Four groups participated in the competition and the group “Green Dream” of Zoology Department, Vth Semester was declared as

the winner, whose members were Zephyrlyne Deibameai Lyngdoh, Ibaribha Rynjah, Daphuhkyrhah Kharbuki, Bawanpyntngen Risa Lawrniang and Sonia Rabha

In this competition, the participants made innovative models and through them they showed their capability in understanding

the nature of the problem, their ability in defining, analyzing concepts and integrating their knowledge through the models to formulate explanations.

The team would like to thank all the participants for their active participation and interaction throughout the programme.



Fig:1 Dr.D.K.B Mukhim, Principal of the College inaugurating the Model making competition



Fig:2 Student Participants interacting with the judges



Fig:3 Team 'Green Dream' Winner of the competition



Fig:4 Photos of other participants in the competition



The NSS Unit of Lady Keane College organised a Voluntary Blood Donation Camp in collaboration with the Blood Bank of North Eastern Indira Gandhi Regional Institute of Health & Medical Sciences, Shillong on the 21st March 2023 in the College Campus. Two Programme Officers and thirty NSS Volunteers came forward to donate the blood voluntarily.



Har Ghar Tiranga PROGRAM

The Har Ghar Tiranga Program was celebrated as part of the 75th Anniversary of Indian Independence or Azadi Ka Amrit Mahotsav on 13th August 2022. The program started with the hoisting of the National Flag by Dr D. K. B Mukhim, Principal of the College. This was followed by a speech from the Principal to create awareness on the National Flag. The programme was attended by the Principal, Vice Principal, teachers, students, parents and the non teaching staff of the college, who also actively participated in the signature campaign. The programme ended with students taking selfies with the National Flag as part of "Selfie with Flag" and then sharing it on social media. The students also participated in the "Pin a Flag" activity.



Bacteriological Analysis of Drinking Water

from Various Fast Food Corners of Police Bazar, Shillong, Meghalaya

*Antymary Rani, Batlariti Kurbah, Daroilin Nongkynrih, Dohu Simi,
Fabyleen L. Nongpiur, Lawanri Daiamai, Lapon Yeaton, Pem Yangchin,
Sonam Tsomu, Tejaswini Vashishtha (6th Semester Students 2020-2023 Batch)*



Introduction

Contaminated water, poor sanitation and improper hygiene practice leads to water borne diseases. As a consequence, 34 million deaths a year occur throughout the world, which are mostly children (UNICEF, 2008). According to a systematic review on microbial drinking water quality, even the improved sources including piped water were observed to be contaminated with *E. coli* or Thermotolerant Coliform TTC (Bain *et al.*, 2014b). Thus, microbial contamination is widespread and affects all water sources (Bain *et al.*, 2014a). Several researchers in different countries around the world observed that various disease-causing agents or pathogens viz. faecal coliform bacteria or toxic chemicals result

in water contamination. As a consequence, consumption of contaminated water leads to several health problems (Lahlou, 2002; Howard, 2002; Obiri-Danso *et al.*, 2003; Dodoo *et al.*, 2006). Guidelines for Drinking-Water Quality recommend that faecal indicator bacteria (FIB), preferably *E. coli* or alternatively thermotolerant coliform (TTC), should not be detectable in any 100 ml drinking water sample (WHO, 2011).

Police Bazar is the main shopping hub in Shillong, the capital city of Meghalaya. With the growing population and huge inflow of tourists, a number of restaurants, fast food corners and street vendors have come up in the city. For many middle class people, fast food corners are preferred because of cheaper price of food items. However, the hygienic

status of these eateries is not monitored and the drinking water provided is directly collected from the tap or a water storing container. The water supply in the city is either by the Shillong Municipal Board or by the Public Health Engineering Department. Due to shortage water supply many of the eateries buy water from an individual who brings water in cans or from a tanker. Unclean and unsafe water, poor sanitary and hygienic facilities in restaurants of the city possess a potential source of diseases and risk to human health.

Objective: The objective of this study is to determine the bacterial contamination of drinking water provided in fast food corners of Police Bazar, Shillong by biochemical tests (culture characteristics).

Methods:

Sample Collection

Samples from five fast food corners from different locations of Police Bazar (samples 1-5) were collected in sterilised sampling bottles and brought to the laboratory for culturing. One sample was collected from a bore well (sample 6) from within the College campus for comparison. Sampling was done in the month of May 2023.

Biochemical Tests

Biochemical tests were done in accordance to standard procedure (Aneja, 2003). Three steps were followed:

1. Presumptive test

For analysis 1 mL of the sample was inoculated in 10 mL MacConkey broth. The microbial growth is observed as turbidity in the broth.

2. Confirmed Test

In the confirmed test, the samples from the presumptive MacConkey broth tubes were streaked on Eosin-Methylene Blue (EMB) Agar medium that is selective in nature because of the presence of the dye methylene blue which inhibits the growth of gram positive bacteria, allowing the growth of gram negative bacteria.

3. Complete Test

Complete test is used as a confirmatory test for the presence of E.coli in the water sample. In this test, lactose positive colonies from EMB agar were inoculated into a lactose broth tube. If there is production of acid and gas in the

inoculation lactose broth, this confirms the presence of E.coli in the water sample and is considered a positive complete test.



Figure 1. Students performing the project

Results:

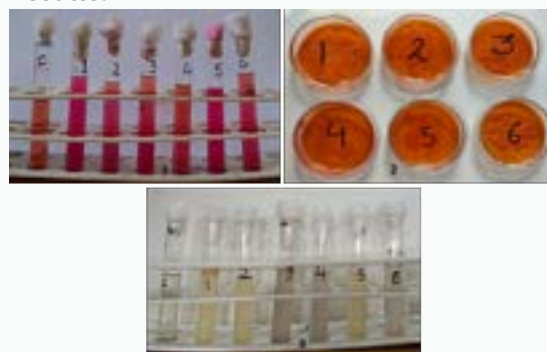


Figure 2. Culture Characteristics; 1. McConkey broth; 2. Eosin-Methylene Blue (EMB) Agar; 3. Lactose broth

Table 1. Culture characteristics of water samples in different culture media

Steps	Media	Sample Number	Results
1	MacConkey broth	1	Positive
		2	Positive
		3	Positive
		4	Positive
		5	Positive
		6	Positive
2	EMB agar	1	Positive
		2	Positive
		3	Positive
		4	Positive
		5	Positive
		6	Positive
3	Lactose broth	1	Positive
		2	Positive
		3	Positive
		4	Positive
		5	Positive
		6	Positive

From our experiments, we observed that all the samples collected showed positive results. This indicates the presence of bacteria i.e., E.Coli. However, the McConkey and Lactose broth showed different intensity of turbidity. Samples 1, 2 and 5 showed higher turbidity and gas production compared to samples 3, 4 and 6. Sample 6, which is the water sample collected from a bore well from the college campus showed the least turbidity, which indicates that it is cleaner than the water samples collected from different fast food corners of Police Bazar.

Conclusion:

From our experiments it can be concluded that the water samples collected from different fast food corners of Police Bazar are untreated and contaminated with E.Coli. It is therefore, suggested to avoid drinking water from these food centres.

References:

- Aneja, K.R. 2003. *Staining and biochemical techniques. In: Experiments in microbiology, plant pathology and biotechnology, 4th edn. New Age International (p). Ltd., Publishers, New Delhi.*
- Bain, R., R. Cronk, J. Wright, H. Yang and J. Bartram. 2014b. *Fecal contamination of drinking water in developing countries: a systematic review and meta-analysis. PLoS Medicine 11(5): 1-23.*

Bain, R., R. Cronk., R. Hossain, S. Bonjour, K. Onda, J. Wright, H. Yang, T. Slaymaker, P. Hunter, A. Prüss-Ustün and J. Bartram. 2014a. *Global assessment of exposure to faecal contamination through drinking water based on a systematic review. Trop Med Int Health. 19(8):917-27.*

Dodoo, D. K., E. K. Quagraine, F. Okai-Sam, J. Kambo Dorsa and J. V. Headley. 2006. *Quality analysis of sachet waters in the Cape Coast municipality of Ghana. J. Environ. Sci. Health. 41(3): 392-342.*

Howard, K. 2002. *Comparison study on river quality. Sci. Total Environ. 207: 141-148.*

Lahlou, Z. M. 2002. *Water quality in distribution systems. In National Drinking Water Clearing house fact sheet. West Virginia University. Pp.1-4.*

Obiri-Danso, K., A. Okore-Hanson and K. Jones. 2003. *The microbiological quality of drinking water sold on the streets Kumasi, Ghan. Letters Appl. Microbiol. 37: 334- 339.*

UNICEF. 2008. *UNICEF Handbook on Water Quality. Pp. 20-21, 41, 53-55.*

WHO. 2011. *Guidelines for Drinking-Water Quality. 4th edition. WHO, Geneva. Pp.564. Available at http://whqlibdoc.who.int/publications/2011/9789241548151_eng.pdf*



Yoga for health

A Report on Yoga Day Celebration 2022

Dr. Joyashree Misra Convener, Yoga & Fitness Committee



Lady Keane College celebrated the 8th International Yoga Day by organizing a Talk on "Health Benefit of Yoga" on June 21, 2022. The event was graced by the presence of Dr. D. K. B. Mukhim, the principal, Ms. Annie Blah, the Resource Person along with other faculty members and students of the college. Ms. Annie Blah is a certified yoga instructor from Yoga Vidya Gurukul, Nasik, India. She has also completed a Yoga Teacher Training Course from Gobardhan school of Yoga of International Society for Krishna Consciousness (ISKCON). Presently she is working as yoga instructor in the Gold Gym, Shillong. Dr. Mukhim started the event by felicitating Ms. Blah with a bouquet of flowers. Ms. Blah highlighted various adverse effects of our present lifestyle and explained how by incorporating yoga into our daily routine can help us in leading a much healthier and fulfilling life free from lifestyle diseases. She demonstrated various asana postures and pranayama like SuryaNamaskara, Vastrika, Anulom-Vilome etc., to students and categorically explained their health benefits respectively. She encouraged students to regularly practice these asanas and pranayama for avoiding numerous health problems that have become part and parcel of our fast paced stressful, corporate, consumeristic, urban lifestyle.

The event was a great success giving students a glimpse of the hidden gems of Indian traditions fostering pride, privilege and a sense of Indianness. Dr. Joyashree Misra, the convener of the event, concluded the event with a vote of thanks. The students are provided refreshments at the end of the event.



WORLD WILDLIFE Week 2022



The World Wildlife Week is celebrated from 02-08 October, as a continuation of the World Wildlife Day celebration on 03 March every year. The theme of this year's celebration is **"Recovering key species for Ecosystem restoration"**.

The objectives of the week-long celebration is to draw attention to the conservation status of some of the most critically endangered species

of wild fauna and flora, and to drive discussions towards imagining and implementing solutions to conserve them. In 2022, World Wildlife Day had driven the debate towards the imperative need to reverse the fate of the most critically endangered species to support the restoration of their habitats and ecosystems and to promote their sustainable use by humanity. The Department of Zoology, commemorated the World Wildlife

Week, 2022 by organising a Talk and an Inter-College Debate Competition for BSc (Zoology Hons) students on the topic **"Cheetah restoration: India's Vanity Project"** on 14 October, 2022 (Friday) at 10AM in the College Seminar Room. The Guest Speaker, Smt. Anju P. James, IFS, Divisional Forest Officer, Forest Utilisation Division, Shillong gave an interesting lecture on the topic **"Recovering key species for Ecosystem restoration"**. The debate competition





was Chaired by Prof Nangsan K Swer. Assistant Professor, Department of English. Lady Keane College and the Judges were Smt. Anju P. James, IFS. Divisional Forest Officer. Forest Utilisation Division, Smt. H. Lato, IFS, DFO, Social Forestry, East Khasi Hills and

Dr. Catherine Diengdoh, Former Director, College Development Council, NEHU. The debate competition witnessed the active participation of students from eight colleges who tried to convince the Judges and audience with their arguments. The First prize was awarded

to Ms Shradha Sinha of St Edmunds Colleges the Second Prize was awarded to Ms Bawanpyntngen R Lawrniang of Lady Keane college and Ms YENGKHOM LEIMA CHANU of Shillong College was awarded the third prize Winners were awarded cash prizes and certificates.



Floriculture and Vermicomposting at a glance

Dr K. Kharshiing, Mr M. Langstieh Course Co-ordinators

Floriculture, or flower farming, is the study of growing and promoting flowers and foliage plants. Some might say that floriculture is the cultivation and commercialisation of flowers. It encompasses flower production, processing, marketing, and distribution. In the recent years, the floriculture industry was counted a high-income generating agribusiness and it has the potential of being harnessed and fostered as a means of socio-economic development. Floriculture is an intensive industry and, thus, has a potential to generate employment for unemployed youth in both the rural and urban areas.

In Meghalaya, flower cultivation is mostly practiced as a hobby by flower lovers. Considering the natural advantages of having the most varied range of climatic conditions in the country, Meghalaya also has a very high conceivable rate for the cultivation of all types of flowers. The rich flora and the varied species of orchids growing wild in the State, which is known to have the highest ever recorded growth in a single concentrated area, is proof to this result. As a matter of fact, the government has in the recent years recognized floriculture as an extreme focus segment for development initiatives.





Keeping all the above information in mind, the Zoology Department, Lady Keane College, has started the short-term course on “Floriculture and vermicomposting” for the academic year 2022-23. A total of 24 students enrolled for the course. Considering, the course duration (approximately 4 months), the course experts have executed quite a few objectives towards training the students in concept, importance, scope and status of floriculture in our country. Several important aspects on the relevance of cultivation of ornamentals, annuals, biennials, and



perennial plants, including potted ones, as well as their management and marketing were also covered. Besides, the trainee learned about identification and study of important commercial varieties of flowering crops. The students were also made aware on the knowledge and importance of preserving the agro-ecosystem, and in a way were also made aware of the protection of human health from harmful chemical fertilisers. The knowledge of organic farming and chemical free foods ought to be the first and foremost key concept that will be promoted with organic fertiliser like vermicompost, as a substitute to chemical fertilisers, thus also helping to reduce the economic cost, but also leading to organic products which fetch higher prices in the market. Trainees are also equipped in the preparation of their own compost at home using kitchen wastes, preparation of ground

and beds for planting specific flower crops., laying out of plots and gardens, planning for home gardens, etc.,

As part of the syllabus, the trainees also visited few nearby nurseries and production units as part of their exposure visit. During their visits, the trainees learned from the local floriculturists much about variety of flowers and ornamental plants which can be grown for domestic as well as for export markets, which can provide more return/unit area than any other agricultural/horticultural crop. Besides, modern-day floriculture refers to the production of high value cutflowers such as Rose, Gladiolus, Carnation, Orchids, Tuberose, Anthurium, Lilium, Gerbera etc. Now days, growing of these cutflower crops which are best suited for flower arrangements/ decorations for bouquets preparation, and for floral baskets, wreaths etc., have increased





substantially and its share of the total trade has also improved. The trainees also learned first-hand on different marketing strategies. A visit to the Forever Rosely Nursery located at Pomlum 7thmile Upper Shillong was quite an exciting experience for all the trainees, since Kong Middlemon Warjri, a self-acquired and an experienced florist, demonstrated on flower and bouquet arrangements.

In our society, no social function is complete without the use of flowers, floral ornaments, bouquets or flower arrangements; these are of invariable use in all social functions. We as a department, hope that through the introduction of this short-term course anyone can be trained for skill in

gardening and aesthetic importance, as well as, acquiring the ability to develop potential knowledge and skills to carry out defined task and responsibilities related to vermicomposting such as the important aspects on the relevance of vermicomposting in the present scenario, species diversity, biology of earthworms and their role in bio transformation of organic waste, process of earthworms inoculation and factors influencing decomposition process, water and nutrient management, care and maintenance during vermicomposting, sieving and packaging of vermicompost and relevant safety practices associated with compost making and use.

(<http://www.megagriculture.gov.in/PUBLIC>).

Poshan Maah 2022

The Rashtriya Poshan Maah is celebrated during the month of September every year under POSHAN Abhiyaan (PM's Overarching Scheme for Holistic Nourishment), which was launched in 2018. The objective of the Poshan Maah is to ensure community mobilization and to bolster people's participation for addressing malnutrition amongst young children, and women and to ensure health and nutrition for everyone.

As directed by the District School Education Officer, East Khasi Hills District, the Higher Secondary Section of the college celebrated the Poshan Maah through various activities.

Students of Class XI and Class XII took the "Poshan Pledge" on the 12th September 2022 to reflect that spirit of "Bachcha and Shiksha". The pledge was administered by one of the teachers in the presence of the Vice

Principal Higher Secondary Section.

A Poster Making Competition on the theme "Eat Healthy Be Nutrition Wealthy" was organised for the students of Class XI (Arts & Science) on the 19th September 2022, to create awareness on nutrition. The students took active part and came out with colourful and meaningful posters, out of which the best three posters were adjudged winners and awarded prizes and certificates.

An Essay Writing Competition on the theme

"The Aspects of Malnutrition in India" was organised for the students of Class XII (Arts & Science) on 21st September 2022, to create awareness on malnutrition. The competition received a very good response, where

the students showcased their creative writing skills. The best three essays were adjudged winners and awarded prizes and certificates.





WORLD EARTH DAY 2023

Dr Bioletty M Lawriniang In-Charge, Quiz Committee

Our planet Earth holds a unique position in the entire solar system, as the only planet capable of supporting life. It has generously provided humanity with an abundance of resources essential for our survival. From the air we breathe to the water we drink, from the diverse climates that sustain ecosystems to the vast array of natural wonders, Earth has been our nurturing home. However, as the demands of our growing population and evolving societies increase, we find ourselves facing a critical challenge. Our consumption patterns and the relentless pursuit of progress have led to the uncontrolled exploitation of the Earth's resources. In our quest for development, we have often neglected the importance of maintaining

a delicate balance between our needs and the capacity of our planet to sustain them.

Let us remember that the Earth is not an infinite pool of resources, but a fragile and interconnected ecosystem that requires our care and respect. By acknowledging the consequences of our actions and making conscious choices, we can safeguard our planet's resources and create a harmonious coexistence between humanity and nature. Together, we have the power to protect and restore our Earth.

World Earth Day serves as a powerful reminder for us to reflect on our responsibilities toward the environment and to take action to preserve our planet for future generations. The theme for

World Earth Day 2023 is "Invest in Our Planet," and to mark this occasion, the Quiz committee of the college organised an Inter-Class Quiz Competition on the 27th of April, 2023. Out of the 13 participating teams, 6 teams advanced to the final round of the competition. The event commenced with a warm welcome speech by





our respected Principal, Dr. D. K. B. Mukhim, who emphasised the significance of protecting the Earth and leading a sustainable way of life.

The competition was conducted by Mr. K. L. Chaudhary, our Quizmaster for the day. The participating teams showcased their knowledge, and the enthusiasm and dedication displayed by the students were truly inspiring, and they surely deserve our heartfelt congratulations. The winners of the Inter-Class Quiz Competition 2023 are:

Winners: Lopon Yeaton and Tejaswini Vashishtha representing B.Sc. 6th Semester

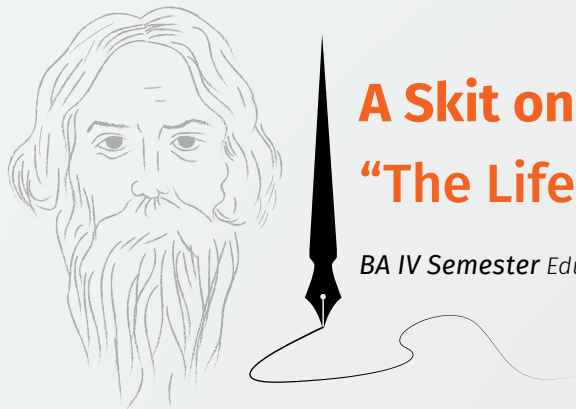
1st Runners Up: Hanashisha Marbaniang and Aibandari Marbaniang representing B.Sc. 2nd Semester

2nd Runners Up: Ritdimchi A Sangma and Supriya Borah representing B.A. 2nd Semester (Day Section).

To conclude the event, the Vote of Thanks was proposed by Miss Anastasia Lalhruaizeli, Assistant Secretary of Quiz and Debate, Student's Council, acknowledging the efforts put in by everyone involved in organizing the event.

Thank You!!





A Skit on “The Life of Rabindranath Tagore”

BA IV Semester Education Honours

Can learning be made fun?Yes!! Can we remember a topic we do in college not only by reading through books? Indeed, we can....!!

The students of BA IV Semester, Education Honours have proved it right by bringing out their creativity and hidden talents through this Short Skit on “The Life of Rabindranath Tagore”. Let’s take a sneak peek into what they all did....

Rabindranath Tagore was an eminent poet, philosopher, social reformer, writer, composer and an educationist, who transformed conventional education and became famous across the world. Tagore has made an immense contribution towards society and his life has greatly inspired many. In order to understand more about Tagore and his educational thoughts and

practices, the Students acted out a skit on the life of Tagore.

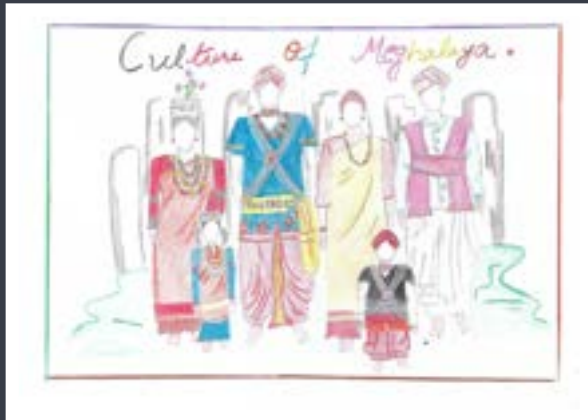
The students took keen interest in enacting the different periods of Tagore’s life (from childhood to adulthood), and enacting the role of his siblings, teacher, and also his travels from tours to London, Shantiniketan, him receiving Awards, etc.

The students ended the skit with Tagore's Bengali song entitled “Ekla cholo Re...”

The memories made through the hours of practice, the bond the students shared by spending quality time together has not only helped them learn more about Tagore but has also enhanced their confidence level, developed communication skills and built team work amongst themselves...

Well Done Girls!





Bakerlin Rynjah
BA 6th Semester Khasi honours



Banris Sohtun
BA 2nd Semester History Honours



Kajal Kumari Das
BA 2nd Semester I



Eva Kuki
BA 2nd Semester English Honours 2



Kajal Kumari Das
BA 2nd Semester 2



Eva Kuki
BA 2nd Semester English Honours 1



Manisha Sharma
BA 2nd Semester I



Liza R Basumatary
Class XII Science I



Rabinita Aribam
BA 6th Semester, English Honours



Lasarbha Lymba
BTMM 4th Semester



Mebarika Ranglang
BA 6th Semester Khasi Honours



Liza R Basumatary
Class XII Science 2



Lomitha Suchiang
BA 6th Semester 2



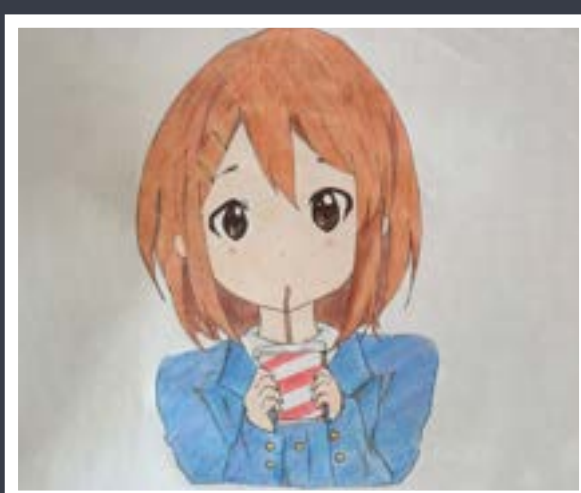
Lomitha Suchiang
BA 6th Semester 1



Manisha Sharma
BA 2nd Semester 2



Noor Bano
Class XII Arts



Rebecca Shabong
BA 4th Semester 2



Rebecca Shabong
BA 4th Semester 2

Cornucopia FEST 2023

Date: 3rd & 4th March, 2023

Venue: Lady Keane College Campus

Organized By: Career Counselling, Lady Keane College

In Collaboration with AdmissionIndia

Attended By: Students of Class 12 Arts and Science and
B.A, B.Sc., Fashion Designing, Tourism Department and BCA



We would like to express our gratitude to the Lady Keane College principal, all the members of the college's Career Counselling Cell, and the staff for making this Edu Fest a success.

Around 90 Lady Keane College students from various departments approached us for advice, and as a team, we provided them with information about the various courses in various fields and specializations that students can choose from after 12th grade and after earning a bachelor's degree based on their interests, strengths, and capabilities with their ultimate career goals in mind. Students are made mindful of their choices,

which empower them to go with better decisions and eventually lead to a satisfying and effective vocation. We also emphasized the various opportunities that are now available to students of various streams and how we develop a service that significantly improves the academic lives of students. We informed the students that in addition to visa consultation, immigration, post-study work permits, permanent settlement, and assistance in obtaining pertinent information to various educational institutions worldwide, we also provide support and guidance to those who have the option of studying abroad or obtaining admission and course selection. We have asked students to follow us on our social

media accounts as we post and update content about colleges and universities, various courses, tips and tricks, careers, and jobs that they can study or work in India and abroad.

In addition to academic counselling, we educated the students about job opportunities





in the banking and logistics industries. Our counsellors put a lot of emphasis on employability and how students can prepare for their first job. We zeroed in on the arrangement of abilities they should have the option to work in different corporate/modern fields. In order to build relevant work experience and prepare for interviews, students were also briefed on the qualities that employers look for in new hires. This was done with the intention of providing the students with an idea of what to anticipate as they get ready to enter the world of work and

opening new and exciting opportunities for a bright and successful future.

We would like to thank the canteen staff members for providing us with refreshments and lunch during the event and we thank them for their hospitality.

We are in the opinion that our incessant efforts to provide students with "stress-free services" and our extensive education knowledge can enable them to realize their true potential and strive for excellence in their chosen professions. We look forward to maintaining a productive and longstanding relationship

with your institution as we collaborate for the academic and professional success of the students. Thank you.



STUDY TRIP REPORT

Department of MIL



Faculties and students of MIL Department (Garo, Hindi & Assamese) visited Mawphlang Sacred Forest on 29th October 2022 as part of its Study Trip. Mawphlang is a village in the East Khasi Hills District of Meghalaya state which is approximately 26 kilometers away from Shillong city. Mawphlang is well known

for rich in flora and fauna. The total area of the forest is about 78 hectares and is protected by the locals. It is believed to be abode of the Khasi deity, Labasa, who is said to protect the clan and the village from all harm. As goes the local saying “there cannot be a kingdom without a sacred forest, and no sacred forest

without a kingdom.” The main flowering trees are *Rhododendron formosum*, *Rhododendron arboretum* and *Pyrus phasia*. Some other noteworthy shrubs and trees includes the Oak *Quercus*, *Daphne Cannabina* and *symplocos Cochinchinensia*. The forest is believed to be 800 years old.



Students' Project on Issues and Problems faced by students of Lady Keane College with reference to online learning during covid 19

BA VI Semester Education Honours (Batch 2019-2022)

The Sixth Semester Education Honours students (Batch 2019- 2022), as part of experiential learning, conducted a project work on the topic “ Issues and Problems faced by students of Lady Keane College with reference to online learning during Covid-19”. The reason for choosing this topic was because they were the first batch of students who had experienced online learning during lockdown due to Covid-19. The students were unprepared to shift to this new way of learning and in the process encountered lot of issues and problems pertaining to online learning. Therefore the objective of this project was to

1. To identify the challenges and obstacles faced by Lady Keane students during Covid 19 Pandemic with reference to Online Learning.
2. To suggest measures or coping

strategies on how to improve online learning in the near future.

The students used a self constructed questionnaire to conduct a survey among all the Sixth Semester students of Lady Keane College. The questionnaire was circulated through google forms. The total number of respondents was 287. The data collected was analysed by simple percentage method.

Some of the findings from this project highlighted network connection, lack of electricity, household chores as the main problems they encountered with online learning. A few respondents also admitted that they spend a lot of their

free time with social media and were honest enough to admit that online exams give them ample opportunities to cheat.

Through this project, the students got a first hand experience with regards to self learning, analyzing of data, team work and cooperation. Even though they initially struggled with collection of data, they said that it was a great and enjoyable learning experience for them.



NEP 2020 Committee Lady Keane College A REPORT

Dr S. W. Lyngdoh Convener, NEP Committee



National Education Policy (NEP) 2020, the first education policy of the 21st century was approved by the Indian Government in July 2020. Since then efforts had been made to start implementing it across the nation. Here in our state, the North Eastern Hill University (NEHU) has directed all its affiliated colleges to start making preparations for the implementation of the recommendations of NEP 2020. In order to look into the various provisions and requirements as per the NEP 2020, the college constituted a National Education Policy Committee on November 2022. Since its formation, the

Committee was able to organised two important activities:-

1. Interactive session on the 'Implementation of NEP 2020 and Curriculum and Credit Framework of NEP 2020 for Undergraduate Programmes, North Eastern Hill University, Shillong' on the 18th of April 2023 . This programme was organised with the objective of having a clearer and better understanding of the implications of the NEP2020 for undergraduate colleges and on the Curriculum and Credit Framework prepared by NEP 2020 Implementation Committee,

NEHU. The resource persons are Prof S.M Sungoh(Coordinator), Department of Education and Prof. G. Bez(Member), Department of Chemistry of the NEP 2020 Implementation Committee, NEHU . A total number of 129 college teachers from Shillong and other districts of Meghalaya participated in this programme.

2. Awareness programme on 'NEP 2020 and Curriculum and Credit Framework of NEP 2020' for students awaiting Class XII results was organised on the 11th of May 2023. An overview of NEP 2020 with special reference to

higher education was presented and the implications of the Curriculum and Credit Framework of NEP were highlighted during this programme. A total number of 60 students from 7 higher secondary schools of Shillong

participated in this programme.

These two programmes are small efforts of the Committee to help both teachers and students have a better and clearer understanding of the implications of NEP 2020 and its Implementation at

the Undergraduate Level. However, these type of programmes need to be organised more especially for the student community so that they can plan their further studies and career accordingly.





Snippets from Departmental Activities

DEPARTMENT OF HISTORY

Richell Marwein & Dreamlee Das BA 6th Semester History Honours

Belle Chetnyu BA 4th Semester History Honours

1. On 8th April 2023, a Guest Lecture on the topic **“Merger of Manipur with Indian Union”** was organised by the Department of History, Lady Keane College. The Lecture was delivered by Professor Loving Stone Gassah, Rtd Professor, Department of Political Science, North Eastern Hill University. The session was initiated by Shri A R Myrthong, Associate Professor, Department of History, Lady

Keane College. The session highlighted on the post independence period when Manipur attained statehood on 21 January 1972 under the Northeast Area Re-organisation Act 1971.

2. The Department of History in collaboration with the Department of Political Science organised the much needed **Coaching session on CUET** for the Final Year students of both the

departments, on 21st April 2023 in the College Seminar Hall. The Resource person was Mr Sunny Mawlong, Director of Immanuel Coaching Centre, Shillong. It was an informative session where the resource person highlighted the importance of CUET as an Common University Entrance Test for admission to various Undergraduate, Integrated, Post Graduate programme, whether in the



Central, State and Deemed Universities. The students had a good interaction with the resource person and their questions were clarified. The programme ended with sharing of reading materials and internet links to the correct websites to know more about CUET.

3. **Students' Exchange Programme:**

The students of BA 6th Semester, History Honours participated in a **Students Exchange Programme** with Sohra Government College on the 4th of May 2023. The main objective of the programme was to interact with the students and teachers of Sohra Government College, so as to have a firsthand information and understanding about fellow students in the rural areas, their aspirations, experiences and problems. Our Teachers distributed questionnaires to the students and teachers of Sohra Government College.



The response from the questionnaires gives us an idea that the students were on the same footing as urban students and we found many similarities with our fellow students. We also took the opportunity to visit some historical and famous tourist sites.

4. **Adios 2023 Batch:** The Department of History of Lady Keane College organised a **Farewell program** for the Final Year History Honours students of 2023 Batch on the 11th of May 2023, in the college auditorium. With God's immense blessings and direction the program was a grand success. The farewell program was initiated by the fourth semester students and the Professors of history department along with the second semester students. The highlight of the day was conferring the Pre-Graduation Hats to the outgoing students.

5. **Release of Department Magazine:**

The 8th Edition of History Department Magazine "**The Quest**" was released by the Principal on the 20th of June 2023 in the History honours room.



Report on VALUE EDUCATION PROGRAMME

Value Education Team: Ms. W. Lapasam, Mr. S. Kharlyngdoh, Ms. S. Synrem.

The Value Education Committee of Lady Keane College Higher Secondary Section organised a one hour Value Education Class on the 26th September, 2022 from 12pm - 1pm in the College Auditorium, as part of students' preparation for their upcoming Selection Examination. The topic of this Programme was on "Study Tips and Strategies to Prepare for Exams" and the Resource Person for the Programme was Shri. Sunny Mawlong, Trainer, Certified Coach, Motivational Speaker and Managing Director of Hundred fold Academy, Shillong. The total number of Students who attended the Programme were 232 Students

(XII Science 104, XII Arts Day 88, XII Arts Morning 40), accompanied by some concerned teachers of the Higher secondary section, Lady Keane College.

The Compere of the Programme, Ms. S. Synrem, who is also a Member of the Value Education Team, gave the Welcome address. The remaining time was then handed over to the Resource Person, who enthusiastically delivered a speech and shared his expertise on the topic. He was able to build rapport with the students and also motivated them to actively take part in the warm up exercise before he proceeded.

During the Programme, the Resource Person has enlightened the students on some important study tips to prepare for their upcoming and other exams in the most effective and skilful way. The topic was delivered and presented through



PPT slides and Lecture method. Some of the points covered during the session includes the following;

- The importance of Hard work
- Time Management
- Importance of a fixed Mindset to achieve Aim/ goal
- To overcome examination fear and stress
- To take care of physical and Mental Health during exam preparation
- Few points on Mind Mapping

The students actively participated in the interactive session. The programme ended with a Vote of Thanks from the compere, Ms. S. Synrem who thanked everyone for making the Programme a success, which was followed by light refreshments with Principal, Vice Principal, Faculty Members and members of the Value Education Team.



Placement Cell, Lady Keane College Activities in Pictures

One week Training Program on Employability Skills by Mahindra Pride Classroom 26.07.2022-2.08.2022



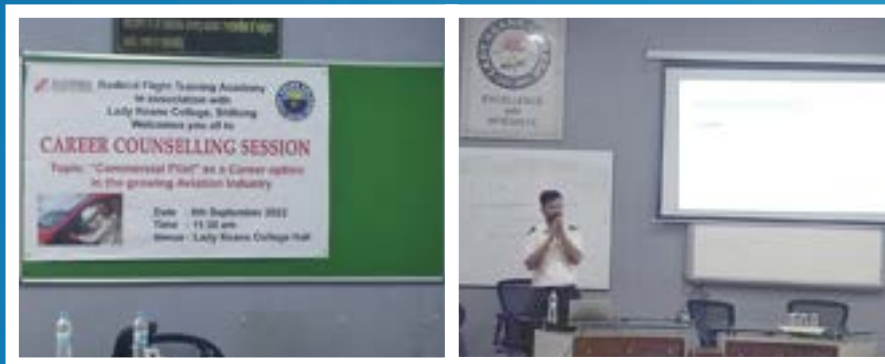
Career Prospects in SBI: Awareness Camp for popularizing Banking Career in SBI 29.08.2022
(Resource Person Shri H. Khongsai Chief Manager SBI Malki Branch Shillong)



**Training Programme on SoftSkills, Analytical Skills and Corporate Expectations from Classroom to Cubicle. 07.09.2022
(ICFAI Business School Bangalore) Resource Person: Prof. Sharbani Saha IBS Bangalore**



Career Prospects in Aviation Industry. 09.09.2022 Resource Person Capt Piyush Manrani Red Bird Aviation



Corporate Interaction on “Emerging Sectors and Job Opportunities in the Post Covid Era” 15.09.2022 Resource Person Shri Raman Preet Chairman of Pune Institute of Business School.



6. An Awareness Programme on “Career in the Indian Army” Resource Person Col. A. Sati, Director Recruiting (Headquarter) Shillong. 03.03.2023



7. Awareness Programme on “National Career Service” Resource Person Miss Manisha Gareri, Young Professional, Model Career Centre, Shillong 17.04.2023



Career Oriented Courses & Training Programmes



Certificate and Diploma courses can make a real difference after you graduate from college. The career and job oriented courses at Lady Keane College are designed to give the students an edge in the job market by enhancing their skills and qualifications. The College offers various career courses which are collectively called as Career Oriented

Courses (COC).

Certificate & Diploma Courses and Training Programmes offered by the college:

1. Certificate and Diploma Courses in Fashion Designing
2. Certificate and Diploma Courses in Khasi Traditional Music
3. Short Term Course in Computer
4. Certificate course in English for Tourism
5. Certificate in Spoken English
6. Certificate Course in Human Rights
7. Training Programme in Mushroom Cultivation
8. Certificate Course in Fundamentals of World Religions
9. Short Term Course in Vermi-composting and Floriculture / Nursery Management



Career Oriented Course in Human Rights



Career Oriented Course in Fashion Designing



Career Oriented Course in Spoken English



Career Oriented Course in Khasi Traditional Music



Career Oriented Course in English for Tourism



Short Term Course in Vermi-composting and Floriculture & Nursery Management



Training Programme in Mushroom Cultivation

खुशियों के बहाने

छोटी सी है जिंदगी
हर बात में खुश रहों...

जो चेहरा पास न हो,
उसकी आवाज में खुश रहो...

कोई रुठा हो आपसे,
उसके अंदाज़ में खुश रहो...

जो लौट के नहीं आने वाले,
उनकी याद से खुश रहो...

कल किसने देखा है...
अपने आज में खुश रहो...

(बिना शर्मा, B.A 4th semester)



गुरु

गुरु की है बात निराली

गुरु की है बात निराली

गुरु से पाठशाला हो जाते मंदिर

जहाँ से मिले हर छात्र को अपनी मंज़िल

गुरु की है बात निराली

गुरु की है बात निराली ।

गुरु से होते जग का उजियारा

गुरु बिन हम सबका जीवन अंधियारा

गुरु से मिले हमें ऐसी सीख

जिससे लिखे हम अपनी जीवन की तकदीर

गुरु की है बात निराली

गुरु की है बात निराली ।

(मुस्कान कुमारी, B.A 4th semester)



माँ

घुटनों से रंगते-रंगते,
कब पैरों पर खड़ी हुई,
तेरी ममता की छाँव में
जाने कब बड़ी हुई।

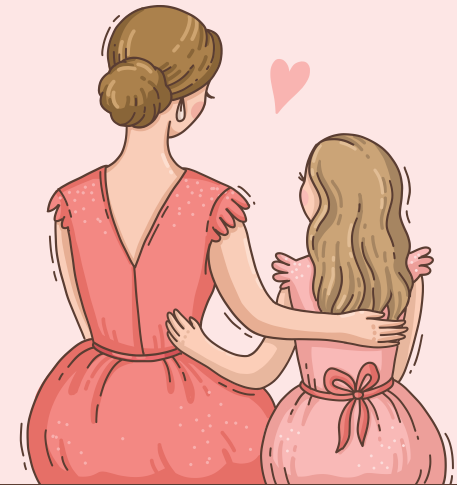
काला टीका दूध मलाई,
आज भी सब कुछ वैसा है,

मैं ही मैं हूँ हर जगह,
माँ प्यार ये तेरा कैसा है?

सीधी-सीधी, भोली-भाली,
माँ ही सबसे अच्छी है
कितनी भी हो जाऊ बड़ी

“माँ !” देख मैं आज भी तेरी छोटी बच्ची हूँ।

(काव्याश्री बोराह, B. A 4th semester)



प्यारी बसंत

अबकी बार आजा तू
जिंदगी की बगिया में
थोड़ा सा रंग बिखेर दे,
बेरंग इन डालियों में ॥

लेकर खुशियों की संदेश

पूरी करदे मेरी आशा,

प्यास मेरी बुझती नहीं

दुःख मुझसे रुठती नहीं ॥

पिता की मैं दुलार थी

माता की आँचल की गरिमा थी,

सुख-दुःख की डोली में

सदा मैं झूला करती ॥

बचपन गया जवानी आई

बसंत ने आकर टोका मारी,

रंगीन चादर फैला तो दी

पर उसपर खुद को समा न पाई ॥

राह बहुत पथरीली थी

हर पत्थर की चुनौती मानी,

आसमान की ओर आँखें गई

सूरज को मैं डूबती पाई ॥

रंगों की होली बिखेर कर

बोला मुझे यों न डर,

आ रही है बसंत हवा

सजा देगी तेरी बगिया ॥

(Noor Bano, 12 Arts- Morning Section)



माँ का महत्व

शहर के कुछ गिने चुने रईसों में से जगमोहन का नाम एक था। ईश्वर की कृपा उन पर अपार थी। घर में पत्नी, एक पुत्र और एक बूढ़ी माँ थी। जगमोहन के मन में बहुत दिनों से एक विचार था कि वे एक भंडारा आयोजित कराये। पत्नी से बोले भंडारे के लिए अगले सप्ताह सोमवार का दिन कैसा रहेगा? पत्नी के स्वीकृति से भंडारे की तैयारी शुरू हो गई। कितने लोग आएंगे, कौन-कौन मुख्य अतिथि होंगे, खाने-पीने की व्यवस्था कैसी होगी और तमाम तरह के सभी कार्य शुरू हो गए। जगमोहन प्रसाद कौशिक महाराज के भक्त थे। उन्होंने तय कर लिया था कि वे कौशिक महाराज को मुख्य अतिथि के तौर पर आमंत्रित करेंगे। घर के सभी महत्वपूर्ण निर्णय जगमोहन और उनकी पत्नी ही लेती थी।

देखते-देखते सोमवार का दिन आ गया। यहाँ कौशिक महाराज आयोजित स्थल पर जाने के लिए अपने एक चले के साथ निकल पड़े। समय से पहले पहुँचने के कारण उन्होंने सोचा कि अभी भंडारा शुरू होने में समय है इसलिए क्यों न पहले जगमोहन के घर ही चला जाऊँ और वे घर की तरफ निकल पड़े। महाराज जी घर पहुँचे तो पता चला कि घर पर कोई नहीं है सिवाय बूढ़ी माँ के। बूढ़ी माँ हॉल के कोने में एक छोटी सी बिस्तर थी उसी पर पड़ी थी। महाराज जी बूढ़ी माँ के पास जा कर बैठ गए। घर पर किसी अन्य सदस्य के न होने के कारण महाराज जी बूढ़ी माँ से बातें करने लगे। उन्होंने उनसे पूछा कि “माताजी आप गई नहीं?” बूढ़ी माँ को दूर-दूर तक किसी बात की कोई खबर न थी। हाँ, इतना पता था कि बहुत सारे लोगों को निमंत्रण दिया जा रहा था। वे बोली, “कहाँ महाराज जी?” महाराज जी ने बताया कि आज आप के बेटे ने भंडारा आयोजित कराया है क्या आप को पता नहीं है? बूढ़ी माँ के आँखों से आँसू बहने लगे। रोते-रोते कहने लगी कि तीन दिनों से मेरे मुँह में अन्न का एक दान तक नहीं गया है। बूढ़ी माँ की सारी बातें सुनकर महाराज जी ने निर्णय लिया कि वे अब भंडारे में नहीं जायेंगे। वे घर से सीधे अपने चले के साथ आश्रम चले गए।

यहाँ जगमोहन महाराज जी का इंतजार कर रहे थे। बहुत देर होने पर उन्होंने महाराज जी को फोन लगाया और पूछने लगे कि आप कब तक पहुँचेंगे? महाराज जी बोले अब मैं आप के भंडारे में नहीं आऊँगा। सुन कर जगमोहन दंग रह गए घबराकर पूछा मुझसे कोई गलती हुई है महाराज जी? महाराज जी बोले, “बहुत बड़ी गलती की है तुमने, जो व्यक्ति अपनी माँ की, जिसने तुम्हें जन्म दिया है यदि तुम उनका सम्मान नहीं कर सकते तो दूसरे का सम्मान क्या करोगे।” कहते ही महाराज जी ने फोन रख दिया।

“कहते हैं कि ईश्वर हर समय, हर वक्त, हर पल प्रत्यक्ष रूप में बच्चों के साथ नहीं रह सकते इसलिए शायद उन्होंने माँ को धरती पर भेजा है।”

Sangita gareri (Assistant lecturer of hindi department)



मेघालय का उत्सव 'शाड सुक मिसेम' नृत्य एवम् उसका महत्व

'शाड सुक मिसेम' पर चर्चा करने से पूर्व मेघालय के उत्सवों और लोगों के त्योहारों से संबन्धित नृत्यों के बारे में उल्लेख करना आवश्यक है जो जनजातियों की जीवंत संस्कृति और परम्पराओं को दर्शाती हैं। वांगाला, शाड नोडक्रेम, शाड सुक मिसेम और बैह डेइन खलाम राज्य में त्योहारों और उत्सवों का प्रमुख हिस्सा बनते हैं। हम इन त्योहारों की पहचान उनके लोक नृत्य, लोक गीत तथा संगीत द्वारा भी कर सकते हैं। मेघालय के नृत्य समाज की हर श्रेणी में की जाती है, चाहे वह श्रोंग हो, राइड हो या हीमा हो।

खासी के प्रमुख नृत्य हैं :

- का शाड सुक मिसेम जो शाड वेइकिंग से भी प्रचलित है
- का शाड पोम्ब्लाङ्ग नोङ्क्रेम जो नोङ्क्रेम नृत्य से भी प्रख्यात है
- का बैह डेइन खलाम अथवा डेडखलाम उत्सव।

यह प्रस्तुति केवल शाड सुक मिसेम और इसके महत्व पर चर्चा और विश्लेषण करेगी। का शाड सुक मिसेम एक वार्षिक वसंत नृत्य है जो कटाई और बुवाई के मौसम का जश्न मनाता है। यह नृत्य कृषि चक्रों को मनाने के लिए किया जाता है। शाड सुक मिसेम एक प्रकार का नृत्य है जो खासी लोगों के लिए प्रेम, मित्रता और शांति का प्रतीक है। यह तीन दिवसीय त्योहार आमतौर पर फ़सल के बाद और मार्च या अप्रैल में बुवाई के मौसम से पहले मनाया जाता है और बसंत के मौसम के अलग-अलग समय पर और अलग-अलग स्थानों पर खासी पहाड़ियों में मनाया जाता है। नृत्य में भाग लेने वाले लड़कियाँ और लड़के होते हैं। हालाँकि, केवल अविवाहित कुंवारी लड़कियों को ही इस नृत्य को करने की अनुमति है। पुरुष भी लड़कियों के साथ नृत्य करते हैं, उस घेरे के बाहर ऊर्जावान रूप से सरपट दौड़ते हैं जिसमें लड़कियाँ नृत्य करती हैं। ताल के परिवर्तन के साथ, नर्तक घेरे के अंदर की कुंवारियों की रक्षा करने के लिए मुद्रा को दक्षिणावर्त से वामावर्त में बदलते हैं। इसके अलावा शाड सुक मिसेम प्रजनन पंथ का प्रतीक है : यह महिलाओं को बीज के वाहक के रूप में और पुरुषों को खेतिहर के रूप में दर्शाता है, जो उपज की खेती और पोषण करते हैं, साथ ही साथ उनकी रक्षा करते हैं।

शाड सुक मिसेम खासी समाज के मातृवंशीय पहलू को दर्शाता है। पुरुष अपने हाथों में तलवार और याक के बालों का बना पंख लेकर कुंवारियों को घेरकर नाचते हैं जो कि एक बल वाली महिलाओं की रक्षा का प्रतीक है जबकि पुरुष को बारह बल वाला माना जाता है।

खासी जनजाति में कई नृत्य हैं जो कटाई से जुड़े हैं। ऐसा वे सृष्टिकर्ता परमेश्वर का आभार व्यक्त करने के लिए करते हैं जो उन्हें उनकी फ़सल पर बहुतायत से आशीष देता है। शाड सुक मिसेम एक ऐसा ही उत्सव है। यह मूल रूप से एक धन्यवाद नृत्य है।

मूल शब्द : शाड सुक मिसेम, संस्कृति, त्योहार, उत्सव और नृत्य।

डॉ. जीन एस. इखार,
सहायक अध्यापिका व विभागाध्यक्षा,
हिन्दी विभाग



বিহু গীতৰ বিষয়বস্তু
ড° ৰুমা মণি বৰুৱা,
অসমীয়া বিভাগ,
লেডী কীন কলেজ,
ছিলং, মেঘালয়।

অসমীয়া সংস্কৃতি কৃষিকেন্দ্ৰিক। কৃষিক কেন্দ্ৰ কৰি যুগে যুগে পৰিগ্ৰহ কৰা অসমীয়া সংস্কৃতিৰ অনুপম ৰূপ বৰলুইতৰ পাৰত চিৰ জ্যোতিপ্ৰদান। এই ৰূপৰ অন্যতম প্ৰবাহ ‘বহাগ বিহু’। সৃষ্টিৰ চিৰন্তন নিয়মে সময়ৰ ডেউকাত প্ৰকৃতিৰ বুকুলৈ লৈ আহে প্ৰাচুৰ্যৰে উপচি থকা বসন্তক। সেয়ে ঋতুৰাজ বসন্তৰ আগমানে প্ৰকৃতিক উন্মাদা কৰি তোলে। বসন্তৰ প্ৰথমজাক বৰষুণতে ভৰণ হৈ উঠে সৃষ্টিৰ অদম্য বাসনাত উকমুকাই থকা অনুভৱী হৃদয়বোৰ। নৃত্য-গীতেৰে মুখৰ হৈ উঠে অসমৰ বিনন্দীয়া প্ৰকৃতি। ডেকা-গাভৰু, ল’ৰা-বুঢ়া সকলোৱে উৎসৱমুখী আনন্দেৰে উদ্ভাসিত হৈ উঠে। এই উৎসৱমুখী আনন্দত সৃষ্ট বিহুগীত, নৃত্যই অসমীয়া জনজীৱনৰ পূৰ্ণাংগ ছবি বহন কৰে। অন্যান্য লোকগীতসমূহৰ দৰে বিহুগীতসমূহো লোকমনৰ সৃষ্টি। অনাক্ষৰী সহজ-সৰল লোকজীৱনৰ হৃদয় বীণাত ধ্বনিত ৰাংকাৰৰ বৰ্হিপ্ৰকাশ এই বিহুগীতসমূহ। এই লোকমনত কোনো এক অজান ক্ষণত প্ৰোথিত হয় কিছুমান বিশ্বাসৰ। সেয়ে হয়ত আদিম অৱস্থাত কৃষিজীৱি অসমীয়াই বিশ্বাস কৰিছিলে নাৰী-পুৰুষৰ সন্মিলিত প্ৰচেষ্টাত, একেলগে কৰা নৃত্য গীতত শস্য ভূমি উৰ্বৰা হয়। এই ক্ষেত্ৰত লীলা গগৈয়ে কৈছে— আদিম কৃষিজীৱী সমাজৰ লোকবিশ্বাস আজি বৈজ্ঞানিক সত্যত পৰিণত হৈছে— সংগীতৰ প্ৰভাৱত ধান খেতিৰ উৎপাদন বৃদ্ধি পায়। এইটো কুৰি শতিকাৰ পৰিস্ফালক বৈজ্ঞানিক সত্য। আদিম কৃষিজীৱি সমাজে এই তথ্য প্ৰকৃতিৰ পৰা পাইছিল আৰু আছ ধানৰ উৎপাদন বঢ়াইছিল (গগৈ—পৃ. ১২৪)।

বসন্তৰ আগমণত উদং পথাৰ শস্যগৰ্ভা কৰি সোণালী কৰাৰ বাসনাৰে ডেকা গাভৰুৱে আৰম্ভ কৰে নৃত্য-গীতৰ। এই নৃত্য-গীতৰ সময়তে মনত নানা ভাবাবেগৰ জন্ম হয়। মিলন বাসনা, বিবাহ, দৈহিক সন্তোগ আদি সুপ্ত অনুভূতি জাগৃত হয়। কৃষিভূমিক জীপাল কৰাৰ লগতে হৃদয়বোৰো জীপাল হব খোজে। সেয়ে বিহুগীতত কোনো ডেকাৰ দৈহিক বৰ্ণনা, বিবাহ তথা সন্তোগ আকুল মনৰ ছবি ফুটি উঠি এইদৰে—

‘আঁহতৰ পাতে কৰে তিৰবিৰ
আমি পাতে সান্দহৰ খোলা;
এতিয়াই আহিব মোৰ ধন পিলিঙা
দিবহি সাদৰী কোলা।’

‘তোমাৰ তিনিখনি আমাৰ তিনিখনি
ছখনি কাপোৰৰ জাপ;
তোমাৰ তিনিখনি লোৱা বাছি বাছি
কুকুৰাই দিছ ডাক।’

জীৱন আৰু প্ৰকৃতিৰ সম্পৰ্ক অন্তৰংগ। প্ৰকৃতিক বাদ দি জীৱন অসম্পূৰ্ণ। সেয়ে হয়ত জীৱনৰ প্ৰতিটো উপলক্ষিয়ে প্ৰকাশৰ বাট বিচাৰি প্ৰকৃতিৰ বুকুত প্ৰাণ পায় উঠে। অসমৰ প্ৰকৃতিও ইয়াৰ ব্যতিক্ৰম নহয়। অসমীয়া মানুহেও প্ৰকৃতিৰ বুকুতে বিচৰণ কৰি ন ন চেতনা, উদ্দীপনাৰে মন-মানসিকতা তথা সামাজিক জীৱন উজ্জীৱিত কৰে। মুকলি পথাৰ, সেউজীয়া হাবি তথা নৈৰ বুকুত জীৱিকাৰ অন্বেষণত। প্ৰথম অৱস্থাত জীৱন কটোৱা অসমীয়া মানুহে প্ৰকৃতিৰ ৰূপ হৃদয়েৰে আহৰণ কৰা বাবে বিহুনাম বিলাকত অসমৰ প্ৰকৃতিৰ অপূৰ্ব ছবি জ্যোতিপ্ৰদান হৈ উঠে। সেয়ে প্ৰকৃতিৰ বুকুৰ ফুলপাহ, ইয়াৰ সুৰভিও বাদ পৰা নাই—

চেনাই নাহৰ ফুল ফুলিবৰ বতৰ
নাহৰৰ গোন্ধে পাই লাহৰিৰ ততে নাই

গচকত ভাঙি যায় যতৰ

অসমৰ প্ৰকৃতি যিদৰে বিভিন্ন ফুল-ফলেৰে জাতিস্কাৰ ঠিক তেনেদৰে মাছ-কাছ, চৰাই চিৰিকতিৰেও সমৃদ্ধ। সেইবাবে চহা কবিৰ সৃষ্টিত এই উপাদানবোৰৰ বিশেষ গুৰুত্ব দৃশ্যমান। চাকৈ-চকোৱা, গঙা চিলনি, শৰালি, কুলি, কেতেকি আনকি শেন চৰাইলৈকে কবি কল্পনাত স্থান পাইছে। অন্যহাতে মাছ-কাছৰে পৰিপূৰ্ণ অসমৰ জান-জুৰি, পথাৰ বিল। মাছ মৰাৰ চলেৰে চেনাইৰ লগত কিছু ক্ষণৰ চাৰি-চকুৰ মিলন আৰু এই স্বৰ্গীয় ক্ষণতেই জীৱন জিনাৰ আশাবাদ, ভৱিষ্যতৰ সপোন সকলো যেন প্ৰাণ পাই উঠে—

দৈয়াঙৰ পিতনিত বান পাতিছিলো

ফুল ডনিকণা দেখি

মনৰে ফুলনিত আশা কৰিছিলো

তোমাক পানীঘাটত দেখি।

প্ৰকৃতি আৰু কৃষিৰে বিহুগীতৰ প্ৰত্যক্ষ সম্পৰ্ক। সেইবাবে অৰ্থনৈতিক অৱস্থাৰ আশাবাদৰ প্ৰতীক পথাৰখন, পথাৰত উৎপাদিত বিভিন্ন শস্যই বিহুগীতৰ বিষয় বৈবিধ্য বৃদ্ধি কৰি চহা জীৱনৰ সৰলতাক দাঙি ধৰি অসমীয়া সমাজ জীৱনৰ থলুৱা আৰু নিভাঁজ সৰলতা প্ৰকাশ কৰিছে—

‘দকৈ পথাৰত ধানে দাই আছিলো

ঘিলা চকলীয়া মুঠি’।

এইবেলি আছধান পানীয়ে মাৰিলে
পথাৰত গজিলে মামী
উৰণীয়া চৰায়ে পীৰিতি কৰিলে
তাৰোমান নহ'লো আমি।

অসমৰ জনজীৱনৰ অবিচ্ছেদ্য অংগ তাঁতশাল বা তাঁতশিল্প। প্ৰবাহমান কালৰে পৰা তাঁতশালখনৰ লগত অসমৰ লোককলাৰ ঘনিষ্ঠতম সম্পৰ্ক। তাঁতশালত অসমীয়া নাৰীয়ে মনৰ সপোনৰ বাস্তৱ ৰূপ দিয়াৰ লগতে বিপদৰ সময়ত নিজৰ 'স্বাভিমান' বৰ্তাই ৰাখি স্বাবলম্বিতাৰো পৰিচয় দিয়ে। অসমীয়া জীয়াৰী বোৱাৰীৰ হাতৰ পৰশত বিভিন্ন বস্তু সজাৰে প্ৰাণ পায় উঠে। নিজৰ কৰ্মকুশলতাৰে ৰাতিটোৰ ভিতৰতে কাপোৰ বৈ উলিয়াই অসাধ্য সাধন কৰিব পৰা অসমীয়া নাৰী, শত্ৰুৰ বিপক্ষে যুজিবলৈ নিজৰ আপোনজনক প্ৰেৰণা দিব পৰা নাৰী গৰাকী নিশ্চয় চিৰনমস্য। অন্যহাতে বহাগৰ আগলি বতৰা পাই এই একেগৰাকী নাৰীয়ে শ্ৰদ্ধা আৰু মৰমৰ প্ৰতীকৰূপে আপোনজনক নিজহাতে 'বিহুৱান' দিয়াৰ মাদকতাত উন্মত্ত হয়। সেয়ে তাঁতশালখনে বিহুগীতত স্থান লৈছে এনেদৰে—

অতিকৈ চেনেহৰ মুগাৰে মছৰা
তাৰোঁকৈ চেনেহৰ মাকো
তাৰোঁকৈ চেনেহৰ বহাগৰ বিহুটি
নাপাতি কেনেকৈ থাকো।

বৰ্তমানৰ দৰে অতীজৰ সমাজখন বিভিন্ন সম্পদেৰে পৰিপূৰ্ণ নাছিল। সেইবাবে মৰমৰ প্ৰেয়সীয়ে বোৱা বিহুৱানখনলৈ বিহুৱা ডেকাৰ আছিল অসীম হেঁপাহ। সেইবাবে বিহুত গামোচা নোপোৱাৰ ক্ষোভো প্ৰকাশ কৰিবলৈ পাহৰা নাই—

খিটিক্ খিটিক কৰি তাঁতেনো বৈ আছিল
দোৰ পতি শুৱলা মাত
বিহুৰে পিছতে গামোচা নালাগে
কেলেনো বৈচিলা তাঁত।

বৰঘৰৰ মূখতে চেনাইটিৰ তাঁতে শাল
থুৰি কলাপাতৰ মাকো
আহোঁতে যাওঁতে দেখিব নোৱাৰি
দি যাওঁ হাতী দাঁতৰ মাকো।'

ফুলামকৈ গামোচা কালি লাগাইছো
মূৰত পাণেকটা বাছি।
মিচিকি হাঁহিটি কালৈ চাই মাৰিছা
ৰাঙলী গুঁঠতে ৰাখি।'

অসমীয়া নাৰীৰ শিল্পীসুলভ মনৰ লগতে সৌন্দৰ্য, অংগৰাগ তথা চাৰিত্ৰিক বৈশিষ্ট্যও বিহু গীতৰ মাজত মনকৰিবলগীয়া। শান্ত সমাহিত সহজাত প্ৰবৃত্তিৰ অসমীয়া গাভৰুজনী প্ৰেমৰ বাসনাত উদাৰ হলেও সামাজিক অনুশাসন অতিক্ৰম কৰাৰ দুঃসাহস কৰিব নোৱাৰে। পাখি লাহি পখিলাৰ গতিত আগবাঢ়িব খুজিও, কমোৱা তুলাৰ দৰে উদ্ভামভাৱে মন নাচি উঠিলেও সমাজ-পৰিয়াল প্ৰিয়জন এইবোৰৰ মাজত দিক্‌বিদিক ভাবিব নোৱাৰা গাভৰুজনীৰ সেয়ে 'ন যযৌ ন তস্টৌ' অৱস্থা—

মোৰে মন নাভাগে মোৰে মন নিছিগে
বান্ধিছো একোটি কৰি
পলায়ে গ'লৈগৈ বোপায়ে কান্দিব
মৰিব সন্তাপে কৰি।'

কেতিয়াবা আকৌ একেজনী গাভৰুৱে সাহসী হৈ উঠিছে—

আইকো তেজিমে বোপাইকো তেজিমে
তেজিম সমনীয়া ভাই;
তোমাকে এ চেনাইটি তেজিব নোৱাৰো
মৰিম বৰেবিহে খাই।'

নাৰী মহিমাময়ী, প্ৰেৰণাদায়িনী। অসমীয়া নাৰীও সকলো দুখ বেদনা সহ্য কৰি আনৰ মুখত হাঁহি বিৰিঙাব পৰাকৈ শক্তিশালী। সৃষ্টিৰ আকুল হেঁপাহেৰে নিজৰ জীৱন বিপন্ন কৰিও সন্তান জন্ম দিব পৰা নাৰীগৰাকীয়ে ঘৰখনৰ চালিকাশক্তি ৰূপেও আত্মপ্ৰকাশ কৰে। সেয়ে ধন নাই বুলি দুখ কৰাজনক ক'ব পাৰে এনেদৰে—

মইনো কৰি যাম ৰোৱনী দাৱনী
তুমি বাই যাৰা হাল,
মইনো বৈ দিম চোলাকৈ চুৰীয়া
তুমি পাতি দিবা শাল।'

বিহুগীতসমূহ যদিও প্রধানত ডেকা গাভৰুৰ প্ৰেম-বিৰহ-মিলনৰ অনুভূতি প্ৰকাশক গীত তথাপি অসমীয়া জনজীৱনৰ প্ৰতিটো দিশেই এই গীতসমূহে সামৰি লৈছে। কিয়নো বিহুগীতসমূহ অসমীয়া জাতিৰ প্ৰাণৰ স্পন্দন, জীৱনৰ বুৰঞ্জী আৰু সমাজৰ প্ৰতিচ্ছবি (গগৈ, পৃ. ১৩৩)। গতিকে ই অসমীয়া সমাজ জীৱনৰ এখন স্পষ্ট ছবি বহন কৰে। আদিম অৱস্থাৰ পৰা অসমীয়া সমাজে পালন কৰি অহা ৰীতি-নীতি, পৰম্পৰা, উৎসৱ-পাৰ্বন আদি বিহুগীতৰ বুকুত সংৰক্ষিত হৈ থকা দেখা যায়। সেইবাবে অসমীয়া সমাজৰ গৃহ নিৰ্মাণ কৌশল, খাদ্যভাস, খেল-ধেমালি, বিভিন্ন সা-সজুলি, আধ্যাত্মিক চিন্তা, কিস্মদন্তীমূলক আখ্যান আদিৰ বিষয়বস্তুৰে বিহুগীতে অসমীয়া জনজীৱনৰ বাস্তৱসন্মত আৰু গতিশীল ইতিহাসক প্ৰতিফলিত কৰে। একোখন সমাজত উদযাপিত হোৱা একো একোটা অনুষ্ঠানে সমাজখনৰ মানুহখিনিক কাষ চপাই অনাত সহায় কৰে। নিকপকপীয়া হয় প্ৰীতিৰ বান্ধোন, সহানুভূতিশীল হয় ইজনে সিজনৰ প্ৰতি, স্বতঃস্ফূৰ্ত আবেগত সহায়ৰ হাত আগবাঢ়ে নিঃস্ব তথা দৰিদ্ৰজনৰ প্ৰতি। সেয়ে হয়ত অসমীয়াৰ বিবাহ আদি অনুষ্ঠানত ধনী দুখীয়া উভয়ে মিলি সহায় সহযোগিতা আগবঢ়ায়। নিজৰ আ-অলংকাৰ কাপোৰ কানি পিন্ধিবলৈ দিয়ো বিয়াখন সুকলমে হৈ যোৱাত সহায় কৰে। এনে চিত্ৰও বহন কৰে বিহুগীতসমূহে —

‘শিঙৰা মাছৰ কণী;
তহঁতৰ গাঁৱলৈ ছোৱালী নিদিওঁ ঐ
লোকৰ ধাৰে কৰা মণি।’

কেৱল সমাজ জীৱনেই নহয়, অসমৰ ৰাজনৈতিক প্ৰেক্ষাপটো বিহুগীতে সামৰি লোৱা দেখা যায়। সেয়ে অতীত অসমৰ বুৰঞ্জী, বৃটিছৰ আগমনত পৰিৱৰ্তিত মূল্যবোধ, সামাজিক, ৰাজনৈতিক, অৰ্থনৈতিক, সাংস্কৃতিক প্ৰতিটো দিশেই বিহুগীতত স্থান লাভ কৰিছে—

আহোমৰ স্বৰ্গদেউ চন্দ্ৰকান্ত সিংহই
ভটিয়াই মেলিলে নাওঁ
ফুলপানী চিগাতে ৰণখন লাগিছে
দেশ ৰাখিবলৈ যাওঁ।

উজায়ে আহিলে কোম্পানীৰ জাহাজ ঐ
পৃথিৱী টল বল কৰি
চপাইদে চপাইদে কোম্পানীৰ জাহাজ ঐ
মনোমতীৰ বাতৰি সোধো।

গড়গাওঁ নগৰত বাঘে বাহে ল'লে

পলায় ব্ৰিটিছৰ দেউ
ফিৰিঙি চাহাবে দেশখন লুটিলে
বচাওঁতা নোলালে কেওঁ।

বিহুগীতৰ লগত লোকবাদ্যযন্ত্ৰৰ অভিন্ন সম্পৰ্ক। এই বাদ্যযন্ত্ৰসমূহো বিহুগীতৰ বিষয়বস্তু। ঢোল, তাল, পেঁপা, গগনা, সুতুলি, টকা, বাঁহী আদি বিভিন্ন বাদ্যযন্ত্ৰৰ সংগত আৰু উল্লেখ নকৰিলে যেন বিহুগীতসমূহ সম্পূৰ্ণ নহয়—

ম'হৰ শিঙৰ পেঁপাটি নবজাবা চেনাইটি
মনে উৰোঁ উৰোঁ কৰে
ঘনাই অহা যোৱা নকৰিব চেনাইটি
হাতৰ বন সৰি সৰি পৰে।

বিভিন্ন সংস্কাৰেৰে আচ্ছন্ন কৃষিজীৱি সৰল অসমীয়া সমাজলৈ সময়ৰ লগে লগে পৰিৱৰ্তন আহিছে, সলনি হৈছে চিন্তাধাৰা মূল্যবোধ, জীৱন-ধাৰণৰ প্ৰণালী। শিল্পযুগৰ স্থায়িত্বহীনতাই অনিশ্চয়তাৰ জন্ম দিছে। সেয়ে লোকগীত, লোকমন সকলোতে এই প্ৰভাৱ চকুত লগাকৈ জিলিকি উঠিছে। দিনে দিনে সলনি হোৱা মূল্যবোধে অসমীয়া জনজীৱনক জোকাৰি গৈছে। সেয়েবস্তুবাদী তথা ব্যক্তিবাদী চিন্তাধাৰাৰে উদ্ধুদ্ধ হৈ প্ৰকৃতিৰ বিভিন্ন উপাদানৰ লগত আত্মিক সম্পৰ্ক স্থাপন নকৰাকৈ, কেঁচা মাটি-মানুহৰ সম্পৰ্কৰ প্ৰকৃত আবেদন অনুভৱ নকৰাকৈ বিহুগীতৰ বিষয়বস্তু ভাষা, ব্যঞ্জন্য সকলোলৈকে পৰিৱৰ্তন আহিছে।

সংস্কৃতিৰ পৰিৱৰ্তন অনিবাৰ্য। কিন্তু পৰিৱৰ্তনৰ নামত কিছুমান অবাঞ্ছিত তথা অনাকাঙ্ক্ষিত সংযোজন গ্ৰহণযোগ্য নহয়। লোকসংস্কৃতিৰ প্ৰকৃত অস্তিত্ব ৰক্ষণাবেক্ষণেৰে, বিজ্ঞানসন্মত অধ্যয়ন বিশ্লেষণেৰে তথা আটাইতকৈ প্ৰয়োজনীয় বিষয়বস্তুৰ আন্তৰিক সম্পৰ্কক অনুধাৱন কৰি বিহুগীতক ঐশ্বৰ্যশালী কৰি ৰাখিব পাৰিব লাগিব। বিহুগীতৰ বিষয়বস্তুয়ে প্ৰকাশ কৰা নৈতিক চৰিত্ৰ, সাংস্কৃতিক জ্ঞান, কলাৰ বিকাশ, জাতীয়তা আৰু অসমীয়াত্ব এইখিনি কথাৰ প্ৰকৃত অৰ্থ হৃদয়ংগম কৰি বিহুগীতৰ থলুৱা ৰূপৰ বিশেষত্ব প্ৰকাশ কৰিব পাৰিলেহে ই নিজস্ব মহিমাৰে মহিমোজ্জ্বল হৈ জিলিকি ৰ'ব।

MAJI

Naphisabet Lyngwi

B. A. 4th Semester Khasi Honours

Phi long kum ki maji
İa ngi ban lam lynti
Ba ngin İoh jingnang jingstad
Dei maphi ba plie ka lad.

Phi İalam phi btin lynti
İa jingshai ba ngin İohi
Ha jingbieij ba ngin ym shu sah
Phi İalam phi hikai katba lah.

Lawei ba bha İa ngi phi kwah
Jingnang jingstad phi ai kat lah
Blei un kyrkhu un don ryngkat lang
Phin im shong prah shong shang.



KHUN SAMLA

Nangroi Khongbuhphang

B. A. 4th Semester Khasi Honours

Ko khun samla ka ri baieit
Lawei ka ri ka shong ha phi
Nongshun ha khmat jong phi um rieij
Lada kawei phi İa tylli.

To tip İa la tynrai la jong
Kumba la buh kulong kumah
Burom akor to ri kyndong
Tip briew tip blei to nang İai lah.

Nangprat lynti sha ka jingshai
Baroh ha phi ki İa shaniah
Lawei ka ri ba kan phyrnai
Thom prat İa dieng pyngkiang ki shiah.

To wat ju duh jingkyrmen
Jingjop ka don ha khmat jong phi
U soh jingtrei shitom phin İoh
Burom ka ri dei tang ha phi.



RI SOHRA

Daphisabet Lyngdoh

B. A. 6th Semester Khasi Honours

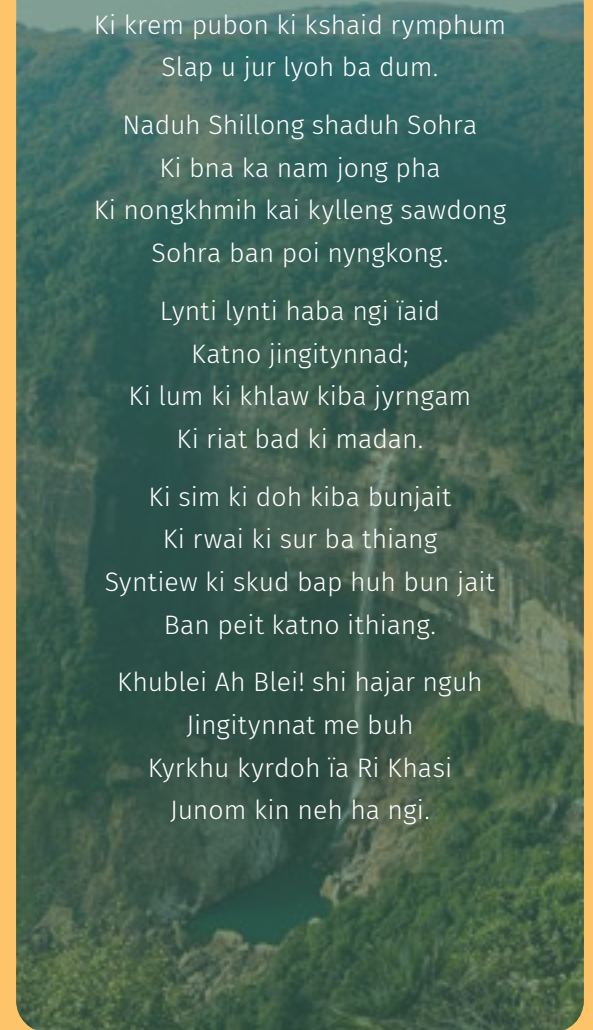
Ko shnong Sohra, ka shnong donnam
Kylleng phi phriang ka nam
Ki krem pubon ki kshaid rymphum
Slap u jur lyoh ba dum.

Naduh Shillong shaduh Sohra
Ki bna ka nam jong pha
Ki nongkhmih kai kylleng sawdong
Sohra ban poi nyngkong.

Lynti lynti haba ngi İaid
Katno jingitynnad;
Ki lum ki khlaw kiba jyrngam
Ki riat bad ki madan.

Ki sim ki doh kiba bunjait
Ki rwai ki sur ba thiang
Syntiew ki skud bap huh bun jait
Ban peit katno ithiang.

Khublei Ah Blei! shi hajar nguh
Jingitynnat me buh
Kyrkhu kyrdoh İa Ri Khasi
Junom kin neh ha ngi.



KO MEI BAIET JONG NGA

Avealyne Tariang

B. A. 6th Semester Khasi Honours

Kylleng sawdong pyrthei nga wad,
Ngam shem haei haei
Jingieit shisha ba nga ioh mad,
Dei tang na phi ko mei.

Ha pneh jong phi nga heh nga san,
Pyrthei nga la iohi
Phi bat ki kti phi iai synran,
Ianga shilnger lynti.

Wat la i Pa i la iehnoh;
Ia ngi na sla pyrthei
Jingieit kaba pura ngi ioh
Ngim ju kyrduh ei ei.

Dei tang ha phi shisha ko Mei
Nga shem ia ka jingsuk
Ngam ju khuslai wat la nga shong
Ha la iing trep ba duk.

Haba nga peit ia phi ko Mei
Ummat na nga ki jaw
Phi trei shitom namar jong nga
Phi trud ka dieng maw.

Ngan ri kyndong ngan iai kynmaw
Jingsneng ba phi la ai
Ngan iaid ha ka akor burom
Lawei ba kan phyrnai.

Pynneh La Ka Riti Ka Dustur Khasi Tynrai

Thesda Marngar B. A. 6th Semester Khasi Honours

Ka Jinglamphrang: Ha man la ki jait
bynriew ha ka pyrthei ki don la ki jong
ki riti ki dustur. Ka jaitbynriew Khasi jong
ngi ruh ka don la ka jong ka riti ka dustur,
kiba ngi dei ban pynneh ha ka ri bad ka
jaitbynriew.

Ngin ioh ban ia peit tang katto katne tylli:

Ka Ktien: Ngi dei ban pynneh ia ka Ktien
da kaba ngin kren da ka ktien la jong haba
ngi ia kren ia khana para Khasi, khnang ba
ka Ktien kan ym jah ne duh noh na ka ri
jong ngi. Haba ka im ka ktien ka ri bad ka
jaitbynriew ruh ka im.

Ka Riam Ka Beit: Haba ngi phai ha kane ka
bynta ngi tip ba ka riam khasi jong ngi ka
long kaba donburom haduh katta katta.
Hynrei kaba sngewsih ka long ba ngi iohi
ha kine ki sngi mynta ka riam ka beit jong
ngi ka la sdang ban duh noh.

Ngi dei ban kyndit bynriew noh mynta

khnanng ban gin lah ban pynneh ia la ka
jong. Ngi dei ban kiar na kaba tynneng ne
pyrthuh bud tang ia ka jong kiwei.

Ka Put Ka Tem: Ka ri Khasi jong ngi ka long
kaba riwspah bha ha ka put ka tem. Ki
don shibun ki tiar put tiar tem tynrai jong
ngi kiba sngewtynnatt haduh katta katta
haba tem ia ki. Kita ki long kum; ka Ksing,
ka Duitara, ka Besli, ka Nakra bad bun
kiwei kiwei.

Ngi dei ban pynneh pynsah ia ki khnanng
ba ka pateng kaba hadien kin tip ia la ka
rukum tem bad put.

Jingpynkut: Ngi dei ban pynneh pynsah ia
la ka jong ka riti ka dustur khnanng ba ka
jaitbynriew kan iai im. Ngim dei ban bud
tynneng ne pyrthuh bud ia ka jong kiwei
hynrei ngi dei ban bud ia kaei kaei kaba ki
longshuwa manshuwa jong ngi ki la seng
la buh ha kane ka ri Khasi jong ngi.

Ka Field Trip SOHRA

Samla Pule 6th Semester Khasi Honours Batch: 2020 - 2023

Ha ka 28 tarik u ñaïong 2023 ngi kum ki samla pule ka 6th Semester Khasi Honours lem bad ki Nonghikai ka Khasi Department ngi la ñoh ban leit sha Sohra kaba long kawei na ki prokram jong ka Department mynta u snem.

Ka Bus ka la poi ha College ha ka por 7:00 am, bad shuwa ba ngin mih la ñoh ban buh jingduwai na i Sir Khraw i ba la synran lang ña ngi. Ngì la mih na College ha ka por 8:45 am. Don katto katne ki samla pule kiba sah ha ki shnong ba dei ñaid lynti sha Sohra ki la ap lypa ha lynti surok bah ban shaw ña ki nangta. Ka jingleit jong ngi ka long kaba sngewtynnat bad dap da ka jingkmèn. Ngì la poi ha Sohra kumba ha ka por 11:00 am ei ei.

Don lai tylli ki jaka jngoh kai ba kum ki samla pule ngi la ñoh lad ban leit. Kita ki long: a(Mawsawa Fall) bad Kshaid Wei Sawdong (Wei Sawdong Fall).

Nyngkong eh ngi la ñoh ban leit sha Krem Arwah, kane ka krem ka long kaba la paw bha ha kaba bun ki nongjngoh kai (tourist) na kylleng ki jaka ruh ki leit jngoh ña ka. Katba ngi

dang ñaid kjat ban poi sha kane ka krem, ngi lah ban ñohi ña ki khlaw ki btap bad ki riat

kiba jrong bad jyrngam ba dap da ki dieng ki siej ba bun jait. Kane ka la pynkmèn shikatdei ña ngi bad pynpyngngad ña ki jingmut jingpyrkhat. Haba ngi la rung sha kane ka krem ka long kaba itynnat shisha, katba ngi nang rung ka long pjah shapoh bad don ruh ki jingjaw um bad ka long sngem ha baroh kawei ka krem. Don ruh ka jingshai ki lights ba ngi lah ban ñohi shapoh katba ngi dang ñaid. Ki maw ba don hapoh ka krem ki long kiba itynnat ba la pynwandur hi da ka mariang bad ki long kumba la oh shrong da ki kti briew. Don ruh ka um ba tuid kum ka wahduid linter lynti jong ka krem. Ngì la ñoh ban shondur hapoh krem bad shabar ka krem ruh khnang ban sah jingkyrmaw.

Hadien ba ngi la mih na Krem Arwah kumba ha ka por 12:30 ei ei, ngi la leit pat ban jngoh ña ka Kshaid Mawsawa. Haba ngi la poi hangta ngi la ña bam ja sngi shuwa bad hadien kata ngi la ña



hiar ban leit peit ña kane ka kshaid. Ka la long ka kshaid kaba itynnat shisha kaba la khring ña ki 'riew ieit mariang bad ki nongjngoh kai pyrtnei na kylleng ki jaka. Ki kshaid kiba noh rymphum kid a pynhun jrut ña ki khmat jong ngi. Kham shakhlieh jong kane ka kshaid ngi lap ki maw ba long thliew kum ki dabor ba la khlóng da ka um hi. Arliang jong ka wah ba tuid bad ka kshaid ki don ki khlaw ba jyrngam ba dap da ki dieng ba bun jait. Ka um kaba tuid bad ka kshaid ka long kaba sngur bha. Ka jingkhuid ba don sawdong ka mariang hangne ka ai jinghikai ña ngi ba ngim dei satia ban pynjaboh ña ki um ki wah bad ngi dei ban pynneh pynsah ña ka jingitynnat jong ka Mei mariang ba u Blei hi u la ai ha ngi kum ka jaitbynriew Hynñiew Trep.

Ha ka por 3:15 pm ei ei ngi la mih noh na kane ka jaka bad ngi la leit jngoh pat sa ña ka Kshaid Wei Sawdong. Ka lynti ñaid kjat ban poi sha kane ka thwei bad ka kshaid ka kham pajih na surok

bad hap ban hiar i'a ka riat na ki mawjingkieng ba la shna da ki maw bad ki lyntang ruh. Ngi la kmen ka mynsiem haba ngi la sakhi da la ki khmat i'a ka jingsngur jong ka um, ka jingitynnat jong kane ka kshaid bad ka jingiskuiñ jong kata ka thwei. Don ruh napdeng ki nonghikai bad ki samla pule kiba la i'a jngi sngewtynnat ha kane ka wah. Katno ka la pyndap i'a ngi da ka jingkmn haba ngi don ha kane ka jaka. Ngi sngewmyntoi ruh shibun haba ka mariang hi ka ai jinghikai i'a ngi ha kiba bun ki liang.

Hadien ba ngi la wanphai na kane ka kshaid, ngi la poi ha bus bad ngi la i'oh ban bam jinbgbam bad dih ka umsoh khnang ban jahthait. Hadien kata ngi la i'a shondur lang baroh ryngkat ki Nonghikai ban sah jingkyrmaw i'a kane ka jaka. Ngi la mih na kane ka jaka kumba ha ka por 5:15 pm ei ei.

Haba ngi la wanphai, ngi la dap da ka jingkmn namar ngi la i'oh ka jinghun ban i'ohi i'a ki jingpynlong u Blei i'a ka mariang kaba la ai jinghikai bad jingmyntoi i'a ngi kum ki samla pule ha kiba bun ki liang kumno ban gin nang ban pynneh pynsah i'a ka mariang. Hapdeng ka lynti i'aid katba ngi dang wanphai, ngi la i'a shad i'a kmen hapoh ka bus ha ryngkat ki Nonghikai. Ngi la poi ha College kumba ha ka por 7:00 pm.

Ngi pynpaw ruh i'a ka jingsngewnguh i'a ki Nonghikai ka Khasi Department ba ki la i'alam i'a ngi sha kitei ki jaka. Ki la shim khia ban peit bad khmih i'a ngi ha kiei kiei baroh ban pynbit pynbiang i'a ki jingdonkam jong ngi naduh ba ngi leit haduh ba ngin da wanphai. To u Blei un nang kyrkhu i'a ki Nonghikai baieit jong ngi kumjuh i'a ngi ruh iwei pa iwei. Khublei Shi Hajar Nguh



LADY KEANE COLLEGE

Naphishisha Lyngdoh

B. A. 6th Semester Khasi Honours

Lady Keane College ba donnam Naduh basdang haduh mynta i'a pha baroh baroh ki bna College kynthai ba biang shisha.

Naduh dangrit nga leit skul bha Nga tang shu tip kyrteng jong pha Mynsiem dik dik ka thrang shisha Ba ngan i'oh leit pule ha ka.

Mynsiem ka kmen ka jah lynga Haba mynta nga don bad pha Jingnang jingstad ba pha la ai Jingim jong nga ban pynphyrnai.

Pha lum pha wer lut i'a baroh U duk riwspah pham ju iehnoh La ki nongsor ne nongkyndong i'ai minot thop beit sha ka thong.



WA·ALKO DAKA

Saint Quill N Sangma Assistant Professor, Garo Department

A-anmako deansengdaldal, Chiinmako mikkang nikdaldalo, A-anma suerong gita, Chiinma chambilking gita ong-e, a-an mangsi kakuja, chian joksaldingkuja. A-ko mangsi kaatna, chiko joksaldingatna Nostu Nopantuko, Nisi Sisteko Tatara Rabuga ge-etaha. Uandake Norekbak Norekdim, a-ni mangsi kamano chian joksaldingmano, a-ni prem chini jimjemko ba-jok. A-ni prem chini jimjemko ba-mitingo uko Jipjini Jipjina ine mingachim. Salko ba-mitingo Norimjak Nosiksak Chingchini Chingchina ine minga. Salko mitamrang Aejangga Redingbanda ineba minga. Ukon Salgira Songgira ine mingkatchiao minga. Skalrangko ba-mitingo uko Rekrone Rekrone ineba minga. Sam bolrangko ba-mitingo uko Asima Dingsima Dramma Chisamma Den-pema minga. Uakon pilakko ba-gipa chi-gipa ine Sona Kale Abu Renche ine minga; indiba Wa-alko ba-mitingode Norekbak Norekdim Urendama Urenchima, Sre Tong-Gitchak Gitok Warikkat ineba minga. Bang-batan Wa-alko ba-gipako Susimema Sangkildoma mingna namnikbata.

Susimema Sangkildoma Wa-alko ba-mitingo ja-ping giloke ki-sning gilgriaha. Indake siara sistrangja namara namsrangja, gogotek gojrone dongaijok, chrikmanggasijok, Ja-mano sina gitik gitik dake nom-boke dongaiaha. Uno nio ninapjana, Katchi Beari, Rangsi Tokkni Wa-seko besa kachina ku-patie, uni ka-bako uni kuriona rimbaaha. Unoba sigija nom-boke dongaiaha. Unasa Wa-sesa sistrangon nambata, sitengtoe dongako nikna sikjajok ine salstape janggi ma-siatjok. Unosa Susimema sijok ina. Uni sichakram biapko Dapsimi Sami Meri Botoru Chamegaru ine mingachim. Wa-alko ba-e Susimema Sangkildoma siana ku-o nange, Katchi Beari Rangsi Tokkni Wa-alko Bri Nalsa Rado Chichangona galataha. Indake a-gilsak gimikni namgnina an-tangan dal-batsranggipa boliko on-enba, Gisik Janggi Silchiari ong-e pilakni Ma-gipa Jagring ong-e dongenga ine agana. Susimemako a-ao pujuenba donoa ba-ra dongjachim,



uni gimin guurichisa pindape donachim. Susimema Sangkildomako pujuna amreru ampaltakko watna sandichina Mikkada-ap Ja-a Tongkapko Misi Susime watataha. Unon ua A-ning Mitap Chining Srongona sokangaha. Ua salrangode wa-arangba bisku bitotteng dongkujachim. Mikkada-ap Ja-a Tongkapde A-ning Jogo Rachaoniko Wa-ako bitenba amko wate nioa go-okprongtokataiachim. Unasa wa-arangko rim-changchange dontokaha. Untalsa wa-aranga bisku bitotteng dongtokaha ine agana. Rang ko-samangmangchi uko oktate ra-bae Susimema Sangkildomako pujuataha.



Susimema Sangkildomani be-a wilao, uni be-en bikapko so-ani mangani ong-aha. Uni be-en bikapko ganchi so-na mangna wa-alko nangaha. Una Wa-alko ra-echina Matchak Dongrepako watate niaha. Ua ki-metango kabite, Wa-alko ra-baon, sagalko bilbatbaon sim-bola gita dake Wa-al sichangaha. Uni ja-mano Itcha Rengsin Gingbo A-igija Chalo Ma-sigija Wa-alko janggilo ba-e ra-baoa kamani gimin chiningchi nape katjok. Uko nike Katchi Beari Rangsi Tokkni wa-al ra-na re-angskae nijok. Unoa wa-al aganchakaha. "Anga kratcha-jok jaksi chikjok. A-chi bamchikope, Jaksi pe-rikope Mikkang rasong be-jok, Bimang rasong chonjok. Anga an-tang bimang chong-chongde re-angpiljawa. Anga angni sa-gre dimbrako watatgen. Na-song wal-du ra-aibo, wal-tot totaibo. Unon na-simang

angni sa-gre dimbrako man-gen." Untalsa wa-aloni sa-gre dimbrako man-e Susimema Sangkildomani be-en bikapko ganchio so-na man-aha. Susimemani be-an salo Sangkildomani wilan salo ma-mantian ja-rebaa, sakantian jasokba. Un salo Gingbo Aigija Chalo Ma-sigijani jikgipa, Susimema Sangkildomani be-a wilachi mangrupana ine an-tang segipao, amani be-achi bitchirini wilachi jare jasokpana ine ua bi-aha. Unon Gingbo Aigija Chalo Ma-sigija jikgipana aganaha, "Aiao nibo, amani bitchini be-an wilan salo a-ni prem chini jimjem, ma-mantian re-bagen, na-ade ka-ding rokrek dakbea nini chokchek dakbea. Namgipaba donga, namgijaba donga, indiba skatang ka-ding rokrek ninabe nini chokchek daknabe. Rengra Bilsa Sriri Budi baksa na-ade ka-ding ninirakbea. Na-a uchi ja-reangoba, jasokangoba waltubanabe, ruute dongchabanabe. Ang kawa, na-a jrip ringe cha-e re-bapilaibo ine Gingbo Aigija Chalo Ma-sigija jikgipana agan ku-skiataha.

Gingbo Aigija Chalo Ma-sigija Mannako Kangako, Saronko Beng-ako beng-atahaoba, Rengra Balsa Sriri Budi an-tangan, Me-en Me-Chik Rongding Tirani re-baako niksoaha. Uni Sing-kangkare ting-jangjang, pekuare boksangsang dakana, sokme name chaana, ja-ping wari Ching-ana, gana dimu ganako

balwa balsipakako nikmanenba, uni ja-ping sokmena mikcha namnike, an-tangming rogipa kal-gipako gitok ma-siatna, ka-bak sositna chukankalna ano nitogipako, chame krakalgipakon on-china ge-etaha. Indake soka gitalna paa gitalna, bimang teng-sudapana, pongma nitokalako am-e kanjok. Me-en Me-chik Rongding Tira an-tangba chanchigija on-a kakketko ringjok cha-jok. Ja-manoa pekenba mikgipok nie mikbikpil donge, ja-bikpil ga-e ki-sang nongnenge, ja-sirokrek, jaksi olek dake, ka-dingrokrekgipako, nini chokchekgipako dirimilo chipgne, changrimilo kagne ine Manna Kanga Saron beng-ako Mannako dira dira Saronko gitcha gitcha dake ka-dingrokrek bajok, ninichokchek bajok.

Ja-manoa Me-en Me-chik Rongding Tirako dimrimelo chipjok, changrimalo kajok. Indake chu kangiparanga Rengra Balsa Siri Budina aganjok, "Nang aganana soka gital sokgipako naa gital nagipakode dirimalo chipjok changrimilo kajok." Unon Rengra Balsa



Sri Budia dring ku-napgijako, wa-se
kolgapgijako Amak Me-a Kale Panteko
watate, Me-en Me-chik Rongding Tirako
sokme salakkimo, ja-ping bidualo, chirama
kalemachi andalma tangsikmachi tokataha
bon-ataha. Me-en Me-chikde tua simakbaaa,
bame an-pilchabae sokme andalsimo,
ja-ping bidualo tokako nike, tokna inoa
janggal matchio tokbochim, bon-na inoa
sing-kangkareo bon-bochim, apa git chua,
chamedranga, nitogija toka, kragija bon-a
ine ka-o nangaha. Me-en Me-chikde ka-o
nange, apa topana agannaka kawatang
kimatangna mesoknaka ine Gingbo Aaigija
Chalo Ma-sigijana agan mesokjok.

Gingbo A-aigija Chalo Ma-sigijara jikgipako
niksoe Kawatangko kimatangko toknang

gija toka bon-nanggja bon-a ine Susimemani
siao waltugipa pilak me-a me-chikrangko
sing-tokaha. Unon darangba tokako
nongako agantokjani gimin saktiko
kumikchetattokaha. Uko nike Amak Me-a
Kale Pantede an-tangni jakchi tokani
gimin ku-mikchetna mil-am chikna pa-jae,
Sram Racha Bolking Gitelni pakkol mitapo
katnape chakaha, napsike dongnuaha. Uko
nike Amak Mera Kale Panteko kena suna
Sram Racha Bolking Gitelko watchina
aganao, ua inaha "Angko Sram Racha
Bolking Gitelko rikechina huro buro,
ja-pachipa bapme bapme, matma git chu
korekrek, rangsigit chu ran sirek nitim
tutimengakosa punaka. Indake kal-stapana
kal-gitchiana Gingbo A-aigija Chalo Ma-sigija

uni apatang boning tang ra-e, Malik Malbin,
Sira Rembach, Balwa Enok Mite Kongtokchi,
Impret Kingrochi, Silchi Rogrimchi, Kising
Pingweng Matram Chirengchi re-ange,
apa ra-e boning chane keata suataba.
Unon Sram Racha Bolking Gitelde kechap
suchapani gimin a-an baksa saapgipa
Chiin baksa rangkogipara, rike chela cheli
ja-pang bokka pokki dakaha. Sram Racha
Bolking Gitel Susimema Sangkildomani sian
salo maarang nokchakani gimin kea suako
man-enba be-aha wilaha.

Susimema Sangkildomani siani salo bima
minge grap mechigipaba dongjachim. Una
A-ning Rimit Chining Chimit re-bapaaha. Uko
nike chu kangiparanga mikkang namkalana
mikchae namnike batkale kanjok. Chu
pekenba minge grapoa, be-en cha-nasa chu
ringnasa grap mechi solskajok. Unon siaona
re-bagiparanga uko ka-o nangjok bika
sojok. A-ning Rimit chining Chimit ja-manoa
ramasamo pengpang turamao turengpang
dakaijok. Indake siaona re-bagiparanga uko
ka-o nange, grapgipaba ong-ja, mechigipaba
ong-ja ine uni ku-ange tusimitingo ku-sikko
ga-kuchepjok, Untaltal A-ning Rimit Chining
Chimitni ku-sika ku-gepgep dakaijok.
Uni ma-kring gimikan ja-manoa indake
atचितokaha. Susimema Sangkildomani
chratangko Asreng Me-a Disreng Pante



minga, Uara nagok ong-achim. Indake siao wekapatna matma mobaenggiparangni rang kramko, dokkunabe, adil siksonabe ine beng-atako knasrete, matma mobaengjok, rang kramko bate bate dokbo, adilkoba gam-e sikbo ine aganataba. Una mangtuao rang kram dokgiparanga bate bate dokaha, adilkoba gam-e gam-e sikaha. Unoa matma kenjagoke biltete kattimangangaha. Ua katangani ja-kolko da-oba salgio nikna man-enga. Ukon Matma Jakol ine mingenga. Matmako jokatahani gimin wekapatna man-jae Noro Mande Dema Ronchini demechik saksako Susimemana wekapatna ine mrongo monggilo katate donskajok. Ua me-chik mrongo monggilo katate donako man-oa, sigipana namen me-sue minge chenge grap mechi soljok. Unoa siaona re-bagipa pilakan grap mangtatana,



mechi solana, an-tangko gualpile ama Susimemana bilchi Sangkildomana bika a-dram be-piljok. Ja-manoa Asreng Me-a Dingsreng Pante ma-gipana bitchitangna ka-suake an-tangko den-china aro ua mande me-chikko watchina mol-moljok. Indakesa ripok rikbudongko pate, chua minil bitchiko kanchenge chikare bakchatao songchoke on-mitingo Asreng Me-a Dingsreng Panteko den-e wekapataha.

Susimemani sian be-an salo a-ao malgipa chio rogipa sako bilgipa pilakan re-bae mitam ganchi rikaha, mitam chu chekaha, mitam mi bijak song-aha, mitam mango dongtimaha, mitama wak matchu rataha. Matchak Rosiksaka unona re-angpae, chu ringari, be-en cha-ari, ja-manoa peke ichi uchi re-roroe chrok mesae jamangaiaha. Ua ripengskarangni beng-a kangakoba

manigija gotilek gosilek dake chrokjoljole wak matchu gitakgipachi chrokango ki-me ku-chotko den-sotatmanaha. Matchak Rosiksakde an-tang ki-me chottomako uijae, ichi uchi ki-me songdogetgete gotileke chrokoa an-chi satkikia gita nangtokaha. Untalsa da-alona kingking maibako on-tiprak suale

on-e cha-ode ukon mat an-chi pila gita ine manderang toe aganronga. Ua somaio, mandal bijak barangsa pangsa, bolchu sokme rikkangsa dotsa Dimbilbri Tambing A-dingo chaengpitichim. Susimemani siani salo, Kena Elangpa Mulga Udangpako Salgraming romitingo bolko sol-na ine Dengchopako rimechina ge-etaha. Ua salrango gapko Dengroma Dengchopa ine mingachim. Ua A-song Miri Paharo Salgroko Okste Galramo Menggomako Jakskil Ratramosa songdonga a-chaachim, chiga chiringachim. Unonisa ua A-song A-doldolo Chiga Chikasino Samrong Dagal Re-su Skalo A-song Wa-ambongbongo chiga wa-timbong bongona katbae songdongaha. Indake Sintang Dibisa minggipa Dengroma Dengchopako nie bolko kima soljok. Kima sol-e ra-bamanoa Arim Ja-takkim Siram Mikkongjim minggipa Dikil Nomil chrokchengaha. Ajing Skototteng Sireng Ja-sigongbengba saksan nokdecholo chrokengachim. Uko nike Amakpa Gengdang an-tang baksa chrokchina skoo rim-e saldoe uni gitok salotia gita re-aha. An-tang gitok ro-ana kratcha-e jinmani seti galako cha-e oktongsi dake noktangchi re-angpiljok. Un salonisa gang-geranga gitok ro-aha aro uarango oko da-alona kingking seti senga ina. Waenggil Wachenggilba on-ako cha-o chu-ongnikjae, an-tang Kotip kaako enggale,

noksamchi e-spa galako cha-na katangaha.
 Ukoa Goera nikate kratcha-chake,
 du-dapeko de-tome godapatoa ua ja-tangko
 gengbik dake kate chake uko nangejaha.
 Untalsa un ja-ara gengbikbik dakkamaijok.

Susimemani siani salo uni ja-sirango
 kae dongipa manggni do-bipa pangnan
 sugrikachim. Uarang an-chingni Do-sutot
 ine minggipa askirang ong-a. Susimemani
 skopango do-me dokrokna dongipara aski
 pil-e aski do-merang ong-e dongenga. Uko
 so-gipa ganchirangara aski rongbri pil-e
 dongenga da-o uarangkon Manganchi
 ine mingenga. Manggisiko ganchio gate
 ripebaaniko Mangripe ine minggipa aski
 ronggitamchi mesokenga. Manggisiko
 ganchio gatmano snambagipa wa-alkon
 Wal-sado aski ine an-ching mingenga. Uni
 siani salo rim-bagipa do-orangko Do-jinjok
 ine Wak ripe askirangchi mesokenga. Un
 salo wak ripebaako Wakripe minggipa
 askirangchi mesokenga uko bi-sarang
 menggoko ripee sininge kal-ake roaha.
 Ukon Menggo ripe minggipa askirangchi
 mesokskaenga. Susimema Sangkildoma na
 (KROMNA) ro-ongko am-oa Koasi A-brikosa
 man-angaha. Untalsa A-chikranga mande
 siode rang kram doke, siaona re-bagiparang
 grap mechie sigipana matchu den-atenga,
 ganchi rike manggisiko so-eng-a. Mandeko

so-mano Delang rike kima songe donenga
 aro mangonenga.

Pagitchamrangni aganritinga gitade,
 Susimemako be-en cha-manjana chu
 ringmanjana changsnina kingking
 mangontaitaiaha. Uko mangonmitingo Koa
 Akin Pantesa jakko bawang bawang kiting
 nongneng nongnenge chrokmesadilaha ina.
 Un baksa an-sengpagiparang nomilrangara
 Noriprang Nokurang ong-achim
 Chrokmesana re-bagipa nomilrang koa
 Akin panteni chrokdilna namen changani



gimin uko miteltokbeaha. Ja-manoa
 ukon matchu den-naba seoktokaha.
 Una matchu den-oa Koa Akin Pantede
 changjajok. Una nio ninapjae Chibolgani
 Pantesa wekapatna donggipa mat chuko
 den-atskaaha, Susimemani siani salo
 dimak tokchenggipara Do-kapa Ja-chang
 aro chri sitcheng gipara Amakpa Jachang
 ong-achim. Uamagsa chrokdilchengana,
 una gana re-king re-gitchi gane chadeng
 goleke dengdeng matchoke chrokgipako
 am-sik ropachina, am-pa sengpachina
 agane Chole Me-a, Balsi Me-chik uko jako
 rim-e asongchina salonatoa, salonana
 ua asonge chakoa, uni gana re-gitchi
 grinaha. Indake ua kratchae katoa bilbango
 chatinge uni kang-kare rongretaha. Sian
 salo grappa mangtatna nitobegipa nomil
 sakgni re-bapaaha. Uamangkon Chapchore,
 Nonje Janje mingachim. Uamang knatobee
 me-subee grap meri salo na namnambegipa
 ba-ra kancharangko gane chine re-baana
 Misi Susime uamangko namen mitelbejok.
 Ja-mano uamangko aski ronggni pilataha
 aro uarangkon da-o an-ching salgio
 ching-chet ching-chet nikenga ine agana.

References:

- 1) **A-CHIK AGANBEWALRANG – H W Marak**
- 2) **MANIANI BIDIK – M N Sangma**
- 3) **BEBERA-ANI BIMIK – L R Marak**



Students' Council



BA Second Semester Morning Section



BA Second Semester Day Section 1



BA Second Semester Day Section 2



BA Fourth Semester Morning Section



BA Fourth Semester Day Section



BA Sixth Semester Morning Section



BA Sixth Semester Day Section



BSc Second Semester



BSc Fourth Semester



BSc Sixth Semester



BCA Second Semester



BCA Fourth Semester



BCA Sixth Semester



BTTM Second Semester



BTTM Fourth Semester



BTTM Sixth Semester



BTTM Eighth Semester



Class XII Arts Morning Section



Class XII Arts Day Section



Class XII Science

College Foundation Day



Departmental Farewell Photos



Departmental Farewell Photos



Random Shots



Random Shots



Field Trip



Field Trip

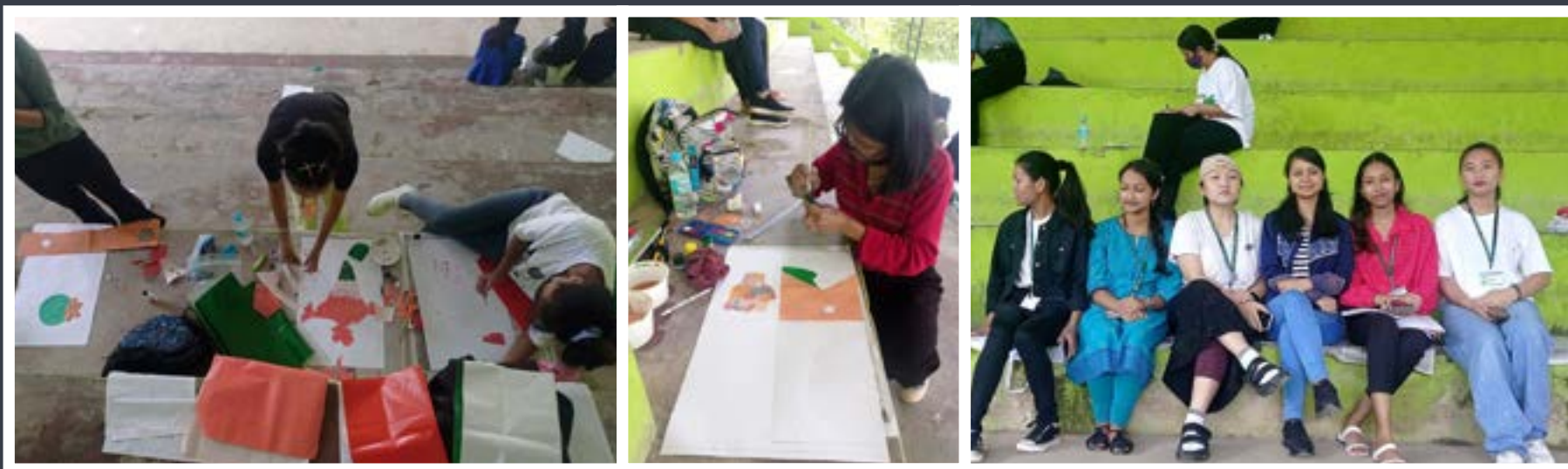


POSTER COMPETITION

Organised by the Department of Sociology on the Occasion of Independence Day on 13th August, 2022

WINNERS

	COLLAGE	SKETCHING	PAINTING
1st	<i>Ibadahun I. Shabong</i>	<i>Lomitha Suchiang</i>	<i>Divya Narzari</i>
2nd	<i>Uddipta Goswami</i>	<i>Sania Kumari</i>	<i>Baiamonlang Marngar</i>
3rd	<i>Iaribha Nognbet</i>	<i>Anita Dorjee</i>	<i>Erica Marwein</i>



DEPARTMENT OF SOCIOLOGY



OCCASION: Teachers' Day
ACTIVITY: Celebration Hosted By Vth
Semester Students
DATE: 5th September, 2022

ACTIVITY: Interactive Programme
Between Iv And Vi Semester Students
DATE: 17th April 2023



DEPARTMENT OF SOCIOLOGY



OCCASION: International Human Rights' Day
ACTIVITY: Volunteering By Vth Semester Students
DATE: 10th December, 2022





Lady Keane College

NAAC Accredited

*Affiliated to the North-Eastern Hill University,
Umshing Mawkynroh Shillong 793022*

📍 Secretariat Hills, Shillong, Meghalaya 793001

☎ 0364 - 2504004

✉ ladykeanecollege@gmail.com

🌐 www.ladykeanecollege.edu.in

Follow us on [f](#) [t](#) [i](#)